
Profile**Which Boards would you like to apply for?**

Housing Authority: Submitted**Please select your first Board preference: ***

☒ Housing Authority**Please select your second Board preference: ***

☒ Alliance Behavioral Healthcare**Please select your third Board preference: ***

☒ Human Services Board**Please select your fourth Board preference: ***

☒ Nursing Home Community Advisory Committee**Please select your fifth Board preference: ***

☒ Juvenile Crime Prevention Council**Please select your sixth Board preference: ***

☒ Capital Area Workforce Development Board

Keemia

First Name

Shaw

Middle Initial Last Name

2205 WIDE RIVER DR

Street Address

Suite or Apt

RALEIGH

City

NC

State

27614

Postal Code

What district do you live in?

None Selected

Business: (919) 931-1634

Primary Phone

Business: (919) 931-1634

Alternate Phone

keemiashaw@me.com

Email Address

Legacy Family Services PLLC.

Employer

Owner

Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

☐ Yes ☒ No

In order to assure countywide representation, please indicate your place of residence:

☒ Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

To utilize clinical social work and human services education and expertise on a broader scale. To render service and support To help shape the future of the organization To positively affect change

Work Experience

Owner of Legacy Family Services PLLC - 8 Years Award-Winning Government Employee- Department of Veterans Affairs - 13 years

Volunteer Experience

Delta Sigma Theta Sorority Inc. 22 Years Raleigh North Christian Center-Mental Health Ministry Co-Leader -5 years

Education

Doctoral Candidate- Capella University- Present Fayetteville State University- Masters Degree 2005 Fayetteville State University- Bachelors Degree 1999

Comments

[Keemia Shaw CV 2017.doc](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

☒ Female

Ethnicity *

☒ African American

Other

How did you become aware of Wake County volunteer opportunities?

☒ County Website

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Keemia H. Shaw, MSW, LCSW

2205 Wide River Dr.
Raleigh, North Carolina 27614

919-931-1634
KeemiaShaw@gmail.com

OBJECTIVE

Business Management Leader & Licensed Clinical Social Work Professional Entrepreneur with over 10 years of experience in medical and mental health venues working with diverse populations in private practice, health care, outpatient, and inpatient treatment settings.

EDUCATION & TRAINING

FAYETTEVILLE STATE UNIVERSITY, Fayetteville, NC; Master of Social Work, May 2005

Thesis: Adolescent Mothers. Self Esteem, & Mental Health Disorders: The Impact of Teen Parenting on Mothers and Children

Courses Include: Multicultural Practice With Diverse Populations, Forensic Social Work, Human Behavior & Development, Clinical Social Work Practice in Mental Health, Substance Abuse Intervention

FAYETTEVILLE STATE UNIVERSITY, Fayetteville, NC; Bachelor of Science – Criminal Justice, May 1999

Department of Veterans Affairs, High Performance Leadership Development Program Graduate, August 2008

Fayetteville VA Medical Center, Master of Social Work Clinical Intern, August 2004

SKILLS, QUALIFICATIONS, & AWARDS

- Excellent overall analytical and problem solving skills.
- Strong combination of verbal and written communication skills; utilizing empathetic listening skills to gather and document patient/client concerns and resolve problems/issues.
- Able to work in high-pressure/acuity situations and react positively and professionally at all times.
- Selected training includes:

* * *Department of Veterans Affairs Social Worker of the Quarter*

* *NC Advanced Level Parent Educator*

* *Certified Parent Coordinator*

* *Certified Clinical Transplant Social Worker*

* *Basic Life Support (BLS) Certified*

* *Problem Solving Therapy (PST)*

* *Cognitive Processing Therapy (CPT)*

* *Department of Veterans Affairs Exemplary Performance Award*

PROFESSIONAL EXPERIENCE

Legacy Family Services, PLLC

Raleigh, NC

CEO 2012- Present

- Plan and direct all functions of the mental health and clinical social work practice agency.
- Enforce strong leadership to ensure effective/efficient utilization of all resources.
- Establish and integrate the functional strategies of the company utilizing business expertise to reach financial and operational goals.
- Manage direct services provided at agency, managed personnel.
- Produce training conferences for internal and external customers.
- Collaborate closely with treatment team to appropriately coordinate client care services.
- Interact with clinical staff and external resources such as schools, skilled nursing facilities, and departments of social services personnel.
- Develop comprehensive treatment plans that focused on accurate diagnosis and behavioral treatment of problems.
- Create and reviewed treatment and discharge plans for each client.
- Develop appropriate policies for day to day management and functioning of counseling agency.
- Execute appropriate risk-assessment policies/strategies.
- Train and supervise clinicians and office staff.

Department of Veterans Affairs Medical Center, Durham, NC
Veteran Directed Home and Community Based Services Coordinator
Community Contracts Program Liaison

Program Manager 2017 – Present

- Oversee/monitor 13 million dollar funding budget for community health related service provision
- Plans, organizes and directs administrative, patient concerns and oversight of Veterans Directed Program.
- Responsible for monitoring the programs budget and control point.
- Develops program policy with regard to funding expenditures.
- The VD-HCBS Coordinator is responsible for the timely reimbursement to external customers.
- Responsible for implementing Provider Agreement for the VD-HCBS program
- Develops, implements, and administers clinical guidelines and protocols to establish appropriate utilization of services

Department of Veterans Affairs Medical Center, Durham, NC
Geriatrics & Extended Care Division
Community Contracts Program/Contract Nursing Home
Clinical Transplant Social Work/Organ Transplant Liaison

Senior Licensed Clinical Social Worker 2016 – 2017

- Evaluate patients for clinical appropriateness for contractual institutional and non-institutional care.
- Coordinated, implemented, and managed a wide range of In-Home Service Programs, to include Adult Day Healthcare, In-Home Aide Program, Personal Care Program, and Respite Program
- Oversaw/monitored over 50 community VA contracted agencies
- Oversaw/monitored 13 million dollar funding budget for community health related service provision
- Conducted utilization management (authorization of services) for the Department of Veterans Affairs.
- Developed, reviewed, and initiated contractual provider agreements with community organizations/agencies
- Supervised and conducted orientation, instruction, and training for new staff members and Master Level Interns
- Provided excellent written and oral communications skills as evidenced by drafting detailed reports, treatment and behavioral intervention plans, leading, & coordinating treatment team meetings and training staff in the implementation of plans as written.
- Reviewed/monitored progression or deterioration of the patient and within the clinical assessment, make recommendations, and refer for additional or different services and amounts of services, and supports based on findings.

Department of Veterans Affairs Medical Center, Durham, NC
Geriatrics & Extended Care

Senior Licensed Clinical Social Worker 2014 – 2016

Senior Social Worker Community Living Center/Skilled Nursing/Rehabilitation/Inpatient Hospice Facility
Respite Coordinator
Lead Clinical Transplant Social Work/Organ Transplant Social Worker

- Responsible for direct patient care and team consultation for individuals admitted for short-term rehabilitation and long-term care who have comorbid psychiatric disorders (e.g., PTSD, mood disorders, cognitive disorders) and complex medical conditions (e.g., obesity, cancer, polytrauma, TBI, SCI, MS, ALS).
- Provide group and individual therapy to adult veterans in a long term care residential unit utilizing Cognitive Behavioral Therapy (CBT), psychoeducation, and motivational interviewing.
- Supervised and conduct orientation, instruction, and training for new staff members and Master Level Interns
- Provide psychosocial support to a special Veteran population with highly complex health and/or mental health problems and the provision of short-term, solution focused counseling with Veterans and/or their families
- Provide individual therapy to veterans diagnosed with variety of presenting problems including Adjustment Disorder, Substance Abuse Disorder, Military Sexual Trauma, Sex Offenders, Schizophrenia, Bipolar Disorder, Generalized Anxiety Disorder and Post-traumatic Stress Disorder.

- Demonstrate understanding of the range of treatment and skills needed for all adult patients including geriatric patients related to their physical limitations, psychological needs and age associated illnesses and conditions
- Facilitate and Co-Facilitate anger management, substance abuse, military sexual trauma, and depression groups to provide psycho-education and increase insight into maladaptive coping mechanisms.
- Independently conduct comprehensive psychosocial assessments. Perform specialized treatment of complex physical or mental illness. Incorporate complex multiple causation in differential diagnosis and treatment of Veteran patients, including making psychosocial and psychiatric diagnoses within approved clinical privileges or scope of practice
- Coordinate treatment and communicate with other social workers and community program coordinators to include HHA, CNH, and OEF/OIF, PTSD, Homeless Program, Substance Use Disorders, Suicide Prevention etc., to help continuity of care for Veterans
- Coordinate community-based services, including information and referral for additional services from other VA programs, other government programs, and community agency programs.
- Coordinate institutional respite care for chronically ill and disabled veterans who's caregivers require breaks and needed support.
- Conduct comprehensive psychological evaluations of potential transplant candidates and their support persons. Prepare consultation reports based on clinical interview and assessment data and formulate recommendations regarding suitability for transplantation.

**Wake Med Health and Hospitals
Case Manager/Clinical Social Worker**

Raleigh NC

Licensed Clinical Social Worker 2015- 2018

- Identifies, upon admission, patients that require social work, discharge planning, and case management, services in collaboration with the nurse case manager and utilizing electronic tools (Business Intelligence Report and/or Service Provider Workspace in EPIC).
- Assesses the patient/family psychosocial, functional, financial, safety, and support systems.
- Develops goals and plans interventions that assist the patient and family to address psychosocial concerns and issues that may arise as a result of illness, engagement in high-risk social behaviors (i.e. substance abuse), limited finances, patient safety, and/or physical disabilities.
- Demonstrates social work interventions that address identified problems and facilitates the patient's movement to the next level of care as soon as medically indicated.
- Provides timely written documentation in the medical record of the patient's assessment, plan, progress, issues/barriers (including patient safety concerns), interventions, and discharge plan.
- Maintains current knowledge of information related to medical social work, discharge planning, and case management through review of current literature and, attendance and active participation in continuing education and professional organizations.

**Department of Veterans Affairs Medical Center,
Community Based Dialysis Clinical Treatment Team
Peritoneal Home Dialysis Program, & Transplant Program
Lead Clinical Transplant Social Worker
EAP Clinician**

Durham, NC

Licensed Clinical Social Worker 2009 – 2014

- Conducted psychosocial evaluation, discharge planning and case management services for inpatient and outpatient renal population.
- Monitored budget 25 million dollar budget and reconciled unpaid dialysis compensation claims
- Supervised and conduct orientation, instruction, and training for new staff members and Master Level Interns.
- Provide individual therapy to veterans diagnosed with variety of presenting problems including Adjustment Disorder, Substance Abuse Disorder, Schizophrenia, Bipolar Disorder, Generalized Anxiety Disorder and Post-traumatic Stress Disorder.
- Performed initial and annual patient home/facility inspections, psychosocial evaluations to assess the patients status, evaluate familial involvement and home environment to identify socioeconomic and emotional factors that will affect the plan of treatment and ascertain whether veteran meets programmatic guidelines for participation.
- Established and maintains an ongoing education program for patients, community agencies, students and staff to facilitate understanding of medical treatment, including clinical practice guidelines, mental health issues, readjustment issues, psychosocial problems and caregiver issues facing the Renal population
- Conducted comprehensive psychosocial assessments and applies Clinical Social Work interventions with a high degree of autonomy, exercising independent judgment and initiative in carrying out functions and in applying social work values and ethics to complex situations. (18 to Geriatric years)
- Ensured timely and efficient completion of all intra and outer facility consults for patients requiring various renal replacement therapy modality treatment authorizations.
- Provided individual or group therapy for veterans and their families in dealing with psychosocial complexities.
- Compiled and Prepared data for Quality Assessment Provider Improvement reporting, presentation, and distribution to Medical Center Executive Leadership Team, VISN Leadership Team, and VACO (monthly, quarterly, and annually).

- Counseled and assisted employees with issues affecting job-related performance and personal well-being.
- Evaluated and recommended outside treatment and counseling as needed.
- Assisted employees with reaching their maximum workplace effectiveness.

Fidelity Community Support

Durham NC

Therapist/Clinical Team Lead 2011-2013

- Provided individual outpatient therapy to children and adults in the community with a variety of Axis I and II disorders, including depression, social anxiety, and ADHD, in a campus clinic setting. Coordinated psychotherapeutic and pharmacological treatment with psychiatrist.
- Provided treatment to the I/DD population (children, adolescents and adults).
- Provided excellent written and oral communications skills as evidenced by drafting detailed reports, treatment and behavioral intervention plans, leading, & coordinating treatment team meetings and training staff in the implementation of plans as written.
- Designated the appropriate team staff such that specialized clinical expertise is applied as clinically indicated for each individual served.
- Provided and coordinated the assessment and reassessment of the clients clinical needs.
- Provided clinical expertise and guidance to the I/H team members in the team's interventions with each individual served.
- Implemented crisis interventions treatment modalities to defusing the current crisis, evaluating its nature, and intervening to reduce the likelihood of a recurrence.
- Provided and coordinated first responder crisis response among team members to ensure that each individual served has access to first responder services twenty-four hours a day, seven days per week, and three hundred and sixty five days a year.
- Provided the clinical supervision of all team members for the provision of this service.
- Coordinated weekly conferences to ensure the planned interventions are implemented by the appropriate staff members and to discuss individual's progress towards goals as identified in the Person Centered Plan.

Workplace Options

Raleigh NC

EAP Clinical Counselor 2010-2011

- Provided an integrated EAP service consisting of telephonic intake and assessment, telephonic support, triage, referral, clinical case management and crisis management.
- Delivered telephonic counseling services in a responsive, efficient, ethical and professional manner. Maintaining client confidentiality as expected by ethical standards.
- Adhered to the applicable ethical, therapeutic, and legal standards, which govern service delivery, as well as policies, procedures and laws, which apply to the organization as appropriate.
- Referred clients to appropriate resources and thoroughly maintains clinical documentation in computerized system for follow-up regarding clinical and work-life services.
- Assessed clients expressing various issues e.g. substance abuse, mental health, and family concerns that may be impacting work performance.
- Performed initial assessment/intake, crisis intervention, information and referral, and counseling services to clients by telephone. Completes timely follow-up calls to clients where necessary.
- Maintained clinical documentation in computerized system.

**Department of Veterans Affairs Medical Center,
Community Based Dialysis Clinical Treatment Team
Primary Care/PACT Social Worker
PC Mental Health Integration Social Worker**

Fayetteville, NC

Licensed Clinical Social Worker 2007-2009

- Conducted comprehensive psychosocial assessments and applied Clinical Social Work interventions with a high degree of autonomy, exercising independent judgment and initiative in carrying out functions and in applying social work values and ethics to complex situations. (18 to Geriatric years)
- Supervised and conduct orientation, instruction, and training for new staff members and Master Level Interns
- Diagnosed and evaluated mental, emotional, and substance abuse disorders of individuals and administer programs of treatment (18 to Geriatric years)
- Provided clinical assessment covering all professional, regulatory, and hospital standards, to all patients assigned from primary care, ancillary clinics, and community based outpatient clinics. Each assessment formulated recommendations for treatment, discharge planning, community linkage and referral.
- Developed and review clinical treatment plans.

- Led psychotherapy groups using multi-modal approaches: cognitive therapy, dialectical behavioral therapy, psycho-educational, and motivational interviewing.
- Coordinated dialysis treatment for veterans diagnosed with End Stage Renal Disease
- Completion of the Community Based Dialysis Consult and Renal Transplant Assessments
- Educated vet/family on how to adjust to the changes that come with dialysis or a kidney transplant.
- Forged community connections befitting patients, families, and hospital staff
- Collaborated with the interdisciplinary team for case review and develops aftercare with interdisciplinary team.
- Provided integrated care to the Primary Care Service Line to assist in the delivery of evidence based care for primary care patients identified with a variety of emotional and psychiatric problems including depression, anxiety disorders, and alcohol misuse.
- Monitored patients, provided education and support, influenced adherence to guidelines by providing "on-time, on-target" information to primary care physicians, and collaboratively making appropriate care decisions.

Holly Hill Hospital

Raleigh, NC

Emergency Services Social Worker 2005-2007

- Provided concrete emergent mental health and substance abuse services to acutely ill patient population by responding to and triaging patients requiring voluntary or involuntary hospitalization.
- Conducted comprehensive psychosocial evaluations, diagnosis, and treatment, as well as discharge planning to and consultation about patients and families to assist them and the health care team in coping with patient's hospitalization, illness, diagnosis, treatment, and/or life situation, including emotional, mental, and substance abuse disorders.
- Expedited the process of involuntary commitment by assessing patients, consulting with physicians, and referring to inpatient psychiatric ward, hospital, and mental health or substance abuse facilities.
- Completed clinical reviews with managed care companies for treatment authorization.
- Provided referral linkage to mental health and substance abuse community resources.
- Participated in multidisciplinary treatment team meetings for case review and analysis for provision of continuity of care and services
- Maintained courteous and professional working relationships with hospital faculty and staff (social workers, physicians, residents, nurses, secretaries, respiratory care, environmental services etc.)

Universal Healthcare

Raleigh NC

Lead Social Worker 2006-2007

- Completed comprehensive psychosocial assessments on patients admitted to the long term care inpatient treatment facility.
- Coordinated family meetings and educate families regarding patients psychosocial conditions as residents
- Collaborated with other professionals to evaluate patients' medical, mental health or physical condition and to assess client needs.
- Counseled patients in individual and group sessions to help them overcome dependencies, recover from illness, and adjust to institutionalized lifestyle.
- Organized support groups or counsel family members to assist them in understanding, dealing with, and supporting the client or patient.
- Referred patient, client, or family to community resources to assist in recovery from mental or physical illness and to provide access to services such as financial assistance, legal aid, housing, job placement or education.
- Identified environmental impediments to client or patient progress through interviews and review of patient records.
- Modified treatment plans to comply with changes in clients' status.
- Monitored, evaluated, and recorded client progress according to measurable goals described in treatment and care plan.
- Utilized consultation data and social work experience to plan and coordinate patient care and rehabilitation, following through to ensure service efficacy.
- Coordinated discharges plans for patients transitioning to lower levels

Department of Veterans Affairs Medical Center

Raleigh NC

Master Level Social Work Intern 2004-2005

- Provided comprehensive psychosocial assessment, diagnosis, and treatment for physical, substance abuse, and psychological disorders through social case work and individual, group, family, psychotherapy, consultation, education, and prevention.
- Created a comprehensive (SCI) Spinal Cord Injury patient database for spinal cord injury program.
- Co-led psycho-educational group for adult substance abusers
- Conducted meticulous medical chart reviews to ensure that SCI veterans were assessed and provided education on Pneumococcal & Influenza vaccinations, blood pressure & hemoglobin status, retinal exam and tobacco user smoking cessation/medications in accordance with Veterans Health Administration SCI performance measures.
- Provided consultation and teaching and case management to newly diagnosed/identified SCI veterans.

- Accurately maintained documentation, including progress notes, psychosocial assessments, and high-risk screenings utilizing CPRS (Computerized Patient Record System).
- Assisted with the coordination of care with FVAMC primary care providers and with Richmond SCI center.
- Collaborated with all disciplines to make sure that all appropriate equipment was ordered, in home services were arranged, and that family training was set up upon veterans discharge.

Woodbridge Alternative Inc.

Fayetteville, NC

Therapeutic Foster Home Division Program Manager 2003-2004

- Coordinated the screening and licensing of potential foster families as a member of the foster care team; reviewed applications of potential foster parents and assisted in the selection process.
- Completed home studies for potential foster parents as part of the licensing and verification process.
- Conducted investigations relative to complaints about licensed foster homes
- in accordance with the program policy; identified issues and assisted families in developing corrective action plans; and made recommendations for licensing enforcement when appropriate.
- Coordinated and lead frequent community presentations for recruiting purposes. Utilized excellent public speaking skills to successfully communicate with a multi-ethnic population base in the community.
- Coordinated and facilitated annual training events for foster parents to provide them with continuing education and appreciation.
- Contacted foster families in a timely fashion post placement to assess and ensure accuracy.
- Collaborated with referring agency to pick up clients and transfer to therapeutic fostering agency for processing and preparation for foster pickup.
- Audited family files on a regular basis to ensure that all requirements are met.
- Conducted monthly monitoring visits to Agency homes to ensure compliance with the Agency's policies and procedures, standards and contract guidelines and support and provided ongoing support to the families.
- Compiled program statistics and prepared detailed monthly and annual reports.
- Oversaw the input and maintenance of foster family data in appropriate databases.
- Provided direct supervision and management for residential therapeutic foster parent program division.
- Implemented therapeutic treatment strategies as defined in adolescent client treatment plan.
- Conducted annual training sessions and group facilitation with therapeutic foster parents and therapeutic foster children.
- Counseled family members of severely disturbed (behaviorally and emotionally) youth and adolescents using insight-oriented psychotherapy.
- Provided an array of services; including diagnostic assessments and treatment plans, case management to specialized caseload of clients, adult and juvenile, including dual-diagnosis clients, occurring in custody and/or in the community. (8-21 years of age).
- Collaborated with interdisciplinary professional staff for the purpose of client discharge, reunification, and transition back to biological family unit.

Fayetteville State University

Fayetteville, NC

Academic Advisor 2000-2003

- Provided academic advice, personal counseling, and career workshops; information on postsecondary education opportunities and student financial assistance.
- Assisted in completing applications for college admissions, testing, and financial aid.
- Collaborated with postsecondary institutions; media activities designed to involve and acquaint the community with higher education opportunities; tutoring; mentoring; education or counseling services designed to improve the financial and economic literacy of students.
- Facilitated programs and activities previously mentioned that were specially designed for students who were students from groups that are traditionally underrepresented in postsecondary education, students with disabilities, students who are homeless children and youths, students who are in foster care or are aging out of foster care system or other disconnected students.

PRESENTATIONS:

Shaw, K. (August 2014). Department of Veterans Affairs Clinical Social Work Renal Transplant Assessment Education. Invited Presentation for Durham VA Medical Center MSW Internship Training in Durham NC.

Shaw, K. & Virgin, T. (November 2012). Essentials of Effective Practice and Balanced Self Care. Symposium Presentation conducted at the Annual National Association of Social Workers Fall Conference in Asheville NC.

Shaw, K. & Virgin, T. (November 2011). Essentials of Effective Practice and Balanced Self Care. Symposium Presentation conducted at the Department of Veterans Affairs Durham VA Medical Center Annual Social Worker Month Retreat in Durham NC.

Shaw, K. (June 2016). Elderly Veterans ITO (Issues, Treatment & Options). Southern Regional Area Health Education Center Presentation conducted at the Provide Patient Centered Care for the Older Adult Conference in Fayetteville, NC.

Affiliations:

Certified Parent Coordinator
North Carolina Parenting Education Network
Certified Clinical Transplant Social Worker
National Association of VA Workers
Society of Transplant Social Workers
National Council of Nephrology Social Workers
Delta Sigma Theta Sorority Inc.

Profile**Which Boards would you like to apply for?**

Housing Authority: Submitted**Please select your first Board preference: ***

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☒ Housing Authority**Please select your fifth Board preference: ***

☒ Housing Authority**Please select your sixth Board preference: ***

☒ Housing Authority

Aamani

First Name

A

Middle Initial

Boddie

Last Name

3025 Vidal Court

Street Address

Suite or Apt

Wake Forest

City

NC

State

27587

Postal Code

What district do you live in?

☒ District 6

Home: (919) 530-0127

Primary Phone

Business: (919) 228-4352

Alternate Phone

aboddie9191@gmail.com

Email Address

Teleflex, Inc.

Employer

Buidling Services Assistant

Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

☐ Yes ☒ No

In order to assure countywide representation, please indicate your place of residence:

☒ Wake Forest

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I'm only interested in potentially serving the Housing Authority Board because I can relate to this one the most. Prior to my career at Teleflex, Inc., I was struggling to adequately provide for my two young daughters. I have first hand experience with traveling to the social services building to obtain WIC and EBT. Five years ago, I also received emergency financial assistance from Work First. I can vividly recall standing outside of the Swinburne building at 5:30am. I arrived hours prior to the beginning of normal operating hours because I was informed that only a limited number of individuals will be screened for emergency assistance. Although I arrived so early in the morning, I was still the thirteenth person on line. I was nine months pregnant while I waited online for hours (I didn't think to bring a chair). The line was filled with depression, desperation, and tiredness. I was fortunate enough to leave the premises around 1pm with a check for a little more than seven hundred dollars. Now looking back on this experience, I'm so thankful that I went on this particular day because I ended up going into labor the next day at 1:34am. Now that I'm able to earn enough income to provide for my children without government assistance, I believe it is my responsibility to help others by utilizing all of these experiences.

Work Experience

I've been working at Teleflex, Inc. since May 6, 2019. I currently work as a building services assistant in the facilities/ HR department. Within six weeks of being hired, I was informed that I would take on all of the responsibilities of an employee who was retiring. Currently, my updated role includes a combination of all of my previous responsibilities as well as these. Prior to my position at Teleflex, Inc., I worked as a mail carrier with the United States Postal Service. I was a mail carrier from August 2016 until May 2019. Prior to working for the United States Postal Service, I worked as an early childhood educator for Discovery Point in Wake Forest. I worked at this early childhood educational center from February 2015- August 2016. Prior to this position, I worked as an early childhood educator at Little Pros Academy (now called Rainbow Childcare Center) from January 2012 to August 2016.

Volunteer Experience

I was elected as the Treasurer of PRISM in June 2019. PRISM is an employee resource group at Teleflex, Inc. This employee resource group was established as a way to further support the LGBTQIA+ community. Although I'm only an ally, I accurately believed that obtaining a position within this resource group would provide an opportunity for me to address relevant issues and concerns within this community. I'm proud to state that I assisted with updating the wording of the benefits policy. I spoken to one of the benefits specialist and asked if employees were covered for transgender specific cancer screenings. Once it was determined that employees were not covered for these screenings, the words "gender expression" was added to the health policy. I also became a member of Zeta Phi Beta Sorority, Inc. on October 25, 2019. As an active member of this sorority, I've had the privilege of raising money for several organizations; including Urban Ministries. I've also donated, organized, and delivered food items for low income families for Thanksgiving.

Education

In 2010, I graduated from the University at Albany with a Bachelor's of Arts in psychology.

Comments

I would like to thank you for taking the time to read my application.

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics

10/18/1989

Date of Birth

Gender *

☒ Female

Ethnicity *

☒ African American

Other

How did you become aware of Wake County volunteer opportunities?

☒ County Website

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

