

Recovering Women in Wake County need a solution to homelessness and access to extended recovery resources





THE WAKE COUNTY DRUG OVERDOSE PREVENTION AND TOBACCO USE INITIATIVE has made significant progress in the past three years.

One gap in services for Wake County is safe, supportive housing for Wake County women in recovery.

We still have work to do.

Opioid Overdose
Emergency
Department Visits in
1st Quarter of 2020
In Wake County

90

1

Individuals served
by treatment
programs in 2nd
Quarter of 2020
in Wake County

1097

2

1. The Wake County Drug Overdose Prevention and Tobacco Use Initiative Progress Report Jan. - June 2019
2. NCDHHS Opioid Dashboard

To address the critical and growing need of housing for women in recovery, the Fellowship Home of Raleigh is planning a halfway house for women that will be modeled after our home for men.

In the Wake County area, the need is already at the critical stage. In 2019, there were an estimated **1,800 women treated for substance use disorders** in Wake County¹ and an estimated **358 women were counted as homeless, 76 were living on the street or in the woods**². Currently, there are no halfway houses for women in Wake County that offer the full range of services and support the Fellowship Home offers to men.

847 women came through the doors of The Women's Center seeking food, shelter and other life-saving resources in 2019.

1. North Carolina TEDS (Treatment Episode Data Set), Substance Abuse and Mental Health Services Administration. Drug of choice data is also from TEDS.

2. Raleigh/Wake Partnership to End and Prevent Homelessness PIT (Point-In-Time) study.



They need our help!

Our Model Offers

- ▶ Staff on site to support, offer guidance to the women, assist with employment resources and help to remove barriers
- ▶ 3 meals per day
- ▶ Parenting classes, trauma counseling
- ▶ Transportation to meetings and some appointments
- ▶ Life skill classes
- ▶ A sense of responsibility and belonging
- ▶ Chores to manage the home
- ▶ FHR is the only home that accepts residents without a deposit and allows a grace period before paying a small weekly rent

Recovery Works

Megan, 25 years of age, states “no one wakes up one day and decides to be a heroin addict. No one wakes up one day and decides, I want to sell my body, steal, cheat and lie, but it just happens.” Since Megan has been drug free, she has held a job for over a year, purchased a car, actively helps other women in recovery and has rebuilt relationships with her family. Megan has grown in her recovery and states she tries to put just as much effort into her recovery as she did chasing her habit, “which was a lot of effort.” She credits her success to having the proper resources and support.

Megan is similar to the women we will help.



Our daughters, sisters and mothers need
a safe place to recover.



The Fellowship Home of Raleigh



We help men and women in early recovery return to the community as sober, responsible citizens



- ▶ The Fellowship Home of Raleigh was established in 1961 by people in recovery who had a thorough understanding of the difficulties faced during the early stages of life without alcohol or drugs.
- ▶ For many, going back into their home environment too soon is a great hindrance to recovery. In 12 Step based recovery parlance, a person in early recovery "needs to change his playmates and his playground"
- ▶ The home will be modeled after our men's home that has operated successfully since 1961, returning thousands of men to their families and successful lives in Wake County
- ▶ 76% percent of residents either completed the program or left for reasons other than a return to use
- ▶ Of the vested residents(stayed 30 days or more), 97% were employed upon leaving

The Fellowship Home of Raleigh provides opportunity.