

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted
Nursing Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Nursing Home Community Advisory Committee

Please select your second Board preference: *

Nursing Home Community Advisory Committee

Please select your third Board preference: *

Nursing Home Community Advisory Committee

Please select your fourth Board preference: *

Nursing Home Community Advisory Committee

Please select your fifth Board preference: *

Nursing Home Community Advisory Committee

Please select your sixth Board preference: *

Adult Care Home Community Advisory Committee

Darlene _____ Brake _____
First Name Middle Initial Last Name

101 Butterwood Ct. Apt D _____
Street Address Suite or Apt

Cary _____ NC 27511
City State Postal Code

What district do you live in?

District 3

Mobile: (919) 576-3169 _____ Mobile: (919) 630-9519 _____
Primary Phone Alternate Phone

darleneb1258@gmail.com _____
Email Address

UNC Rex Rehabilitation Center _____ Nursing Assistant _____
Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Cary

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I passionately enjoy serving the elderly population. I am delight and take great pleasure when talking and listening to them.

Work Experience

UNC Rex Rehabilitation Center August 2017 – June 2019 Right At Home October 2016 August 2017

Volunteer Experience

North Carolina Central University Eagle Pride Blood Drive - 2012 - 2015

Education

NCCU - Bachelor of Science - 2015

Comments

[Darlene Brake Current Resume 1 .docx](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

African American

Other

How did you become aware of Wake County volunteer opportunities?

Other

If you selected "Other" above, how?

Friend: Sandy Deutsce

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Darlene Brake

Objective

Bring a professional, friendly attitude to the work environment; provide team work services to reduce health disparities with compassion, respect, excellence, and integrity.

Education

September 1974 – June 1977 **West Catholic Girls High School** Philadelphia, PA

Experience

August 2017 – June 2019 **UNC Rex Rehab** Raleigh, NC

Certified Nursing Assistant

- Update patient information
- Take daily vital signs
- Aid with activities of daily living

October 2016 – August 2017 **Right At Home** Raleigh, NC

Personal Care Associate/Certified Nurse Aide

- Develop health education strategies
- Aid with taking daily medications
- Aid with activities of daily living

January 2013 – 2016 **Independent Contractor Service/
A Plus Quality Healthcare** Durham, NC

Health Care Technician/Caregiver (20-40 hours per week)

- Develop health education strategies
- Aid with taking daily medications
- Communicate in a manner that is respectful with both individuals and staff

August 2010 – 2012 **NCCU Health Education Department** Durham, NC

Receptionist (20 hours per week)

- Serve as a health education resource person
- Perform receptionist duties in office
- Call donors and enter data of scheduled appointments for Eagle Pride Blood Drive on campus
- File confidential material as assigned

February 2008 - 2009 **Private Duty Services** Philadelphia, PA

Nursing Assistant (20 hours per week)

- Provide care to severely asthmatic children (3 years and 18 months)
- Perform personal care and daily nebulizer treatments
- Engage children in developmental teaching and recreational activities

June 2007 – 2009

Health Federation of Philadelphia

Philadelphia, PA

Research Assistant (40 hours per week)

- Serve as a health education resource person
- Interview participants for eligibility and set up appointments
- Input data obtained from research participants into the computer
- Prepare participant files for storage

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

Adult Care Home Community Advisory Committee

Please select your third Board preference: *

Adult Care Home Community Advisory Committee

Please select your fourth Board preference: *

Adult Care Home Community Advisory Committee

Please select your fifth Board preference: *

Adult Care Home Community Advisory Committee

Please select your sixth Board preference: *

Adult Care Home Community Advisory Committee

Tiffany

First Name

D.

Middle Initial

Bryant

Last Name

2401 Vancastle Way Apt 200

Street Address

Suite or Apt

Raleigh

City

NC

State

27617

Postal Code

What district do you live in?

District 7

Home: (919) 394-6807

Primary Phone

Home: (919) 394-6807

Alternate Phone

denaeb2012@gmail.com

Email Address

North Carolina Real Estate Commission

Employer

Executive Assistant/Paralegal

Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

My heart for the mature adult community and desire to assist with making sure each person receives quality care is a passion. As a Board or Commission member, I will not only be able to advocate for Seniors, but also bring to light things that may be positively or negatively affecting their day to day living.

Work Experience

Volunteer Experience

Since 2009, I have volunteered as companion care and a support person to members of the mature adult community and their family's. In 2018, I began volunteering with Volunteer Caregiving in Cary.

Education

2018 - Wake Tech Community College - Certificate in Aging Studies 2004 - East Carolina University - BS - Family and Consumer Sciences

Comments

[HumServ19.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

African American

Other

How did you become aware of Wake County volunteer opportunities?

County Website

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

TIFFANY D. BRYANT

2401 Vancastle Way Unit 200, Raleigh, NC 27617
(919) 394-6807 • denaeb2012@gmail.com

SUMMARY

Highly qualified, detail-oriented and hardworking Administrative professional with 20 years of administrative experience. Proficient in research, case management and client relations. Experienced Veteran with ability to develop and nurture long-term relationships. Technical, creative and organized self-starter with superior follow-through. Rapid learner who brings excitement and enthusiasm to any position.

EDUCATION

Certificate in Aging Studies - 2019
Wake Technical Community College (Raleigh, NC)

Post-Baccalaureate Certificate in Paralegal Studies - 2008
Meredith College (Raleigh, NC)

Bachelor of Science in Family and Consumer Studies - 2004
East Carolina University (Greenville, NC)

VOLUNTEER EXPERIENCE

Caregiver Support **2018-Present**
The Center for Volunteer Caregiving **Cary, NC**

- Provide friendship, companionship and care giver support to my mature adult friend and her daughter.

EMPLOYMENT

Executive Assistant/Paralegal **2016-Present**
NC Real Estate Commission **Raleigh, NC**

- Process consumer complaints and maintain an efficient filing and tracking system
- Assist with complaint closure efforts and archiving of records
- Coordinate the preparation and presentation of work-related information for monthly meetings
- Research laws, policies, regulations and reference material, analyzes information, selects appropriate approach and recommends corrective action

Information and Licensing Specialist **2007-2016**
NC Real Estate Commission **Raleigh, NC**

- Reviewed and processed approval forms, applications and licensee change forms
- Resolved and responded to inquiries, concerns and complaints in a professional and consistent manner
- Established and maintained healthy internal and external working relationships

Human Resources Assistant **2014**
United States Air Force **Seymour Johnson Air Force Base, Goldsboro, NC**

- Helped develop administrative policies and procedures in order to maintain consistency amongst the Group
- Performed personnel relocation actions pertaining to voluntary and involuntary reassignments, separations and retirements
- Coordinated electronic transmittal and sharing of personnel data
- Assisted with tracking on-going and projected personnel actions, and apprised management of status

**Tax Executive Assistant for Private Company Services
Pricewaterhouse Coopers LLP**

**2005-2007
McLean, VA**

- Performed/supported set-up of new clients and new engagements in GFS (Global Financial Systems)
- Assisted with processing, reviewing and mailing of Client tax information to tax authorities
- Created and analyzed weekly WIPS (work in progress reports) and AR (accounts receivable reports) for Tax Partners

**Maintenance and Supply Liaison
United States Air Force**

**1997-2005
Seymour Johnson Air Force Base, Goldsboro, NC**

- Responsible for the budget, bookkeeping and maintenance of financial records in accordance to government regulations
- Performed services in support of inventory control, storage and distribution, cataloging or supply identification systems, property utilization, or other related supply activities
- Submitted requisitions, performed follow up on requisitions and researched supply information

SKILLS

Research • Problem Solving • Organizing • Data Management
Microsoft Office • Adobe Acrobat • Outlook • Lotus Notes
SBSS • GFS • DEERS • SAP • HRIS • OpenInsight • OnBase • DMS • LexisNexis

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted
Nursing Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Nursing Home Community Advisory Committee

Please select your second Board preference: *

Adult Care Home Community Advisory Committee

Please select your third Board preference: *

None Selected

Please select your fourth Board preference: *

None Selected

Please select your fifth Board preference: *

None Selected

Please select your sixth Board preference: *

None Selected

Carol _____ Derrenbacher _____
First Name Middle Initial Last Name

3201 Keighley Forest Drive _____
Street Address Suite or Apt

Wake Forest _____ NC 27587
City State Postal Code

What district do you live in?

District 6

Home: (919) 554-2578 _____ Home: (919) 696-6096 _____
Primary Phone Alternate Phone

cderren@nc.rr.com _____
Email Address

Retired Wake County Schools _____ Speech Language Pathologist _____
Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Unincorporated Wake County

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I was the caregiver for my father who resided in a Nursing facility and received very good care prior to his death 16 years ago and I am involved with many seniors through the Center for Volunteer Caregiving and want to do all I can to assure that those who need nursing care receive the best care possible.

Work Experience

Poll worker early voting 2012 Speech Language Pathologist: Wake County Schools for 20 years.
Preschool director and Music teacher 4 years

Volunteer Experience

GAL volunteer advocate- Franklin County 20 years Volunteer 12 yrs; local coordinator 8 yrs.: for Center for Volunteer Caregiving

Education

MEd Special Ed; Ga State . BA; College of New Rochelle

Comments

I do not have a resume.

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Newspaper

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted
Nursing Home Community Advisory Committee: Appointed

Please select your first Board preference: *

Nursing Home Community Advisory Committee

Please select your second Board preference: *

None Selected

Please select your third Board preference: *

None Selected

Please select your fourth Board preference: *

None Selected

Please select your fifth Board preference: *

None Selected

Please select your sixth Board preference: *

None Selected

Megan

First Name

Douglas

Middle Initial

Last Name

5440 Ironwood Lane

Street Address

Suite or Apt

Raleigh

City

NC

State

27613

Postal Code

What district do you live in?

District 7

Mobile: (919) 696-1934

Primary Phone

Home: (919) 783-5749

Alternate Phone

mjdouglas53@gmail.com

Email Address

Retired

Employer

Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I have enjoyed my time on the Nursing Home Committee and feel that my input has been helpful to the administration of the homes I visit.

Work Experience

I have worked as an occupational therapist in various areas of practice including Wake County Public Schools, nursing homes, acute care hospitals.

Volunteer Experience

Hospice volunteer, church committees, Wake County Nursing Home CAC, Habitat for Humanity ReStore

Education

Bachelor of Science in Occupational Therapy, Virginia Commonwealth University, May 1975

Comments

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Newspaper

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

Adult Care Home Community Advisory Committee

Please select your third Board preference: *

Adult Care Home Community Advisory Committee

Please select your fourth Board preference: *

Adult Care Home Community Advisory Committee

Please select your fifth Board preference: *

Adult Care Home Community Advisory Committee

Please select your sixth Board preference: *

Adult Care Home Community Advisory Committee

Martha _____ b _____ hall _____
First Name Middle Initial Last Name

8308 covington hill way _____
Street Address Suite or Apt

apex _____ NC 27539
City State Postal Code

What district do you live in?

None Selected

Mobile: (770) 355-3918 _____ Mobile: (770) 355-3918 _____
Primary Phone Alternate Phone

mbh1951@gmail.com _____
Email Address

RETIRED _____ ELECTRONIC TECHNICIAN _____
Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Apex

Interests & Experiences

Why are you interested in serving on a Board or Commission?

THIS JOB SOUNDS PARTICULARLY INTERESTING AS I AM A SENIOR CITIZEN MYSELF BUT LUCKY ENOUGH TO BE IN VERY GOOD HEALTH AND LIVE AT HOME WITH MY HUSBAND

Work Experience

RETIRED AFTER 33 YEARS WORKING FOR BELLSOUTH AS A ELETRONIC TECHNICIAN

Volunteer Experience

MONROE MEDICAL HOSPITAL, MONROE, GA

Education

HIGH SCHOOL WITH A FEW COLLEGE COURSES

Comments

MU DAUGHTER WORKS FOR HEARTLAND HOSPITAL AND TOLD ME ABOUT THIS AND THOUGHT IT WOULD BE A GOOD FIT FOR ME

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Other

If you selected "Other" above, how?

DAUGHTER-HEARTLAND HOSPICE

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

Adult Care Home Community Advisory Committee

Please select your third Board preference: *

Adult Care Home Community Advisory Committee

Please select your fourth Board preference: *

Adult Care Home Community Advisory Committee

Please select your fifth Board preference: *

Adult Care Home Community Advisory Committee

Please select your sixth Board preference: *

Adult Care Home Community Advisory Committee

DIANE _____ m _____ HULTZMAN _____
First Name Middle Initial Last Name

6701 OAK RIDGE DR _____
Street Address Suite or Apt

RALEIGH _____ NC _____ 27612 _____
City State Postal Code

What district do you live in?

None Selected

Home: (252) 903-3777 _____ Mobile: (919) 291-1850 _____
Primary Phone Alternate Phone

dbhultzman@yahoo.com _____
Email Address

Prestigious Management Self Administrator _____
employed Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I have worked with the elderly for over twenty years. I am retired now but still have a heart for seniors.

Work Experience

Over twenty years as an administrator in Assisted Living Facilities in Nash County.

Volunteer Experience

I am a Guardian ad litem for Nash, Wilson and Edgecomb Counties

Education

High School

Comments

I have a lifetime of experience working for the elderly and would love to be of service to them anyway i can.

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Other

If you selected "Other" above, how?

ANOTHER VOLUNTEER

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted
Nursing Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Nursing Home Community Advisory Committee

Please select your second Board preference: *

Adult Care Home Community Advisory Committee

Please select your third Board preference: *

None Selected

Please select your fourth Board preference: *

None Selected

Please select your fifth Board preference: *

None Selected

Please select your sixth Board preference: *

None Selected

Sarah Lynne _____ Raha _____
First Name Middle Initial Last Name

4112 City of Oaks wynd _____
Street Address Suite or Apt

Raleigh _____ NC 27612
City State Postal Code

What district do you live in?

District 7

Home: (919) 510-7899 _____ Mobile: (646) 327-4374 _____
Primary Phone Alternate Phone

slraha@gmail.com _____
Email Address

none _____ none _____
Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I have served on the nursing home community advisory committee for several years, I feel I am making a positive difference in the lives of the residents.

Work Experience

High School Math teacher English as a second language teacher

Volunteer Experience

In classrooms in many capacities. Girl guide leader. Cubs leader. treasurer for different organizations. President of Neighbourhood Ladies Club.

Education

Math Teaching certificate from Manchester University England BA in Linguistics from Carleton University Canada

Comments

I have recently been interested in the running of nursing homes as some family friends' parents have required the services. Today I saw the article in the newspaper saying there is a need for volunteers. I feel there is an opportunity for me to serve.

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics

Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Newspaper

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted
Council on Fitness and Health: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

Commission for Women

Please select your third Board preference: *

Population Health Task Force

Please select your fourth Board preference: *

Housing Authority

Please select your fifth Board preference: *

Nursing Home Community Advisory Committee

Please select your sixth Board preference: *

Alliance Behavioral Healthcare

Elizabeth _____ M _____ Soto _____
First Name Middle Initial Last Name

5429 stewartby drive _____
Street Address Suite or Apt

Raleigh _____ NC _____ 27613 _____
City State Postal Code

What district do you live in?

District 6

Mobile: (919) 244-3131 _____ Business: (919) 350-8903 _____
Primary Phone Alternate Phone

bethsoto4@gmail.com _____
Email Address

WakeMed Rehab Hospital _____ Rehab Case Manager/LCSW _____
Employer Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

To help guide the direction of important services and supports for the population of Wake County

Work Experience

Please see attached resume. I have been at WakeMed Rehab Hospital as a rehab case manager and licensed clinical social worker since 2006. I am also a certified personal trainer and work independently with clients to help them meet their fitness goals.

Volunteer Experience

Previously, I served on the Asbury Preschool Board.

Education

University of North Carolina at Chapel Hill - MSW Licensed Clinical Social Worker Quinnipiac University - BA Gerontology w minor in psychology Certified Personal Fitness Trainer - IFTA

Comments

Thank you for your time and consideration.

[Elizabeth M. Soto LCSW - Resume.docx](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

County Website

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Elizabeth M. Soto, MSW, LCSW

5429 Stewartby Drive

Raleigh, NC 27613

Day: (919) 244-3131

Email: bethsoto4@gmail.com

Certification:

Licensed Clinical Social Worker
North Carolina (C006308)

Experience:

WakeMed Rehab Hospital, Raleigh, NC

Clinical Case Manager, March 2007 – Present

- Serve as primary liaison with patients, families, insurance companies and interdisciplinary treatment team members
- Coordinate rehab process and lead interdisciplinary team effort
- Responsible for psychosocial assessment, insurance utilization review, insurance reauthorization request, providing education to patients, family members and clinical team members regarding insurance coverage and its impact on current and post hospital care, resource referral, counseling, family and patient education and discharge planning
- Development and facilitation of amputee support/education group and amputee peer mentor program.
- Co-chair Amputee Specialty Program Committee for the purpose of coordination of amputee patient care across continuum and CARF accreditation
- Member hospital wide Geriatric Care Committee and Geriatric Education Team subcommittee

EMS Counseling and Consulting, Raleigh, NC

Private Practice, May 2016-April 2017

- Provided psychotherapy to clients to individuals with anxiety, depression and relational issues.

Duke Raleigh Hospital, Raleigh, NC

Case Manager, Float Pool, April 2012 – September 2013

- Provide weekend/evening case management coverage for psychosocial assessment and discharge planning needs which include home health, DME, SNF and hospice referral and coordination
- Crisis intervention and community resource referral as indicated

Transitions Life Care (formerly Hospice of Wake County), Raleigh, NC
Medical Social Worker, Weekend On Call, November 2009 – August 2010
Medical Social Worker, Admissions, Full Time May 2006-March 2007

- Provided crisis intervention, crisis counseling, resource referral and end of life education as indicated to patients and family members
- Responsible for initial psychosocial assessments of new patient/families
- Facilitation of patient transfers from hospital to home and home to hospice house

Sunrise Assisted Living, Raleigh, NC

Director of Marketing and Community Relations, 2002-2004

- Responsible for marketing and admissions for 86 resident assisted living facility
- Organized community educational in-services and special events

Research Triangle Institute, Research Triangle Park, NC

Policy Analyst, Health and Aging Program, 2001-2002

- Wrote technical reports on progress of research projects for Federal Government
- Designed interview protocols for in-depth case studies
- Coded data gleaned from focus groups for qualitative studies

Education:

University of North Carolina at Chapel Hill, Chapel Hill, NC

Masters in Social Work, 2006

University of North Carolina at Chapel Hill, Program on Aging, Chapel Hill, NC

Interdisciplinary Certificate in Aging, 2006

Quinnipiac University, Hamden, CT, summa cum laude

BA in Gerontology, Minors in Health Management & Psychology, 2001

Honors:

2015 WakeMed Circle of Excellence -recognition for excellence in clinical practice

National AARP Andrus Foundation Scholarship for Study of Aging and Finance Recipient

Publications:

Rabiner, D J, Scheffler, S, Koetse E, Palermo J, Ponzi (Soto) E, Burt S, Hampton L. (2003). The

impact of the Senior Companion Program on quality of life outcomes for frail older adults and their families. *Home Health Care Services Quarterly*, 22(4). 1-26.

Other:

Certified Personal Trainer, International Fitness Trainers of America

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

WakeMed Hospital Board of Directors

Please select your third Board preference: *

Human Services Board

Please select your fourth Board preference: *

Population Health Task Force

Please select your fifth Board preference: *

Wake County Steering Committee on Affordable Housing

Please select your sixth Board preference: *

City of Raleigh Planning Commission

Dr. Matthew

First Name

Webb

Middle Initial

Last Name

4200 Stonewall Dr

Street Address

Suite or Apt

Raleigh

City

NC

State

27604

Postal Code

What district do you live in?

District 5

Mobile: (757) 951-5328

Primary Phone

Mobile: (757) 951-5328

Alternate Phone

mlw1091@yahoo.com

Email Address

Employer

Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Raleigh

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I am interested in serving on a Board or Commission because of my military experience in making decisions for thousands of soldiers from different backgrounds and nationalities.

Work Experience

U.S Navy 10 years U.S Army 17 years

Volunteer Experience

Many Civil and Political Organizations

Education

B.S, M.D, Ph.D

Comments

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Male

Ethnicity *

- African American
 - Hispanic
-

Other

How did you become aware of Wake County volunteer opportunities?

- County Website

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

Profile

Which Boards would you like to apply for?

Adult Care Home Community Advisory Committee: Submitted

Please select your first Board preference: *

Adult Care Home Community Advisory Committee

Please select your second Board preference: *

None Selected

Please select your third Board preference: *

None Selected

Please select your fourth Board preference: *

None Selected

Please select your fifth Board preference: *

None Selected

Please select your sixth Board preference: *

None Selected

Lauren
First Name

M
Middle Initial

Zingraff
Last Name

325 Brims Way
Street Address

Suite or Apt

Garner
City

NC
State

27529
Postal Code

What district do you live in?

District 2

Business: (919) 782-1560
Primary Phone

Mobile: (919) 706-8844
Alternate Phone

lauren@fortlc.org
Email Address

FOR (Friends of Residents)
Employer

Executive Director
Job Title

If you live in an Extraterritorial Jurisdiction Area, select Yes:

Yes No

In order to assure countywide representation, please indicate your place of residence:

Garner

Interests & Experiences

Why are you interested in serving on a Board or Commission?

I am the Executive Director with FOR (Friends of Residents in Long Term Care) and it's important to be directly connected to residents.

Work Experience

Please see attached resume.

Volunteer Experience

National Association of Social Workers-NC, National MS Society, Boys and Girls Club of Wake County, SouthEast Raleigh Table Church, Wake County Public Schools

Education

Virginia Commonwealth University - MSW NC State University - BA in Communication

Comments

Thank you for your consideration. I look forward to serving as a volunteer with the Wake Citizens Advisory Council.

[Lauren M Zingraff Resume.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

Demographics


Date of Birth

Gender *

Female

Ethnicity *

Caucasian

Other

How did you become aware of Wake County volunteer opportunities?

Current Wake County Volunteer

If you selected "Other" above, how?

Please upload a file

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners which are found at the link below.

<http://www.wakegov.com/commissions/Documents/CodeofEthics.pdf>

LAUREN M. ZINGRAFF, MSW

Garner, NC 27529 ♦ 919- 621-6221 ♦ Lmzingaraff@gmail.com

PROFESSIONAL SUMMARY

Accomplished and creative **Human Services Executive Director** possessing multifaceted experience and proven ability to re-energize and restructure organizations, develop strategic initiatives, and capture emerging business opportunities. Results-oriented, decisive leader adept at forging lucrative relationships with key partners, vendors and clients. Strong drive with excellent interpersonal, communication and team-building skills.

SKILLS

- Financial Management
- Business Development
- Case Management
- Program Leadership
- Strategic Planning
- Staff Management
- Fundraising
- Community Engagement
- Non-Profit SOP's
- Policy and Procedure Adherence
- Conflict Resolution
- Report Compilation
- Business Analysis
- Performance Feedback
- Operations Management
- Reporting and Documentation

WORK HISTORY

MS Navigator, 07/2017 to 10/2018

National Multiple Sclerosis Society - Greater Carolinas Chapter – Raleigh, NC

- Respond to requests for service, support and resources from people affected by MS throughout the National MS Society
- Provide complete and comprehensive information regarding all aspects of MS as related to symptoms/symptom management, diagnosis, treatment and epidemiology, and utilizing the tools, resources and protocols established by the Society
- Conduct thorough research utilizing the database, outreach, engagement and follow up to connect individuals with the services and community resources
- Recognize indicators for case management and connect those with complex needs to case management when appropriate
- Leverage resources with agencies, organizations, institutions, and individuals providing services to those affected by MS such as home modification specialists, disability attorneys, financial planners, social service agencies and similar resources that extend the reach of Society programs and services
- Ensure appropriate consultations are made with colleagues and/or management when other resources are needed, or there are legal concerns

Executive Director for SaySo, Inc. (Strong Able Youth Speaking Out), 06/2013 to 06/2015

Independent Living Resources, Inc.

- Managed daily operations of statewide association of youth aged 14-24 who either are or have been in substitute care in North Carolina as well as attended advocacy events and legislative meetings at North Carolina General Assembly
- Implemented strategic plans, based on data-driven analytics, projections, and financials
- Worked closely with organizational leadership, including board of directors, to strategically come up with the direction of operations
- Identified and cultivated relationships with foundations, corporations, individuals, and community organizations

- Monitored activities; identified and corrected problems related to areas such as funding, expenditures and related matters
- Managed and coordinates staff and volunteer professional relationships in support of events and major/planned gift fundraising activities
- Built a high-performing team and played an active role in attracting, retaining and developing a best-in-class staff
- Collaborated directly with community partners on grants and inclusive projects to build additional supports for 501C-3 non-profit organization

Program Coordinator for SaySo, Inc. (Strong Able Youth Speaking Out), 06/2009 to 06/2013
Independent Living Resources, Inc. – Durham, NC

- Planned and coordinated programs and activities such as youth conferences and workshops across North Carolina
- Supported growth and program development by collaborating with the Board of Directors
- Spearheaded research and development efforts for youth in foster care
- Cultivated 25 local chapters throughout North Carolina by providing support and development assistance
- Coordinated daily communication among members to maintain membership and donor database

VOLUNTEER EXPERIENCE

National Multiple Sclerosis Society – Greater Carolinas Chapter Raleigh, NC October 2016-Present
Government Relations Advisory Committee (Volunteer Position)
 Advocate for federal, state, and local policies to benefit members.

National Association of Social Workers- NC Chapter Raleigh, NC August 2015 – March 2017
Membership and Marketing Associate (Volunteer/Temporary Position)
 Maintain membership database, website, updating career center and conference pages.

EDUCATION

Master of Social Work
Virginia Commonwealth University - Richmond, VA

Bachelor of Arts: Communication
North Carolina State University - Raleigh, NC

AFFILIATIONS

National Association of Social Workers (NASW), North American Association of Christians in Social Work (NACSW), Phi Kappa Phi, Phi Alpha Honor Society, Lambda Pi Eta National Communication Honor Society

AWARDS

Recipient of 2015 Myrna Miller Wellons Advocate of the Year (March 2015)
 National Association of Social Workers –North Carolina Chapter
<http://www.naswnc.org/news/211770/Zingraff-Named-2015-Advocacy-Award-Winner.htm>

State of North Carolina General Assembly Senate (September 2015)
 Formal Recognition by NC Lieutenant Governor and the North Carolina Senate inside the chambers during 2015 Legislative Session for work on behalf of North Carolina's Foster Care Children.