

Population Health Resources

➤Robert Woods Johnson Culture of Health

<http://www.cultureofhealth.org/>

“Our health and well-being can be greatly influenced by complex social factors such as where we live, and the strength of our families and communities. But despite knowing this, positive change is not occurring at a promising pace.

To accelerate progress, the Robert Wood Johnson Foundation has proposed a vision for a national Culture of Health enabling all in our diverse society to lead healthier lives. It is based on 10 underlying principles:

1. Good health flourishes across geographic, demographic, and social sectors.
2. Attaining the best health possible is valued by our entire society.
3. Individuals and families have the means and the opportunity to make choices.
4. Business, government, individuals, and organizations work together to build healthy communities.
5. No one is excluded.
6. Everyone has access to affordable, quality health care.
7. Health care is efficient and equitable.
8. The economy is less burdened by excessive and unwarranted health care spending.
9. Keeping everyone as healthy as possible guides public and private decision-making.
10. Americans understand that we are all in this together”

➤Live Well San Diego

<http://www.livewellsd.org/>

“Live Well San Diego is the County of San Diego's vision for a region that is Building Better Health, Living Safely and Thriving.

Although Live Well San Diego began in 2010 as a health strategy, it has evolved into a greater vision to improve the health, safety and well-being of all County residents. There are three components:

1. Building Better Health calls for improving the health of all residents and supporting healthy choices
2. Living Safely calls for ensuring residents are protected from crime and abuse, neighborhoods are safe and communities are resilient to disasters and emergencies
3. Thriving calls for cultivating opportunities for all people and communities to grow, connect, and enjoy the highest quality of life

The County has adopted four strategic approaches for realizing the Live Well San Diego vision:

1. Building a Better Service Delivery System: Improving the quality and efficiency of County government and its partners in the delivery of services to residents, contributing to better outcomes for clients and results for communities
2. Supporting Positive Choices: Providing information and resources to inspire county residents to take action and responsibility for their health, safety and well-being
3. Pursuing Policy and Environmental Changes: Creating environments and adopting policies that make it easier for everyone to live well, and encouraging individuals to get involved in improving their communities
4. Improving the Culture Within County Government: Increasing understanding among County employees and providers about what it means to live well and the role that all employees play in helping county residents live well”

➤Health in All Policies

<http://www.phi.org/resources/?resource=hiapguide>

“Health in All Policies: A Guide for State and Local Governments was created by the Public Health Institute, the California Department of Public Health, and the American Public Health Association in response to growing interest in using collaborative approaches to improve population health by embedding health considerations into decision-making processes across a broad array of sectors. The Guide draws heavily on the experiences of the California Health in All Policies Task Force and incorporates information from the published and gray literature and interviews with people across the country.”