



**WAKE COUNTY BOARD OF COUNTY COMMISSIONERS
PROCLAMATION**

**NATIONAL RECOVERY MONTH
September 2016**

WHEREAS, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, thousands of behavioral health care providers and peers have dedicated their lives to educating the public and policy makers about prevention, treatment and recovery; and

WHEREAS, according to the Centers for Disease Control (CDC), opioid overdoses hit a record high in 2014 of 47,000 deaths nationwide, including 1,358 in North Carolina; and

WHEREAS, according to the Substance Abuse and Mental Health Services Administration (SAMHSA), in 2014 and estimated 43.6 million Americans ages 18 and up experienced some form of mental illness or substance use disorder; and

WHEREAS, this year's National Recovery Month theme – Join the Voices for Recovery: Our Families, Our State, Our Recovery – highlights the value of peer support in educating, mentoring and helping others; and

WHEREAS, we must encourage relatives, co-workers and friends to recognize the signs of problems, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U. S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration and the Wake County Board of Commissioners invite all residents of Wake County to participate in National Recovery Month.

NOW, THEREFORE, we, the Wake County Board of County Commissioners, do hereby proclaim September 2016, as "NATIONAL RECOVERY MONTH" in Wake County, and ask all citizens to join with us in this special observance to increase awareness and understanding of mental and substance use issues, and celebrate the success of those who recover.

This the 19th day of September, 2016.

James West, Chairman
Wake County Board of County Commissioners