

Sheila Frye
Human Services Program Manager
Human Services

Sheila Frye's career with Wake County began in June 1984 as an Eligibility Specialist, where she was part of the Medicaid for Adults Review and Processing team. She later earned a Master of Social Work and will be completing her career as the Program Manager for Maternal and Child Health within Human Services.

Sheila is a Social Worker who believes in Public Health and cares for the consumers she and her staff serve. She has managed to effectively provide leadership for almost 24 years to a multi-disciplinary team, including Maternal & Women's Health, Pregnancy Care Management, Nurse Family Partnership and Care Coordination for Children. There are several programs that fall under these core programs such as Childbirth classes, Interpreting services, Postpartum and High-Risk visits, Nutrition, Outreach events, SIDS counseling and Administrative Staff.

In addition Sheila was the driving force behind the development of a comprehensive departmental Injury Prevention Program that focuses on Child Passenger Safety/Occupant Protection. She firmly believes that all citizens and families deserve quality services at all times.

Sheila is respected locally and state-wide and leads by example. Sheila and many of her staff have received numerous awards due to their involvement with Public Health. She received The North Carolina Public Health All Star Award and several Safe Kids awards.

In her personal life, she also has received some awards for Hollerin. Sheila is a ten-time winner of the National Hollerin' Contest, Ladies Division held in Spivey's Corner. The contest focuses on the use of different hollers used long ago when there were no other means of communication. Sheila has agreed that if we need her "distress holler" to help "approve the County budget," she is available!

Please join me in congratulating Sheila on her retirement.