

Item Title: Accept and Appropriate Additional Funding for Wake County Nurse-Family Partnership

Specific Action Requested:

That the Board of Commissioners accepts and appropriates \$144,886 in additional budget capacity in the General Fund to support the operations of the Nurse-Family Partnership program.

Item Summary:

Purpose: In accordance with the North Carolina Local Government Budget and Fiscal Control Act, the Wake County Board of Commissioners must approve all amendments that increase the budget for a fund.

Background: Wake County's Nurse-Family Partnership (NFP) implements the evidence-based NFP model by providing intensive nurse home visiting to first-time families throughout the county. Wake NFP continues to strive to achieve the program goals of improved health outcomes and self-sufficiency.

Strategic Plan: This action supports the Community Health and Wellbeing Goal 3: By 2029, 5% more residents asked will indicate low barriers to healthcare and behavioral health services, such as access to providers, insurance coverage, affordability and appointment wait times. This action also supports the Community Health and Wellbeing Goal 4: By 2029, three out of four residents asked will indicate low barriers to accessing benefits and assistance programs and resources, such as food and utilities, childcare, employment services, housing, etc.

Fiscal Impact: Increase the expenditure and revenue budget by \$144,886 to continue funding the Wake County's Nurse-Family Partnership Program.

Additional Information:

The 2025 Wake County Maternal and Infant Mortality Workgroup Report identifies home visiting programs as part of the solution to improve health outcomes related to maternal and infant mortality. The Wake NFP program has supported nearly 1,000 families since the first home visit in 2009. Nurse Family Partnership serves low income, first time pregnant moms and families. Families served by NFP see positive health outcomes such as fewer preterm births, timely childhood immunizations, and successful breastfeeding.

Revenue from the Division of Child and Family Well-Being Agreement Addendum (AA) 834 will have increased funding to cover staffing costs and increase the ability to further engage NFP families. Staff will be able to attend required training including training that is helpful to their nursing practice, such as Promoting Maternal Mental Health During

Pregnancy. Client engagement activities will be planned to encourage positive Parent-Child interactions and experiences and socializing with other first-time parents.

The table below shows the number of home visits conducted, unduplicated families served, and families turned away due to limited program capacity from FY 2021 through FY 2025. Note that during FY 2021 and FY 2022, the program was allowed to conduct home visits nearly entirely via telehealth because of the COVID19 pandemic, limiting travel time and increasing capacity to conduct more visits per family. “Home Visits” include all in-person and telehealth visits and “Unduplicated Families Served” is a count of each individual unduplicated family that received in-person and/or telehealth visits. Families may receive multiple visits.

	FY 2021	FY 2022	FY 2023	FY 2024	FY 2025
Home Visits	1854	1892	773	271	865
Unduplicated Families Served	149	147	97	45	93
Families Turned Away Due to Limited Program Capacity	29	3	33	18	18

The table below shows the adopted budget for AA 834, total expenditures, and total revenue for FY 2023 through FY 2025 and year-to-date FY 2026 (July to January).

Fiscal Year	Expenditures			Revenue		
	Adopted Budget	Amended Budget	Total Expenditure	Adopted Budget	Amended Budget	Total Revenue
FY 2023	666,425	693,058	661,478	525,710	603,528	530,662
FY 2024	726,862	557,104	377,037	525,710	652,568	431,413
FY 2025	657,716	657,393	651,069	525,710	614,530	652,143
FY 2026	723,106	736,727	457,362	525,710	556,960	357,159

Attachments:

1. FY25-26 Agreement Addendum – 834 NCDHHS Nurse Family Partnership Agreement
2. Budget Memo – FY2026