

Children and Families Specialty Plan (CFSP)

A Summary of the CFSP NC Medicaid
Managed Care Plan

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North Carolina Medicaid Managed Care History

- Prior to **NC Managed Care** NC Medicaid operated under a **fee-for service model**.
- In 2015, the NC General Assembly directed the North Carolina Department of Health and Human Services (NCDHHS) to transition **Medicaid and NC Health Choice from fee-for-service to Managed Care**.
- Under **Managed Care**, the State is contracting with **insurance companies, called Health Plans**.
- These insurance companies will be paid a **capitated rate**, which is a pre-determined **set rate per person to provide health care services**.
- This model is known as **NC Medicaid Managed Care**.

NC Medicaid Managed Care: Wake County

- NCDHHS roll out of NC Managed Care includes 3 major phases:
 - Standard Plans (2021)
 - Tailored Plans (2022)
 - **Child and Family Specialty Plan: (December 2025)**
- In Wake County there are **221,000 total Medicaid beneficiaries** and 64.07% (141,440) are currently enrolled in **NC Medicaid Managed Care**.
- **Wake County's** current Managed Care plans include:
 - **AmeriHealth Caritas North Carolina, Inc.**
 - **Blue Cross and Blue Shield of North Carolina**
 - **UnitedHealthcare of North Carolina, Inc.**
 - **WellCare of North Carolina, Inc.**
 - **Carolina Complete Health**
- **Blue Cross Blue Shield (BCBS)** was chosen as the state-wide vendor for the **Child and Family Specialty plan**.

Children and Families Specialty Plan (CFSP)

- A single, **statewide NC Medicaid Managed Care** plan that will support Medicaid-enrolled children, youth, and families **served by the child welfare system.**
- **Eligibility populations include:**
 - **Children and youth in foster care**
 - **Children and youth receiving adoption assistance**
 - Former foster care youth under the age of 26
 - **Family members** and other care providers (pending the Center for Medicaid Services approval)
- **Benefits include:**
 - **All Medicaid covered physical and behavioral health benefits**
 - **Coordinating and ensuring placement services**
 - **Care Management**

Children and Families Specialty Plan Goals

- **Improve** physical and behavioral **health outcomes**.
- **Strengthen and preserve families**, prevent entry and re-entry into foster care, and **support reunification**.
- **Coordinate and facilitate seamless transitions** for members who experience changes in treatment settings and **placements**.
- **Improve placement options and stability for children in the custody of Social Services**
- **Improve coordination and collaboration** with county **Social Services**.
- **Advance health equity** to address racial, ethnic, and geographic **disparities** experienced by children, youth and families served by the child welfare system.

Wake County Prepares for CFSP Launch

AUTO-ENROLLMENT DECEMBER 2025

- Children and youth in foster care
- Children and youth receiving adoption assistance
- Former foster care youth under age 26
- Minor children of children and youth in foster care, children receiving adoption assistance, and former foster youth while the parent is CFSP-enrolled

MAY ENROLL NO SOONER THAN JULY 2026

- Parents, caretaker relatives, guardians, custodians and minor siblings of children/youth in foster care
- Families receiving CPS In-Home Services, specifically:
 - Adults included in the NC In-Home Family Services Agreement as caregivers
 - Minor children included on the NC In-Home Family Services Agreement





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