



**WAKE COUNTY BOARD OF COMMISSIONERS
PROCLAMATION
Recognizing July as
Parks, Recreation and Open Space's 50th
Anniversary**

WHEREAS, Parks and Recreation is an integral part of communities throughout our country, including Wake County; and

WHEREAS, Parks and Recreation promotes health and wellness, improving the physical and mental health of all people; and

WHEREAS, Parks and Recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, Parks and Recreation encourages physical activities by providing space for popular activities like hiking, boating, disc golf, mountain biking and many other activities designed to promote active lifestyles; and

WHEREAS, Parks and Recreation educational activities, including environmental historical and cultural programming are critical to childhood development and sense of place; and

WHEREAS, Parks and Recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, Parks and Recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, Our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and create outdoors; and

WHEREAS, Wake County began its parks and recreation efforts in 1976 and is celebrating these efforts throughout the year; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month.

NOW, THEREFORE BE IT RESOLVED, that the Wake County Board of Commissioners does hereby proclaim July as **Parks, Recreation and Open Space's 50th Anniversary in Wake County, North Carolina.**

ADOPTED this the 6th day of July, 2026.

Donald Mial, Chair
Wake County Board of Commissioners