



# Road, Bridge, Ferry Naming or Designation Application

Date: 7/21/2023

Information about Yourself	
<b>Your Name:</b> <i>Sallie Hedrick Bowman</i>	<b>Phone Number:</b> 919- [REDACTED]
<b>Mailing Address:</b> [REDACTED] <i>Manteo, NC 27954</i>	<b>Alternate Phone Number:</b> 252- [REDACTED]
<b>Relationship to Honoree:</b> <i>Daughter</i>	<b>Email Address:</b> [REDACTED]

Information about What You Want to Have Named	
<b>Do You Wish to Name/Designate a Road, Bridge or Ferry?</b> <i>Bridge</i>	
<b>If a road or bridge, is it currently under construction?</b> <i>In order for a road or bridge to be named in honor of an individual, that road or bridge must be already constructed, or within 3 months of its expected construction completion date. (See Section III. B. in the Honorary Designations of State Transportation Assets Policy)</i>	<i>No</i>
<b>County:</b> <i>Wake</i>	<b>Route:</b> <i>NC HWY 401 North</i>
<p><b>Description:</b> <i>If a road request, please include preferred section (Point A to Point B), and if a bridge request, please include what the bridge crosses. For road requests, the distance of the proposed dedication should be 5 miles or less. Law enforcement officers will be honored with bridge dedications in lieu of highways. Also indicate if you would like to name (changes addresses) or designate (honorary title) the facility – designations are most common (See Section II and III. in Policy)</i></p> <p>This request is to name the Bridge over the Neuse River on NC HWY 401 in northern Wake County, near the intersection of Ligon Mill Road near Horseshoe Farm Nature Preserve.</p>	



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Information about the Honoree (Person for whom the Road, Bridge or Ferry Naming or Designation Request is being made)	
Honoree's Name: <i>Dr. William Weston Hedrick</i>	
<p>1. <b>If approved, what is the preferred name you would like to have on the sign?</b>  <i>Names can include one title, one given name and initial, a surname, and a suffix. (See Section II. B. in Policy) "Memorial" is no longer included on signs.</i></p>	<i>Dr. William W. Hedrick</i>
<p>2. <b>Is the honoree living or deceased?</b>  <i>If deceased, please provide date of death: To qualify for a road, bridge, or ferry naming or designation, an honoree must be either living, or be deceased longer than one year but less than 75 years. (See Section II. A. in Policy)</i></p>	<p><i>living</i></p> <p>If deceased, click here to enter date of death.</p>
<p>3. <b>Is the honoree currently serving or seeking a term as an elected official?</b>   <b>If so, please indicate what kind of office.</b>  <i>To qualify for a road, bridge, or ferry naming or designation, an honoree must not be currently seeking or serving a term as a federal, state, or local elected official. (See Section II. A. of Policy)</i></p>	<p><i>not currently serving or seeking a term as an elected official</i></p> <p>Select the office.</p>
<p>4. <b>Is the honoree currently a North Carolina resident?</b>   <b>If no, please provide dates when the honoree was a North Carolina resident.</b>  <i>To qualify for a road, bridge, or ferry naming or designation, an honoree must be or have been a North Carolina resident. (See Section II. A. in Policy)</i></p>	<p><i>Yes</i></p> <p>Click here to enter dates when honoree was a North Carolina resident.</p>



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<p>5. <b>Has the honoree made notable local, state, and/or national contributions and/or had significant accomplishments?</b>  <i>(See Section II. A. in Policy) Later, you will be required to list these.</i></p>	Yes
<p>6. <b>Does the honoree already have a state-owned road, bridge, or ferry named or designated for him or her?</b>  <i>To qualify for a road, bridge, or ferry designation, an honoree must not already have a state-owned road, bridge, or ferry designated for him or her. (See Section II. E. in Policy)</i></p>	No
<p>7. <b>Is the honoree a law enforcement officer or first responder killed in the line of duty?</b>  <i>Municipal officials, employees, and law enforcement officers (including those killed in the line of duty) should be recognized with a municipally owned bridge, if available and/or feasible (See Section II. B. in Policy)</i></p> <p><b>If you are requesting a state-owned bridge be named for a local law enforcement officer or first responder, please describe what the circumstances that justify the exception.</b></p>	<p>No</p> <p>Click here to enter text.</p>
<p>8. <b>Is the honorary designation being requested on the basis of the individual's military service?</b></p> <p><b>If yes, which valorous combat decoration has the honoree received?</b>  <i>Verification of the award will be required at the time the resolution is submitted. Only recipients of the Medal of Honor, Distinguished Service Cross, Silver Star, Navy Cross, or Air Force Cross are eligible for a road or bridge naming / designation based on military combat service (See Section II. A. of Policy). (Other military personnel are honored by the 1300+ mile Blue Star Memorial Highway Network across North Carolina, See Section V. of Policy.)</i></p>	<p>No</p> <p>Choose an item.</p>



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**Description:** Please describe the background information of the honoree, and list his/her credentials that justify the road, bridge, or ferry naming. These must include notable local, state, and/or national contributions and/or significant accomplishments. (See Sections II. D. and IV. A. in Policy)

Dr. William W. Hedrick, "Bill", is a family doctor born in Raleigh, NC on September 26, 1932. He graduated from Wake Forest College (1954) and Bowman Gray Medical School (1957) and ran a solo family practice in Raleigh for over 60 years, before retiring in July 2023 at 91 years old. After graduating from medical school, Dr. Hedrick served the United States as a Captain in the US Army Medical Corps: 34th General Hospital, Commanding Officer, 760th Medical Detachment in Orleans, France (1959-1961). Deeply dedicated to the State of North Carolina, Wake County, and the Capital City of Raleigh, Dr. Hedrick became known for making house-calls and for treating any person regardless of their ability to pay. He would famously accept a sack of tomatoes or a caramel cake in exchange for medical care, a responsibility to which he felt profoundly called. He had the privilege of still treating the same patients in 2023 who first came to him when he opened his practice in 1962, as well as their children and grandchildren. In addition to his solo practice, Dr. Hedrick was the first Emergency Room doctor at Wake Med Hospital and the Chief Medical Examiner for Wake County for 10 years (1964-74). The impact he has made on Raleigh, Wake County, and North Carolina sets the bar for social responsibility and civic duty. In the early 1970s Dr. Hedrick advocated tirelessly for improved medical care for North Carolina. Testifying before the North Carolina Senate, he championed a campaign that successfully lobbied the NC General Assembly to provide funding for Area Health Education Centers (AHEC) across North Carolina, and appropriate \$43 million to create a four-year medical school at East Carolina University. In 1975 Dr. Hedrick was elected President of the North Carolina Academy of Family Physicians and he continued to pioneer efforts that established formal family doctor training at North Carolina's medical schools. In the mid-1980s, Dr. Hedrick again crusaded on behalf of North Carolina's citizens, and spoke before the North Carolina Senate in support of North Carolina's first ever Seat Belt Law. Statements by Dr. Hedrick before committee illuminated the importance of seatbelts in tandem with the helmet requirement for motorcyclists, thus providing decisive merit for the Seat Belt law which was thereafter enacted. An environmental activist as well, Dr. Hedrick was responsible for the creation of Horseshoe Farm Nature Preserve, a beloved City of Raleigh Park that was once his 150-acre family farm. Sitting in the bend of the Neuse River oxbow in northern Wake County, the farmland that Dr. Hedrick donated completed the final section of Raleigh's popular Neuse River Greenway Trail—the longest greenway trail in North Carolina and the longest paved trail between northern Virginia and western Georgia. The trail is also a segment of the Mountains-to-Sea Trail, the almost 1,000-mile footpath that transverses the State of North Carolina from the Great Smoky Mountains to the Outer Banks. To be a part of this tremendous trek that celebrates the cultural landscapes and heritage of North Carolina is a one-of-a-kind honor for Horseshoe Farm Nature Preserve made possible by Dr. Hedrick. This trail runs congruently with the Neuse River and the Neuse River Bridge. In 2017 the City of Raleigh formally dedicated the historic





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farmhouse at Horseshoe Farm where Dr. Hedrick raised his family, the “Dr. Bill and Merrie Hedrick Homestead at Horseshoe Farm Nature Preserve”. The following year, Dr. Hedrick was inducted into the Raleigh Hall of Fame for his enduring contributions to the City of Raleigh. Dr. Hedrick was previously recognized by a City of Raleigh Proclamation of “Dr. William “Bill” Hedrick Day” (July 3, 2012). The North Carolina Academy of Family Physicians has presented Dr. Hedrick with the Lifetime Achievement Award (1997) and Distinguished Service Award (2012). In 1997 he was awarded the Order of the Long Leaf Pine by Governor James B. Hunt, Jr. Dr. Hedrick has been a distinguished member of the American Board of Family Medicine, the American Medical Association, the American Academy of Family Physicians, the North Carolina Academy of Family Physicians (President, 1975 – 1976), the North Carolina Medical Society, and the Wake County Medical Society. Dr. Hedrick lives on a farm in Wake Forest, NC with his wife Merrie of 45 years. He is a member of Wake Forest Baptist Church and a lifetime member of New Hope Baptist Church where he has served as a Deacon. He has eight adult children, seven grandchildren (and another due in October), and six great-grandchildren. In his free time Dr. Hedrick enjoys his vegetable garden and chickens, sailing, golf, and riding his 1952 Ford tractor that has been in his family since he was a sophomore in college. This request seeks to name the Neuse River Bridge on HWY 401 North by Horseshoe Farm Nature Preserve in Dr. Hedrick’s honor. As one of North Carolina’s longest serving family doctors at 66 years (if not the longest serving), Dr. Hedrick has crossed the Neuse River Bridge on HWY 401 North nearly every day for the last six decades, upwards of 40,000 times, to faithfully provide and advocate for medical care for North Carolina’s citizens until his recent retirement at the age of 91. Recognition: WRAL-TV coverage of Dr. Hedrick’s retirement: <https://www.wral.com/story/raleigh-icon-of-medicine-dr-william-hedrick-retires-after-serving-patients-for-61-years/20950035/> | Raleigh Hall of Fame Tribute: <https://youtu.be/otP51viii6M> | Tarheel Traveler Tribute: <https://www.wral.com/video/lifestyles/travel/video/11274401/>

## Support for Proposed Road/Bridge/Ferry Naming

1. **Does the proposed naming / designation have strong local support?**  
*Requested naming must have strong local support. Unanimous resolutions from the local governments with jurisdiction, passed in a public forum, will be required. (See Section II. A. in Policy) At a later stage of the review process, you will need to provide at least three letters of recommendation from civic, service, or business organizations that demonstrate this support.*

Yes



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<p>(See Section IV. B. in Policy)</p>	
<p>2. Does the family of the honoree support the proposed naming / designation?  <i>The family must support the proposed naming. (See Section II. A. &amp; Section IV. E. in Policy)</i></p>	<p>Yes</p>
<p>3. Has a source of the \$2000 administrative fee for the sign been identified?  <i>The requesting party or local government is responsible for \$2000 towards the cost of the signs. The local government or designee must participate by paying an administrative fee of \$2000. (See Section IV. G. in Policy)</i></p>	<p>Yes</p>

***When complete, this form should be emailed to the Road, Bridge or Ferry Naming Committee Service account at [roadnaming@ncdot.gov](mailto:roadnaming@ncdot.gov). After reviewing your form, NCDOT staff will contact you to discuss next steps.***