



LIVE WELL WAKE

COMMUNITY HEALTH IMPROVEMENT PLAN

Board of Commissioners – Health and Human
Services Committee

March 2026

OVERVIEW

- Completed every 3 years
- Led by Live Well Wake
- 2025 assessment began in May of 2024 and lasted until May of 2025
- Partnered with the North Carolina Institute for Public Health to complete the assessment



COMMUNITY HEALTH NEEDS ASSESSMENT

- Prioritization Survey Opened January 17th, 2025
- Steering Committee Meeting for Wednesday, March 12th, 2025
- Draft for Hospital Partners Shared on April 15th, 2025
- Final Draft Completed May 30th, 2025
- Presented to the Board of Commissioners on July 7th, 2025
- Promoted to the public on July 8th, 2025

COMMUNITY HEALTH IMPROVEMENT PLAN

- Kickoff Planning Meeting held on Wednesday, September 3rd, 2025
- Workgroups met in September, October, & November of 2025 to work on Strategies
- Strategies Finalized in November of 2025
- Final Strategies presented to LWWAT in December of 2025
- Community Health Improvement Plan & Scorecard Released in February of 2026

2025 – 2028 STRATEGIES

Access to Healthcare

1. Strengthen the Wake County Healthcare System Safety Net
2. Prioritize preventative care through health education, literacy, and coordination
3. Coordinate transportation & mobile unit resources
4. Strengthen the Community Health Worker Consortium

Affordable Housing & Homelessness

1. Collaborate to expand access to housing resources and promote long-term self-sufficiency
2. Engage residents on housing issues

Mental health

1. Promote events in Wake communities that support wellness and social connection
2. Advocate for mental health resources in the community
3. Increase access to mental health providers and resources for early intervention for children ages birth through 3rd grade and families and other support professionals

MENTAL HEALTH SCORECARD (2025)

Vision Statement (Result Statement)

All Wake County residents have mental health support, intervention, and treatment needed to live, work, learn, and participate fully in their communities.

Indicators

- Suicide Mortality Rate among Youth/Young Adults: age adjusted suicide mortality rate per 100,000 people in age groups (10-14, 15-19, 20-24)
- Depression Emergency Department Visits Rate: crude rate per 10,000 person-years
- Trauma/Stressors Emergency Department Visits Rate: crude rate per 10,000 person-years
- Anxiety Related Emergency Department Visits
- Overdose Emergency Department Visits

Strategies

1. Promote events in Wake communities that support wellness and social connection
2. Advocate for mental health resources in the community
3. Increase access to mental health providers and resources for early intervention for children ages birth through 3rd grade and families and other support professionals

MENTAL HEALTH SCORECARD (2025)

Performance Measures

1. Promote events in Wake communities that support wellness and social connection

- A). # of events organized, supported, and promoted by group
- B). # of participants at events
- C). % of attendees who report increased knowledge & understanding of resources
- D). % of attendees who report improvement in mental wellbeing

2. Advocate for mental health resources in the community

- A). # of people attending Benchmark and other advocacy meetings
- B). # of people invited to speak at Benchmark and other advocacy meetings

3. Increase access to mental health providers and resources for early intervention for children ages birth through 3rd grade and families and other support professionals

- A). # of service providers (child mental health, behavior specialists)
- B). # of programs implemented

AFFORDABLE HOUSING & HOMELESSNESS SCORECARD (2025)

Vision Statement (Result Statement)

All Wake County residents have access to safe, affordable, and stable housing.

Indicators

- Housing Cost Burden in Wake County - Renters
- Housing Cost Burden in Wake County – Owners with Mortgage
- Severe Housing Cost Burden in Wake County – Overall
- Counts of People in the Homeless Management Information (HMIS) – Wake County Annually (NC-507)

Strategies

1. Collaborate to expand access to housing resources and promote long-term self-sufficiency
2. Engage residents on housing issues

AFFORDABLE HOUSING & HOMELESSNESS SCORECARD (2025)

Performance Measures

1. Collaborate to expand access to housing resources and promote long-term self-sufficiency

- A). # of events where housing resources are shared with residents
- B). # of collaborations with non-profits, developers, and service providers
- C). # number of organizations offering housing readiness course

2. Engage residents on housing issues

- A). # of public hearings or meetings to gather resident feedback
- B). # of residents who completed feedback surveys related to housing concerns or engagement efforts

ACCESS TO HEALTHCARE SCORECARD (2025)

Vision Statement (Result Statement)

All Wake County residents have accessible, connected, and de-stigmatized healthcare resources, supporting opportunities for the individual, their families, and generations to come.

Indicators

- Percent of Wake County population under age 65 years without health insurance
- Primary Care Physicians (Physicians and PAs) per 10,000 population in Wake County
- Registered Nurses (RNs), Nurse practitioners (NPs), physician assistants (PAs), licensed practical nurses (LPNs), and physicians per 100,000 residents
- Crude Rate of Emergency Department Visits per 10,000 population
- Diabetes prevalence, flu vaccinations, hypertension data, and high cholesterol

Strategies

1. Strengthen the Wake County Healthcare System Safety Net
2. Prioritize preventative care through health education, literacy, and coordination
3. Coordinate transportation & mobile unit resources
4. Strengthen the Community Health Worker Consortium

ACCESS TO HEALTHCARE SCORECARD (2025)

Performance Measures

1. Strengthen the Wake County Healthcare System Safety Net

- A). Patient panel size (number of active patients seen in a 3-year period)
- B). Average wait times for new patient appointments and follow ups

2. Prioritize preventative care through health education, literacy, and coordination

- A). # of preventative health events in the community
- B). # of first-time attendees at preventative health events
- C). # of attendees who state they were able to apply information to improve their health

ACCESS TO HEALTHCARE SCORECARD (2025)

Performance Measures

3. Coordinate transportation & mobile unit resources

- A). # of outreach requests for mobile units
- B). # of patients seen
- C). # of events completed

4. Strengthen the Community Health Worker Consortium

- A). # of attendees
- B). # of connected CHWs
- C). % of involved CHWs who reported improvement in personal and professional development
- D). % of involved CHWs who reported connecting patients to new resources

QUESTIONS?



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