



Wake County Detention Facility

Resident Healthcare Plan

DRAFT

Adopted (Insert Date)

Table of Contents

Introduction	1
Purpose of this Healthcare Benefit Plan	1
Definition of Healthcare Services	1
Access to Care	1
Classification of Healthcare Services	1
Complaints and Grievances about Healthcare	2
Resident Co-Payment Requirements and Medicaid Reimbursement.....	2
Medical Services and Supplies Provided by Physicians and Other Healthcare Professionals	2
Diagnostic and Treatment Services	2
Laboratory, X-ray, and Other Diagnostic Tests.....	2
Treatment Therapies	3
Durable Medical Equipment	3
Educational Material, Classes, or Programs	3
Preventative Healthcare Services	3
Routine Immunizations.....	3
Medically Indicated Immunizations.....	3
Hepatitis A/B Vaccination for Occupational Risk as Clinically Indicated	3
Post-exposure Testing and Prophylaxis for Resident Non-occupational Bloodborne Pathogen Exposure	3
TB Related Services	3
HIV Related Services	3
Partner Elicitation and Referral for Sexually Transmitted Diseases, Including HIV	3
Testing for Communicable Diseases when Medically Indicated	3
Hepatitis C Antibody Testing when Medically Indicated	4
Post-exposure Prophylaxis for Varicella when Medically Indicated.....	4

Post-exposure Prophylaxis for Meningitis when Medically Indicated	4
Periodic Medical Assessments as Required for Certain Job Assignments	4
Periodic Physical Examination According to Frequency Designated in Policy	4
Health Education Services	4
Mammogram Services for Females when Medically Indicated.....	4
Pelvic Exam and Pap Smear for Females	4
Obstetrical Services.....	4
Surgical and Anesthesia Services Provided by Providers and other Healthcare Professionals	4
Services Provided in the Medical Observation Unit, Hospital, or Other Facility, and Ambulance Services	4
Medical Observation Unit	4
Ambulance	4
Medical Emergency Services.....	4
Mental Health Services	5
Pharmacy Services	5
Dental Services.....	5
Diagnostic/Preventive Dentistry Services by Primary Dentist	5
Dental X-rays.....	6
Prophylaxis.....	6
Oral Surgery by Primary Dentist	6
Adoption of Plan	6

Introduction

The Wake County Detention Facility (WCDF) Healthcare Benefit Plan describes the level, type, and variety of healthcare services made available to residents incarcerated within the WCDF.

Purpose of this Healthcare Benefit Plan

The purpose of this plan is the development of a written and duly adopted plan for providing medical care for residents in the custody of any Wake County local confinement facility as required by standards of medical care of incarcerated individuals as well as N.C.G.S. 153A-225. The plan's purpose is to protect the health and welfare of residents. The plan also provides for the detection, examination and treatment of contagious disease as well as the prevention of the spread of contagious disease. Finally, this plan provides for the medical supervision and emergency medical care for residents to the extent necessary for their health and welfare.

Definition of Healthcare Services

Healthcare, for the purposes of this Plan, is defined as health-related actions taken, both preventive and medically necessary, to provide for the physical and mental well-being of the resident population. Healthcare, among other aspects, includes medical services, dental services, and mental health services.

Access to Care

All residents shall have equal access to medically mandatory and/or necessary healthcare services. The WCDF has written procedures which describe the process for residents to gain access to the care needed to meet their medical, dental, and mental health needs. Residents are provided information at intake and upon receipt at their unit of assignment on the procedures for obtaining healthcare services.

Classification of Healthcare Services

For purposes of this Plan, healthcare services can be prioritized into the following classifications:

Medically Mandatory: Care that is essential to life and health and without which rapid deterioration is expected.

- Healthcare that is authorized and provided to all residents.

Medically Necessary: Care that is not immediately life threatening, but without which the resident could not be maintained without significant risk of serious deterioration or where there is a significant reduction in the possibility of repair later without treatment.

- Care and treatment of conditions is provided to all residents but evolving standard and practice guidelines control the extent of service.

Complaints and Grievances about Healthcare

If a resident believes that he/she has not received medical care which they believe is necessary and appropriate for his/her medical condition, the following mechanisms are available:

- The first step is asking questions of the treating professionals in the medical department to understand what is being done to address the issue.
- A resident also has the right to file a grievance in accordance with the appropriate resident grievance procedures.

Resident Co-Payment Requirements and Medicaid Reimbursement

If a visit to a healthcare provider meets resident healthcare co-payment criteria, the resident may be assessed a \$10.00 co-payment. Residents are afforded access to healthcare services regardless of their ability to pay. The plan shall utilize Medicaid coverage for inpatient hospitalizations or for and other Medicaid services allowable for eligible residents. The WCDF shall reimburse to the State the State portion of those costs, including the costs of the services provided and any administrative costs directly related to the services to be reimbursed, which reimbursement shall be made to the State's Medicaid program as allowed by N.C.G.S. 153A-225(a).

Medical Services and Supplies Provided By Physicians and Other Healthcare Professionals

All services are subject to a determination by the WCDF medical director or his/her designee of medical necessity.

- **Diagnostic and Treatment Services**
Professional services of providers:
 - In provider's office or department
 - Consultations by specialists when indicated
 - Office medical consultations
 - During a hospital stay
 - During medical observation
- **Laboratory, X-ray, and Other Diagnostic Tests**
Tests includes but are not limited to:
 - Blood tests
 - Urinalysis
 - Pathology

- X-rays
- Electrocardiogram
- **Treatment Therapies**
 - Respiratory and inhalation therapy
 - Intravenous (IV)/ Infusion therapy
- **Durable Medical Equipment**

Provision of necessary durable medical equipment, including repair and adjustment, as prescribed by the provider, such as:

 - Hospital beds
 - Standard wheelchairs
 - Crutches
 - Walkers
 - Blood glucose monitors
 - Suction machines
 - Oxygen (portable)
- **Educational Material, Classes, or Programs**
 - Health education material, classes, and programs are provided

Preventative Health Care Services

- **Routine Immunizations**
- **Medically Indicated Immunizations**
- **Hepatitis A/B Vaccination for Occupational Risk as Clinically Indicated**
- **Post-exposure Testing and Prophylaxis for Resident Non-occupational Bloodborne Pathogen Exposure**
- **TB Related Services**
 - Intake TB screening tests
 - Treatment of latent TB infection
 - Directly observed therapy for TB disease
 - Treatment for TB, including respiratory isolation when indicated
 - Contact investigation around active TB cases
 - Specialty consultation for drug-resistant TB cases
- **HIV Related Services**
 - HIV testing and counseling upon request (no more than every six months)
 - Antiretroviral therapy for HIV
 - Opportunistic infection prophylaxis
 - Infectious disease consultation for HIV infection as clinically indicated

- **Partner Elicitation and Referral for Sexually Transmitted Diseases, Including HIV**
- **Testing for Communicable Diseases when Medically Indicated**
- **Hepatitis C Antibody Testing when Medically Indicated**
 - Antibody Testing when Medically Indicated
 - Hepatitis C patients who are currently receiving treatment before incarceration will continue treatment until completed or released
- **Post-exposure Prophylaxis for Varicella when Medically Indicated**
- **Post-exposure Prophylaxis for Meningitis when Medically Indicated**
- **Periodic Medical Assessments as Required for Certain Job Assignments**
- **Periodic Physical Examination According to Frequency Designated in Policy**
- **Health Education Services**
- **Mammogram Services for Females when Medically Indicated**
- **Pelvic Exam and Pap Smear for Females**
 - Frequency may be adjusted by the provider when medically indicated (will be referred).
- **Obstetrical Services**
 - Prenatal and postnatal care, including medically indicated vitamins and nutritional care (will be referred).
 - Delivery and complications of pregnancy (on emergency basis only).
- **Surgical and Anesthesia Services Provided by Providers and other Healthcare Professionals**

Services Provided in the Medical Observation Unit, Hospital, or Other Facility, and Ambulance Services

All services are subject to a determination of medical necessity.

- **Medical Observation Unit**
 - Healthcare services at the WCDF for an illness or diagnosis that requires limited observation and/or management by a registered nurse but does not require admission to a licensed hospital.
- **Ambulance**
 - Local ambulance services when medically necessary

■ **Medical Emergency Services**

- A medical emergency is the sudden and unexpected onset of a condition or an injury that the Medical Director or his/her designee believes endangers life or could result in serious injury or disability and requires immediate medical or surgical care.

Mental Health Services

Diagnostic and treatment services when recommended by a qualified mental health provider (which shall include attending physicians or Physicians Assistants, psychiatrists, psychologist, and/or Licensed Clinical Social Workers), which services may include including:

- Professional services such as medication monitoring and management
- Outpatient services
- Psycho-social services as indicated
- Inpatient services provided by an approved facility, including as necessary, diagnostic evaluation, acute care, transitional care, and extended care
- Crisis management / Suicide prevention
- Continuity of care services
- Specialized mental health programs to include Medication Assisted Treatment (MAT) for opioid use disorders as well as other drug and alcohol intoxication withdrawal programs
- Emergency mental health services are available 24 hours a day seven days a week.

Pharmacy Services

Medically necessary medications are provided to residents when clinically indicated.

- Over the counter (OTC) medications are available per WCDF clinical protocol
- Acute medications (i.e., antibiotics) are dispensed as a course of therapy and may not be refilled without obtaining a new prescription from the provider
- Certain medications may be provided KOP (Keep on Person) based on policy

Dental Services

Eligibility for dental services:

- All residents are eligible for emergency or urgent needs.
- All residents are eligible for interceptive care subject to co-payment.
- All residents are eligible for routine care that is offered by the facility.
- Referrals for evaluation and treatment by specialists requires referral from the dentist.
- Dentists may request variation from the guidelines regarding eligibility and scope of services for the protection of residents judged to have special dental needs jeopardizing overall health.

- **Diagnostic/Preventative Dentistry Services by Primary Dentist**
 - Oral exam per sick call request
 - Development of treatment plan
 - Oral cancer examination
 - Visual aids
 - Consultations
- **Dental X-rays**
 - Bitewing
 - Single
 - Other X-rays
 - Full Mouth
 - Panoramic
- **Prophylaxis**
 - Oral hygiene instruction
 - Fluoride treatment
 - Infection control
- **Oral Surgery by Primary Dentist**
 - Single/multiple tooth extraction(s)

The WCDF Resident Healthcare Benefit Plan is intended to serve as a guide for determining the healthcare services provided to residents. It is not intended to represent an all-inclusive list of services to be provided nor to replace sound clinical judgment of the healthcare providers.

This Plan will be updated as necessary to reflect changes in policy, practice, and standards of care.

Adoption of Plan

This Plan has been reviewed and approved by the entities listed in N.C.G.S. §153A-225 and has been adopted by the governing board as required by law.