

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Alliance Behavioral Healthcare

**Please select your third Board preference: \***

Juvenile Crime Prevention Council

**Please select your fourth Board preference: \***

Population Health Task Force

**Please select your fifth Board preference: \***

Criminal Justice Partnership Advisory Board

**Please select your sixth Board preference: \***

Library Commission

Lauren

First Name

Carpenito

Last Name

Middle Initial

909 E Hargett ST

Street Address

Suite or Apt

Raleigh

City

NC

State

27601

Postal Code

**What district do you live in?**

None Selected

Mobile: (720) 226-7599

Primary Phone

Home: (720) 226-7599

Alternate Phone

lacarp14@gmail.com

Email Address

Huron Consulting Group

Employer

Healthcare Associate

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

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Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

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Raleigh

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**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

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I believe that everyone plays a role in their community, whether it's something as small as lending a neighbor something to borrow or stepping up as a community leader. I am eager to expand my community involvement in ways that align with my passions: healthcare, equity, and ensuring equal opportunities for everyone. I want to engage directly in my community, bringing my commitment to caring about people first and aiming to make a meaningful impact. I hope my career in healthcare, engineering background, and my previous experience serving on a board for my alma mater could be beneficial to the board.

**Work Experience**

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I have spent my career thus far in the healthcare sector and hold a Masters in Healthcare Administration from UNC. Healthcare is a system that touches everyone, and there are so many needs for improvement. I began my career as a management engineer at Duke Health, where I supported small community hospitals in a joint venture with Duke. My experience expanded as I worked with the Women's and Children's services at Duke, and I recently transitioned into healthcare consulting. In my current role, I work for with a wide variety of hospitals and health systems, continually broadening my expertise. Throughout my career, I have learned valuable project management skills and aim to consistently earn the trust of my clients.

**Volunteer Experience**

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I have found great enjoyment and purpose in being involved in various volunteer groups throughout my life. At Duke, I co-founded my department's DEI committee and served on the broader Duke Health Diversity, Equity, & Inclusion Leadership Council to foster cross-entity collaboration and address policy and strategy across DUHS. For the last three years, I served as chair for a young alumni board for Industrial and Systems Engineering at Virginia Tech. In this role, I led a 35-member young alumni board to support the department by providing professional and academic development opportunities for current students and engaging and developing a network of young alumni. Now that my time as chair on the board has concluded, I am excited to find my next involvement and hope to contribute to my community.

**Education**

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Masters of Healthcare Administration: UNC - Chapel Hill (2021 - 2023) B.S Industrial and Systems Engineering - Virginia Tech (2014 - 2019)

**Comments**

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While my background is in healthcare, there are many other areas that I'd be interested in learning more about! If there is a different board that you believe my background better aligns with, I would be interested in learning more! Thank you so much for your consideration.

[Carpenito\\_Resume\\_-\\_Dec\\_24.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

### Gender \*

Female

### Ethnicity \*

Caucasian

---

## Other

### How did you become aware of Wake County volunteer opportunities?

County Website

### If you selected "Other" above, how?

Please upload a file

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## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

Lauren Carpenito

# Lauren Carpenito, MHA

Lacarp14@gmail.com | (720) 226-7599 | [linkedin.com/in/lauren-carpenito](https://www.linkedin.com/in/lauren-carpenito)

## Work Experience

### Huron Consulting Group

Raleigh, NC

Healthcare Associate

October 2023 – Present

- Operationalized and oversaw the build of a Humanitarian Emergency Response and Relief Center for New York City Health and Hospitals to house 3,500 asylum seekers. Collaborated with over 20 different government agencies to create safe housing for asylum seekers and provide basic needs for adult and family with children populations to ultimately open the largest homeless shelter in the country.
- Partnered with the Huron Data & Analytics team at a multi-hospital system to generate new data findings from the MyRounding tool, develop action plans, and serve as project manager. Ensured data findings drove improvement opportunities and provided a clear outline for data use cases. Additionally completed pain point assessments and process maps on functional and technical issues.
- Drove operational efficiencies for a Safety Net hospital, saving over \$3.5 million on Clinical Throughput and Perioperative Services workstreams by restructuring the hospital governance structure, building KPI dashboards, developing various tools and documents, and providing continuous learning sessions for team members.

### Duke Health

Durham, NC

Women's & Children's Health System Engineer

October 2021 – September 2023

- Provided analytical and process improvement support on quality initiatives and system-wide projects for multidisciplinary DUHS Women's and Children's teams; present findings to C-level audience to receive leadership buy-in and alleviate solution barriers
- Utilized Lean and Six Sigma tools to transform the Women's service line into a "model cell area" to minimize patient length of stay as part of a larger health system goal to save \$5 million
- Project managed 29 teams with over 100 individuals to successfully move the Duke Family Planning Clinic to an inpatient unit over the span of four weeks to be in compliance with the new abortion regulations from Senate Bill 20
- Coordinated an \$86 million annual labor budget process for the service lines 1,000+ employees and assisted with the labor planning for 6 new Children's inpatient units and a new Women's postpartum unit
- Facilitated a Kaizen Event to improve the breast milk collection and delivery process across 11 Children's units which minimized patient safety events by 40% equating to \$60,000 in savings
- Automated monthly data pulls for Solutions for Patient Safety, a mandated monthly submission to ensure no child will experience serious harm, to streamline process, save time for front-line staff, and provide reoccurring analysis

Duke LifePoint Management Engineer

August 2019 – October 2021

- Provided technical support, solutions, and training to senior leadership and C-Suite members of 14 Duke LifePoint hospitals across 3 states
- Collaborated with multidisciplinary teams to develop standard metrics using the Balanced Scorecard framework to measure improvement; enabled common terminology amongst varying stakeholders from front-line staff to C-suite members when making decisions
- Developed and maintained 200+ automated dashboards and graphs for hospital departments to track, visualize and report performance on selected metrics; provided continuous technical training to directors

## Education

### The University of North Carolina at Chapel Hill

Chapel Hill, NC

Master of Healthcare Administration

Aug 2021 - Aug 2023

### Virginia Polytechnic Institute and State University (Virginia Tech)

Blacksburg, VA

B.S. Industrial and Systems Engineering with a minor in Business, Cum Laude

Aug 2014 - May 2019

## Volunteer Leadership Experience

### Diversity, Equity, & Inclusion Committee at Duke Health

Durham, NC

Founder + Co-Chair, Member

Fall 2020 – September 2023

- Implemented internal committee with 6 sub-committees and 20 members to initiate department-wide training and work directly with department and health system leadership to advance racial, social, and health equity within the department
- Serve on the Duke Health Diversity, Equity, & Inclusion Leadership Council to create cross-entity collaboration, address policy and strategy across DUHS, and provide both education and a safe space to discuss issues

### **Emerging Leaders Board for Industrial and Systems Engineering at Virginia Tech**

**Durham, NC**

*Chair*

*Fall 2019 - Present*

- Elected to lead a 35 member young alumni board to serve as an execution arm of the ISE Advisory Board
- Provide professional and academic development opportunities for current students; engage and develop a network of young alumni
- Outcomes: Increased student awareness by 70%, increased alumni awareness by 35%, increased diversity by 21%, increased donations among board members and other young alumni by 42%

### **Certifications and Skills**

**Certifications:** Six Sigma Green Belt Certification, IASSC

**Technical Skills:** SQL, Tableau, Python, VBA, MATLAB

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Nursing Home Community Advisory Committee

**Please select your second Board preference: \***

Nursing Home Community Advisory Committee

**Please select your third Board preference: \***

Council on Fitness and Health

**Please select your fourth Board preference: \***

Commission for Women

**Please select your fifth Board preference: \***

WakeMed Hospital Board of Directors

**Please select your sixth Board preference: \***

Rolesville Planning Board

Nicole

First Name

Staten

Last Name

Middle Initial

425 Shady Willow Lane

Street Address

Suite or Apt

Rolesville

City

NC

State

27571

Postal Code

**What district do you live in?**

None Selected

Mobile: (919) 395-1960

Primary Phone

Home: (919) 395-1960

Alternate Phone

nicole.robertsrn@gmail.com

Email Address

Gentiva Healthcare

Employer

Utilization Manager

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Rolesville

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**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

I am interested in serving on a Board/Commission because I believe that active engagement in community decision-making is essential to creating positive, lasting change. I am passionate about contributing my skills, knowledge, and experiences to help address the challenges facing our community. Serving on a Board or Commission would allow me to collaborate with other dedicated individuals to help shape policies and initiatives that improve the quality of life for residents. I am committed to working in a thoughtful, solutions-oriented manner, and I see this as an opportunity to both learn and contribute meaningfully to the community's growth and success.

**Work Experience**

With 30 years of experience as a Registered Nurse, I bring a wealth of knowledge in healthcare, patient advocacy, and community service that would be a valuable asset to a local Board or Commission. My extensive background has honed my ability to navigate complex systems, prioritize the needs of diverse populations, and collaborate across disciplines. I have developed strong problem-solving and leadership skills, which are essential for driving positive change in healthcare and community initiatives. Throughout my career, I've worked closely with patients, families, and healthcare teams, giving me a deep understanding of the challenges individuals face in accessing care, as well as the broader issues related to public health and wellness. I have a keen awareness of health disparities, and my experience working in both acute care and community settings has provided me with insight into the social determinants of health that influence outcomes. Additionally, I have been involved in mentoring and educating new nurses, which has strengthened my communication skills and my ability to work collaboratively with others. I am passionate about contributing to local policy and programs that improve health equity, enhance quality of care, and ensure that the needs of vulnerable populations are met. I believe my unique perspective as a seasoned healthcare professional would enable me to provide valuable input on healthcare-related issues, as well as contribute to broader community initiatives aimed at improving the quality of life for all residents.

**Volunteer Experience**

1. Volunteer for Gentiva Hospice 2. National Hospice and Palliative Care Association on the Philanthropy Committee. 3. NHCPPO- Professional Leadership and Education committee

**Education**

ASN- Nursing BSN- Bachelors in Health Management MBA- Business with a minor in finance

**Comments**

Thank you for the opportunity to serve.

[Nicole.Staten\\_Resume\\_V4\\_copy.docx](#)

Upload a Resume

\_\_\_\_\_  
If you have another document you would like to attach to your application, you may upload it below:

\_\_\_\_\_  
Please upload a file

---

## Demographics

Date of Birth

## Gender \*

Female

## Ethnicity \*

Caucasian

---

## Other

### How did you become aware of Wake County volunteer opportunities?

County Website

### If you selected "Other" above, how?

\_\_\_\_\_  
Please upload a file

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## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

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# NICOLE STATEN RN BSN MBA

(919) 395 - 1960 nicole.robertsrn@gmail.com

## PROFESSIONAL SUMMARY

Passionate Hospice Leader dedicated to mission-focused business strategy with over 20-years of leadership success. Drives growth, change and process optimization with forward-thinking vision and tactical planning. Excellent operational and relationship-building strengths.

## SKILLS

- Strategic Planning & Leadership
- Marketing & Business Development
- Proficient in Medicare Reimbursement
- Proficient in CMS Regs
- Project Management
- Lean Six Sigma
- Contract Negotiations
- Executive Leadership & Supervision

## EXPERIENCE

### Philanthropic Committee Member

January 2024 - Current

#### NATIONAL HOSPICE AND PALLIATIVE CARE ASSOCIATION- NHPCO

- The Council provides leadership and advances philanthropic opportunities for care at the end of life
- The objective of the Council is to execute the philanthropic initiatives of NHPCO and NHF, including the annual National Hospice Foundation Gala.

### Regional Director of Operational Excellence - October 2024

- Lead education, training, and operational efficiency for regional branches to ensure high-quality hospice care.
- Provide strategic leadership and support to branch teams, driving administrative objectives, staff orientation, and retention.
- Facilitate branch leader onboarding and development to promote effective leadership.
- Collaborate with clinical and operational teams to ensure best practices and high standards of patient care.
- Optimize operational performance, streamline processes, and ensure regulatory compliance.

### Executive Director Specialist

January 2024 - Current

#### GENTIVA (FORMERLY KINDRED AT HOME)

- Dedicated professional with extensive experience in organizational leadership support, including effective coverage for Administrator/Executive Director during vacancies
- Proven track record in facilitating comprehensive orientation programs for new leaders, ensuring smooth transitions and alignment with organizational goals
- Skilled in providing robust support for internal and external surveys and audits, enhancing compliance and operational efficiency
- Committed to advancing quality assessment and performance improvement through targeted education and oversight initiatives, driving excellence in service delivery.

## **Pharmacy Utilization Manager**

**January 2020 - January 2024**

### **GENTIVA (FORMERLY KINDRED AT HOME)**

- Manage the pharmacy contract to maximize value and mitigate financial risks while complying with regulatory requirements
- Collaborate with legal, contracting and finance departments to ensure compliance with regulatory requirements and internal policies
- Analyze procurement data, including spend analysis, pricing trends and vendor performance metrics, to drive informed decision-making
- Collaborate with vendors to ensure timely delivery, quality assurance and adherence to contractual terms.
- Prepare and analyze financial reports, budgets and forecasts related to pharmacy contract costs
- Provide insights and recommendations to the C-suite executives to optimize procurement processes and achieve financial goals
- Lead, facilitate, and collaborate with Gentiva Executive Leadership team in implementing new initiatives, addressing concerns, and optimizing the location's operational financial performance.

## **Senior Implementation Consultant (nationwide)**

**January 2016 - January 2020**

### **HEMOCARE HEMOCARE SOFTWARE**

- Results-driven with EMR Healthcare Software Implementation professional with a strong background in guiding healthcare organizations through the successful implementation of HCHB software solutions including the tableau suite
- Demonstrated expertise in analyzing client needs, configuring software systems, and managing the entire implementation lifecycle
- Skilled in translating complex clinical and billing processes into user-friendly software configurations, ensuring seamless integration with existing systems and workflows
- Proven ability to collaborate with cross-function including finance/billing, IT, and project management, to ensure project success and customer satisfaction
- Exceptional, problem-solving, communication, and stakeholder management skills contribute to delivering high-quality implementations on time and within budget
- Committed to driving compliant reimbursement process improvements and optimizing revenue cycle management through effective software implementation.

## **Regional Hospice Administrator (nationwide)**

**January 2014 - January 2016**

### **HEARTLAND HOSPICE / HCR MANORCARE**

- Accomplished Administrator with proven track record in overseeing operations and driving census growth within the assigned region
- Demonstrated expertise in budgeting, census growth, Medicare reimbursement, revenue cycle management and compliance
- Skilled in analyzing data, identifying trends, and implementing strategies to optimize growth and financial performance while ensuring regulatory compliance

- Proven ability to collaborate with cross-functional teams, including clinical and marketing, resulted in developing sales strategies that exceeded our census goals.

**Contract Clinical Implementation Specialist (nationwide)**

**January 2013 - January 2014**

**SUNCOAST SOLUTIONS**

- Hired as a Contractor to assist with the upgrade of the Home Health and Hospice software and managing the remainder of the contract after the company was purchased
- Assisted with the development of Oasis C1, Icd-10, Hospice Pharmacy Import and Hospice Item Set within the software
- Provided support and training prior to onsite go live; afterwards provided workflow consultations and training to the client to ensure a smooth and successful transition
- Performed project management duties including creation of status reports, work plans and presentations to clients' leadership.

**Regional Director of Operations**

**December 2010 - January 2013**

**AMEDISYS HOME HEALTH AND HOSPICE**

- Oversaw the operations for hospice and home health locations, managing a team of 11 direct reports 25+ indirect reports
- Developed and implemented strategies to optimize revenue generation and control expenses, resulting in census growth over 18% within 12 months
- Conducted financial analysis and provided regular reports to executive leadership, offering insights and recommendations for decision-making
- Implemented best practices for revenue cycle management, leading to improved cash flow, reduced A/R days, and increased collection rates
- Streamlined processes and systems, enhancing operational efficiency and accuracy
- Monitored and ensured compliance with Medicare, Medicaid and commercial insurance regulations, mitigating financial risks
- Collaborated with the executive leadership team to develop and execute strategic plans, ensuring alignment with financial goals and objectives.

**Marketing Clinical Coordinator**

**December 2006 - December 2010**

**DUKE HOME HEALTH AND HOSPICE**

- Assisted in developing, directing, and implementing marketing strategies to increase home health and hospice business as it related to the strategic plan
- Developed and maintained referral relationships by planning and implementing strategic sales efforts
- Successfully established relationships with all three Duke Hospitals increasing revenue and census
- Responsible for all aspects of marketing, generating targeted provider lists, provider relations.

**Nurse Consultant**

**December 2004 - December 2006**

**United Clinical Services (division of Pruitt Corporation)**

- Offer comprehensive guidance and assistance to hospice and home health offices across the designated region

- Focused on enhancing compliance, best practices, policy development, performance improvement planning, survey readiness, and auditing, as well as delivering orientation, in-services, and ongoing education
- Provide in-person support during both ongoing and initial surveys, demonstrating adept analytical and problem-solving skills for timely recommendations
- Assume accountability for offices' financial and compliance aspects, while also taking charge of new hospice office setup, including property acquisition, staff recruitment, contract negotiations and training
- Maintain a meticulous budget for new office launches.

## **Patient Care Coordinator**

**January 2001 - December 2004**

### **HEARTLAND HOSPICE AND HOME HEALTH**

- Directed the clinical activities of the agency; planned and evaluated professional health services; conferred with other administrative staff to assure that services were provided at quality levels consistent with professional standards and goals
- Provided clinical leadership and oversight to interdisciplinary teams, ensuring the delivery of high-quality patient care in compliance with regulatory standards
- Developed and implemented policies, procedures and protocols to ensure adherence to hospice regulations and accreditation standards
- Led interdisciplinary care team meetings, facilitating care planning and coordination to meet the individual needs of patients and families
- Implemented quality improvement initiatives, analyzing clinical outcomes, and driving continuous improvement in patient care and service delivery
- Provided training, mentoring and professional development opportunities to staff members promoting growth and competency in delivering evidence-based care
- Collaborated with medical directors, branch managers and community organizations to promote seamless care transitions and enhance the overall patient experience.

## **EDUCATION**

Master of Business Administration, Healthcare Management

**Liberty University, Lynchburg, VA**

Bachelor of Science, Healthcare Management

**Mount Olive University, Mount Olive, NC**

Bachelor of Science, Nursing

**Gwynedd Mercy University, Gwynedd Valley, PA**

Lean Six Sigma Green Belt

**Six Sigma Global Institute**

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Board of Adjustment

**Please select your third Board preference: \***

Juvenile Crime Prevention Council

**Please select your fourth Board preference: \***

Domestic Violence Fatality Review Team

**Please select your fifth Board preference: \***

Wake County Water Partnership

**Please select your sixth Board preference: \***

None Selected

Roshan

First Name

Shoukat

Last Name

Middle Initial

733 Grace Hodge Dr

Street Address

Suite or Apt

Cary

City

NC

State

27519

Postal Code

**What district do you live in?**

None Selected

Home: (919) 717-0447

Primary Phone

Home: (919) 717-0447

Alternate Phone

roshan.shoukat@icloud.com

Email Address

Black & White Coffee Roasters

Employer

Barista

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Cary

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## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

I'm interested in serving on a Board or Commission because I want to be involved in the kind of work that genuinely impacts people's lives. I've had experiences in different leadership roles where I've seen firsthand how meaningful decisions and policies can change things for the better. I want to be part of a group that listens to the community and works towards practical solutions in areas that really matter and I'm glad I was able to find an opportunity like this to share my interests and make Wake County a better place.

## Work Experience

Wake County Board of Elections - Election Assistant Black & White Coffee (RDU Airport) - Barista

## Volunteer Experience

Wake County Public Libraries - Teen Leadership Corps NC DHHS - Problem Gambling Advocate (Student Perspective) Dorcas Ministries - Cashier/Bagging Green Hope High School Media Center - General Volunteer

## Education

Green Hope High School - HS Diploma

## Comments

[nga\\_resume.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

Roshan Shoukat

**Gender \***

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Male

**Ethnicity \***

---

Asian

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

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County Website

**If you selected "Other" above, how?**

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Please upload a file

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**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

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## ABOUT ME

Dedicated and accountable student with a background in public affairs, seeking an internship at NGA. Specialties include threat assessment, crisis management, and teamwork.

### Qualifications

- Certified in Premiere Pro, Photoshop, and Illustrator by Adobe
- Awarded 5th place in North Carolina for Advertising Design at SkillsUSA

### Core Skills

- Honest
- Adaptable
- Respectful
- Proactive

## EXPERIENCE

### Student, Federal Bureau of Investigation (FBI) Teen Academy

July 2024 - Present

- Selected by the Charlotte Field Office from teenagers across North Carolina and South Carolina to participate in a highly competitive week-long program shadowing FBI Special Agents, Support Agents, and staff.
- Instructed on and executed self defense, anti-sextortion, anti-terrorism, and criminal investigative tactics (gathering evidence, interviewing witnesses, analyzing case studies).
- Worked in a team to identify potential problems and provide unique resolutions for closed FBI cases with guidance from intelligence analysts, language specialists, and other professional staff.
- Currently serve as a peer mentor for students at Green Hope High School, a resource against criminals.

### Job Shadow, Town of Cary PIO (Public Information Officer)

May 2024 - Present

- Shadowed the Public Information Officer of my Town for three months, assisting citizens at public information sessions and creating content for the Town's social media accounts.
- Participated in the Town's Emergency Operations Center for the annual Lazy Daze Arts and Crafts Festival which was a gathering of thousands of people and over 250 artists from across the country. Monitored social media accounts for any crises not reported through official channels and sent reminders to citizens during the festival ensuring that they were aware of hydration, safety, and recycling centers.
- Submitted an extensive blueprint for a potential Town of Cary PIO internship detailing internship objectives, how the student and the Town will benefit from the internship, and potential hurdles for the creation of program.

### Officer of the Day, Black Falcons Cybersecurity Team

April 2022 - Present

- Competed in three seasons of the Air Force Association's CyberPatriot competition as a networking specialist, solving security challenges related to the configuration of network topologies and computer networks.
- Worked in a highly competitive and ambitious team to win the title of first place in North Carolina while focusing on Cisco Packet Tracer, Ubuntu, and Debian.
- Currently lead the user interface team of my school's first ever emergency communications app created after the 2024 Apalachee High School mass shooting to ensure that teachers at my school are armed with a mobile panic button.
- As Officer of the Day (permanent board position), maintained attendance records and lead communications.

### Social Media Manager, Varsity Baseball at Green Hope

February 2023 - Present

- Posted live in-game recordings of hits and runs, team hangouts, and player statistics.
- Operated in a fast-paced, detail-oriented environment under scrutiny from multiple stakeholders, including coaches, fans, players, and school administrators.
- Grew the X (Twitter) account by 11% YoY and the Instagram account by 12% YoY.
- Reached over 2200 unique accounts on X (Twitter) and over 3000 unique accounts on Instagram in the Spring 2024 season.
- Managed sponsorships and fundraisers with organizations such as Chipotle Mexican Grill, Panera Bread, and Howdy Homemade Ice Cream.
- Nominated by school officials to create and lead the new Varsity Basketball social media team in the Winter 2024 season.



**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

None Selected

**Please select your second Board preference: \***

None Selected

**Please select your third Board preference: \***

None Selected

**Please select your fourth Board preference: \***

None Selected

**Please select your fifth Board preference: \***

None Selected

**Please select your sixth Board preference: \***

None Selected

IRVING

First Name

L

Middle Initial

TRUST

Last Name

1561 Majors Cup Way

Street Address

Suite or Apt

FUQUAY VARINA

City

NC

State

27526

Postal Code

**What district do you live in?**

None Selected

Mobile: 2152807603

Primary Phone

Mobile: 2152807603

Alternate Phone

iltrph@gmail.com

Email Address

Retired

Employer

Registered Pharmacist  
(active license for 2024 & 2025)

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Fuquay-Varina

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**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

I am currently a member of the HHS Subcommittee which has spanned for two years. My position is as a Public Member and would like to elevate my participation to the full Board. I have been an active participant in many discussions and suggested solutions for this Board, along with an excellent record for attendance. Now that I have fully retired from pharmacy, it has afforded me the time to give back to Wake County and share my professional experience of over 46 years to help lend my expertise to provide input and solutions to the many challenges within our healthcare system. My goal is to help provide comprehensive health initiatives to increase our health scores within our county and attain positive outcomes from common sense medical decisions needed to affect many positive changes.

**Work Experience**

I have been actively practicing in the registered pharmacy space in such areas as Community Pharmacy, Pharmacy Benefits Management and Formulary Compliance, Mail Order Pharmacy, Infertility Pharmacy, Hospice Pharmacy, and Licensed Immunizer since 2007. My positions were with CVS, Shop Rite Pharmacy, Medco Health Solutions, Alliance Outpatient Pharmacy in Abington, PA, and over the past 20 years at Costco Pharmacy.

**Volunteer Experience**

I currently volunteer as a docent at the Capitol Building in Raleigh (3 yrs), North Carolina Museum of History in Raleigh (2 yrs), Along with those current activities, I am a member of the WC HHS Subcommittee as a public representative (2 yrs), a member of Wake Overdose Prevention Coalition Subcommittee (2 yrs), and a public representative on the Wake County HHS Subcommittee (2 yrs)

**Education**

B.A. Biology 1975 from Temple University, Philadelphia, PA B.S. Pharmacy 1978 from Temple University School of Pharmacy

**Comments**

I look forward to joining this Board to lend my volunteer service and professional expertise along with working with other esteem health professionals to keep our residents healthy and an excellent quality of life.

[Irv\\_Trust\\_CV\\_2024.docx](#)

Upload a Resume

[NC\\_License\\_2025.pdf](#)

If you have another document you would like to attach to your application, you may upload it below:

\_\_\_\_\_  
Please upload a file

---

## Demographics

Date of Birth

### Gender \*

Male

### Ethnicity \*

Caucasian

---

## Other

### How did you become aware of Wake County volunteer opportunities?

Current Wake County Volunteer

### If you selected "Other" above, how?

---

\_\_\_\_\_  
Please upload a file

---

## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

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**IRVING L. TRUST, R.Ph.**  
1561 Majors Cup Way Fuquay-Varina, NC 27526  
(215)280-7603  
iltrph@gmail.com

**OBJECTIVE:** An Experienced Pharmacist seeking a position in the Triangle area. Looking for an organization that I can satisfy customers, help grow the business and work together with my teammates.

**PROFESSIONAL EXPERIENCE**

**Costco Pharmacy, Staff Pharmacist**

**Apex, NC**

**June, 2014 to April, 2024, Retired**

Responsible for providing staff support as dictated by the needs of the pharmacist in charge . Duties include all levels of all corporate expectations as dictated by full time pharmacist job description.

**Costco Pharmacy, Pharmacy Manager**

**North Wales, PA**

**February, 2005 to May, 2014**

Responsible for complete operation of the pharmacy which includes, but is not limited to scheduling staff, hiring of personnel, inventory management, maintaining excellent customer service, interfacing with warehouse management, filling and compounding prescriptions, participating in wellness seminars, and monitoring compliance for state and federal laws.

**Medco Health Solutions, Regional Consultant Pharmacist**

**Franklin Lakes, NJ**

**April, 2008 to April 2010**

Responsible for formulary compliance via a scripted approach for physicians and physician's representatives. I was required to make up to 50 calls per day to improve patient outcomes both medically and fiscally. This was done as a team with 170+ pharmacists throughout the United States.

**CVS Pharmacy, Staff Pharmacist**

**Glenside, PA**

**December, 2005 to September, 2011**

Responsible for counseling patients on correct use of prescription therapy, maintain proper inventory levels, manage pharmacy technician(s) currently on staff, follow all corporate mandated programs and policies.

**Shop Rite Pharmacy, Pharmacy Manager**

**Cheltenham, PA**

**August, 2002 to December, 2005**

Directly report to store owner/CEO, implement new programs for increased sales and customer base, fiscal/inventory controls, schedule and interview/hire support personnel, insure Corporate compliance for pharmacy operation (Wakefern Corp.), work with Medicare programs to generate pharmacy sales, and provide expert counseling to aid in the decrease of drug-nutrition depletion.

**CVS Pharmacy, Staff Pharmacist**

**Glenside/Chestnut Hill, PA**

**November, 2001 to August, 2002**

Responsible for inventory control, creating new avenues for sales, instill customer service in positive direction, follow and implement pharmacy objectives and policies, vitamin specialist, nutritional counseling, otc & DME product selection, and therapy compliance.

## **EDUCATION**

Temple University  
Philadelphia, PA  
B.SC. (PHARM.)

Temple University  
Philadelphia, PA  
B.A. (BIOLOGY)

## **ORGANIZATIONS**

Temple University School of Pharmacy Alumni Association Executive Board  
Philadelphia, PA

Various positions held such as: Life Member, Vice President, Treasurer, Executive Board Member and Chairman to Student Relations

Active Pharmacist Licenses and Immunization in PA, NJ, and NC  
State of PA- (030296L) July, 2007 to present  
State of NJ-(28RI01994500) March, 2011 to present  
State of NC (21697) - May, 2011 to present

Docent/Volunteer at NC Capitol Building, Raleigh, NC  
9/22-present  
Providing interpretive tours for school aged children and legislative Pages.

Member of Wake County Health and Human Services Sub Committee  
Public Representative providing professional expertise for Senior Initiatives, Waste Water Management, Storm Drain Runoff, School Health Programs  
10/22-present

Member of Subcommittee Wake County Drug OD Prevention Coalition  
10/22-present  
Providing professional expertise to help support programs to reduce opioid epidemic in North Carolina

Docent/Volunteer at NC Museum of History, Raleigh, NC for Drug Store Exhibit and NC Sports Hall of Fame  
10/23-present

North Carolina Association of Pharmacists  
Member 2024

**NORTH  
BOARD OF**



**CAROLINA  
PHARMACY**

# 2025 Pharmacist

This is to certify that  
**Irving Louis Trust**

Is registered and entitled to practice as a Pharmacist as authorized under the North Carolina Pharmacy Practice Act for the year ending December 31st, 2025. This certificate is revocable for the causes specified in the law and must be conspicuously displayed in the pharmacy where holder practices.

*IN WITNESS WHEREOF, The President and Executive Director Hereunto Affix Their Signatures*

*Christopher M. Sain*  
PRESIDENT

11/01/2024  
Re-Issued

*John G. Jelle*  
EXECUTIVE DIRECTOR

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Commission for Women

**Please select your third Board preference: \***

Juvenile Crime Prevention Council

**Please select your fourth Board preference: \***

Council on Fitness and Health

**Please select your fifth Board preference: \***

Library Commission

**Please select your sixth Board preference: \***

GoTriangle Board of Trustees

Brianna

First Name

L

Middle Initial

Johnston

Last Name

1710 Tiffany Bay Ct

Street Address

Suite or Apt

Raleigh

City

NC

State

27609

Postal Code

**What district do you live in?**

None Selected

Home: (910) 317-1568

Primary Phone

Mobile: (910) 317-1568

Alternate Phone

familyjoy3@gmail.com

Email Address

Veradigm

Employer

Operation Analyst

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

---

## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

I would like the opportunity to give back to my community and make a tangible difference in people's lives.

## Work Experience

For most of my time in Wake County I have worked with Early Childhood Education. For a year now I have been working in the corporate world with Veradigm and I'm enjoying being a part of this organization.

## Volunteer Experience

Most of my volunteer Experience is working with children and child care however I have worked with Parks and Rec, Cheer programs, ESL, and adult Non-Reading programs. I also participate in a variety of fund raising events and one time volunteer events (book drives, clothes donations, trash pick up, packing back packs, can food drives, walks/runs).

## Education

My background is Human Resource Management but I am a student of life. I love LinkedIn Learning, Youtube learning, books, and conferences. I try to learn a variety of topics so I can be more aware of issues going on around me and ways I might learn to help.

## Comments

---

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

---

## Demographics

Date of Birth

Brianna L Johnston



**Gender \***

---

Female

**Ethnicity \***

---

Caucasian

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

---

Other

**If you selected "Other" above, how?**

---

co worker suggested I learn about Wake County Volunteer opporunities and pointed me to the website

---

Please upload a file

---

**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Library Commission

**Please select your third Board preference: \***

Jury Commission

**Please select your fourth Board preference: \***

Board of Adjustment

**Please select your fifth Board preference: \***

Planning Board

**Please select your sixth Board preference: \***

Open Space and Parks Advisory Committee

Gloria

First Name

G

Middle Initial

Hope

Last Name

2926 Suncrest Village Ln

Street Address

Suite or Apt

Raleigh

City

NC

State

27616

Postal Code

**What district do you live in?**

None Selected

Mobile: (919) 601-6958

Primary Phone

Mobile: (919) 601-6958

Alternate Phone

gghope5@gmail.com

Email Address

North Carolina Department of Environmental Quality

Employer

Environmental Specialist I

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

---

## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

I want to serve my local area and ensure that citizens like myself have a voice in local and community proceedings. I also would like to put my knowledge and education to work in becoming involved with local politics, events, and processes.

## Work Experience

Environmental Specialist I: North Carolina Department of Environmental Quality Graduate  
Research Assistant: Appalachian State University Research Consultant: SRS Real Estate  
Partners Research Assistant: Southeast Regional Climate Center

## Volunteer Experience

Library Volunteer: Duraleigh Library Volunteer: #Fight4Her NC

## Education

Master's Degree (5/2025): Appalachian State University (expected) GIS Certificate (5/2025):  
Appalachian State University & North Carolina State University (expected) Bachelor's Degree  
(05/2022): University of North Carolina at Chapel Hill

## Comments

Thank you for considering my application!

[Gloria\\_Hope\\_GIS\\_Resume\\_10\\_07.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

---

## Demographics

Date of Birth

**Gender \***

---

Female

**Ethnicity \***

---

Caucasian

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

---

County Website

**If you selected "Other" above, how?**

---

Please upload a file

---

**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

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## Gloria Hope

2926 Suncrest Village Lane

Raleigh, NC 27616

(919) 601-6958

[gghope5@gmail.com](mailto:gghope5@gmail.com)

## SKILLS

- Geographic information software: ArcGIS Suite, QGIS, GeothinQ
- Python, Arcade, and R programming languages
- Microsoft Office Suite
- Environmental modeling using Matlab
- Adobe Photoshop & Creative Cloud

## EXPERIENCE

### **North Carolina Department of Environmental Quality** - *Intern/Environmental Specialist I*

June 2024 - Present

- Used ArcGIS StoryMaps to create informative public-facing maps
- Used ArcGIS Online to create interactive & user-friendly webmaps
- Corrected river basin plans and other documents for grammar and punctuation

### **Appalachian State University** - *Graduate Research Assistant*

August 2023 - Present

- Facilitated exams and provided feedback
- Assisted faculty with research objectives in political geography
- Digitized course content

### **SRS Real Estate Partners** - *Research Consultant*

June 2022 - July 2023

- Used Adobe Photoshop to create maps from aerial imagery showing real estate markets
- Used ArcGIS Pro to create maps showing overviews of markets within urban areas
- Managed projects from 10+ real estate agents seeking information for clients
- Used ArcGIS Online to create client-facing web maps and webapps

### **Sonder Energy** - *Intern*

March 2022 - May 2022

- Used specialized software to identify land suitable for potential development
- Reached out to and communicate with landowners as part of acquisition process
- Identified aspects that define land suitability for solar plant development

### **Southeast Regional Climate Center** - *Research Assistant*

July 2021 - May 2022

- Generated datasets and tables using software and programming languages
- Generated maps using GIS software, programming scripts, and a combination of both
- Communicated findings and analyses of datasets, tables and maps
- Created, edited and submitted research-related documentation

---

## EDUCATION

**Appalachian State University** - *MA Geography (expected)*

August 2023 - May 2025

Major: Geography; Thesis Option

**North Carolina State University** - *Graduate Certificate (incomplete)*

August 2022 - May 2023

Focus: Geographic Information Systems Technology

**University of North Carolina at Chapel Hill** - *BA Geography*

August 2018 - May 2022

Major: Geography, Concentration: Geographic Information System

Minor: French

Designated with Honors and Distinction, completed Senior Honors Thesis

## PUBLISHED PAPERS

Hope, Gloria. 2022. Mold Growth by Climatological Factors In the Southeastern United States.

<https://doi.org/10.17615/pcm2-x411>

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Capital Area Workforce Development Board

**Please select your third Board preference: \***

None Selected

**Please select your fourth Board preference: \***

None Selected

**Please select your fifth Board preference: \***

None Selected

**Please select your sixth Board preference: \***

None Selected

Abigail

First Name

Roush

Last Name

Middle Initial

8829 Juaquin Ln

Street Address

Suite or Apt

Raleigh

City

NC

State

27603

Postal Code

**What district do you live in?**

None Selected

Mobile: (864) 991-5802

Primary Phone

Mobile: (864) 991-5802

Alternate Phone

abigailroush1@gmail.com

Email Address

S&P Global

Employer

Product Manager

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

---

**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

The Triangle has been my home for eight years, and I've developed a deep appreciation for everything this community has to offer. I'm excited by the region's growth and potential, and I'm passionate about supporting our diverse population. I believe all residents should have access to essential resources, including social services, food, housing, healthcare, and economic opportunities. I am eager to contribute in a more direct and meaningful way, helping to address these needs and ensure the well-being of our neighbors.

**Work Experience**

My career has centered around supporting Investor Relations professionals, starting in advisory and consulting roles, progressing into customer success, and now in product management. Throughout, I've led cross-functional teams, shaped strategic communication plans, and managed competing priorities to ensure critical projects reach completion. My product development experience emphasizes continuous improvement—incorporating feedback and iterating on previous work to achieve better outcomes. This mindset of adaptability, collaboration, and progress is what I will bring to the Health & Human Services Board.

**Volunteer Experience**

I have been a long-time volunteer with a Raleigh-based nonprofit, Designed For Joy since its founding in 2017, and I currently serve as a member of the Executive Board as Fundraising Committee Chair. Designed For Joy provides a transitional work experience that offers stability through immediate employment and support to women in crisis, addressing challenges like homelessness, food insecurity, domestic violence, trafficking, addiction, and interactions with the justice system. Through this role, I've gained firsthand insight into the gaps in our public services, which has strengthened my commitment to being more involved. Additionally, I volunteer with the SPCA of Wake County and the Food Bank of Central & Eastern NC.

**Education**

I hold a Bachelor of Arts in Mathematics and a Bachelor of Arts in Economics from Winthrop University (May 2016), as well as a Graduate Certificate in Quantitative Business Economics from the University of North Carolina at Greensboro (2022).

**Comments**

[AbigailRoush\\_Resume\\_WakeCoBoardsCommissions.pdf](#)

Upload a Resume



\_\_\_\_\_  
If you have another document you would like to attach to your application, you may upload it below:

\_\_\_\_\_  
Please upload a file

---

## Demographics

Date of Birth

### Gender \*

Female

### Ethnicity \*

Caucasian

---

## Other

### How did you become aware of Wake County volunteer opportunities?

Other

### If you selected "Other" above, how?

WakeUP Wake County website

\_\_\_\_\_  
Please upload a file

---

## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

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# ABIGAIL ROUSH

(864) 991-5802 | abigailroush1@gmail.com | <https://www.linkedin.com/in/abigailroush/>

As a natural-born problem solver, I believe that personal wellness and creativity are essential to moving the collective toward a better future. With a proven track record of anticipating and addressing client needs, I collaborate effectively with key stakeholders to achieve shared goals. My passion lies in product development, making connections, and discovering and sharing creative solutions. I am committed to continuous personal and professional growth, and I actively engage in my community by volunteering my time and skills to local nonprofits that address systemic needs at the individual level.

## EXPERIENCE

### S&P GLOBAL | Raleigh, NC

Product Manager – Investor Relations Digital | Sep 2023 – Present

- Lead a cross functional team that owns internally-used onboarding products supporting the digital transformation and adoption of our B2B investor relations workflow management tool.
- Develop clear product requirements, user stories, and acceptance criteria to deliver features using Agile methodology and tools like Jira and Confluence.
- Communicate roadmap to Product leadership and internal stakeholders, driving alignment and understanding of value.
- Strategize with leaders across Product, Technology, Sales, Client Services, and StratOps to prioritize our product roadmap and define our approach to migrate clients from legacy product to new, enhanced offering.
  - Illustrate migration project progress via PowerBI dashboards available to internal stakeholders.
  - Provide up-to-date onboarding documentation and training to Product and Client Services.
- Designed and established request process for internal access to direct application & admin tools to enhance data security and improve auditing/reporting.

Client Services Senior Associate, Team Lead – Research, Advisory & Specialty Solutions | Sep 2019 – Sep 2023

- Hired and onboarded four new team members in a new center of excellence: Islamabad, Pakistan. Trained the team on our digital Investor Relations workflows, customer service practices, and tools such as Salesforce and Cisco Finesse.
- Revamped the Client Services training program, clarifying our goals, updating our course evaluations, and migrating our program to another platform.
- Established documentation for workflow guides, best practices, and team structure organization.

### IHS MARKIT (Acquired by S&P Global) | Raleigh, NC

Associate – Research and Analysis | Jun 2016 – Jan 2019

- Investor relations consultant providing actionable insight on shareholder movement, investor targeting, equity markets, corporate activism, and industry best practices. Clients ranged from recent IPOs to Dow Components within the tech sector.
- Collaborated with clients on reporting to the C-Suite and/or Board of Directors.
- Analyzed DTC settlement data for clients to determine weekly, monthly, and quarterly shareholder transactions.
- Provided timely trading updates, sector analysis, and market insights to the clients daily.
- Extensive use of FactSet, Morningstar, EDGAR, IAPD, Excel, and Reuters.

## EDUCATION

### UNIVERSITY OF NORTH CAROLINA at GREENSBORO, Spring 2022 | Graduate Certificate in Quantitative Business Economics

Relevant Course Work – Data Methods in Economics, Predictive Analytics, Economic Policies & Impact on Global Outcomes, Time Series & Forecasting

### WINTHROP UNIVERSITY, Class of 2016 | Bachelor of Arts in Mathematics, Bachelor of Arts in Economics, GPA: 3.859

## VOLUNTEER EXPERIENCE

### Designed For Joy | Raleigh, NC

Board Member, Fundraising Committee Chair | Jan 2024 – Present

President of the Founding Giving Circle

### Women's Initiative for Networking & Success (WINS), Mid-Atlantic | S&P Global

Board Member, Nonprofit Partner Management & Volunteer Coordinator | Mar 2023 – Present

## Food Bank of Central & Eastern North Carolina | Raleigh, NC

Distribution & Community Garden Volunteer | Jul 2021 – Present

### RECENT PROJECTS

- User Management & Data Control Hub: manages data security and integrity for three internal & external tools.
- CRM Data Migration Tool: enables data readiness for 800 clients, a critical step in the overarching migration process from our legacy product to our new IR workflow management tool.
- CRM Data Import Tool: new innovation designed to automate activity logging and participant matching.

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Nursing Home Community Advisory Committee

**Please select your second Board preference: \***

Adult Care Home Community Advisory Committee

**Please select your third Board preference: \***

Human Services Board

**Please select your fourth Board preference: \***

None Selected

**Please select your fifth Board preference: \***

None Selected

**Please select your sixth Board preference: \***

None Selected

Laurie

First Name

K

Middle Initial

Scott

Last Name

215 Twin Oaks

Street Address

Suite or Apt

Cary

City

NC

State

27511

Postal Code

**What district do you live in?**

None Selected

Mobile: (919) 349-7780

Primary Phone

Mobile: (919) 349-7780

Alternate Phone

lauriescott23@yahoo.com

Email Address

Retired

Employer

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Cary

---

## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

Volunteered for NH CAC 2009 - 2015

## Work Experience

Individual Care Manager

## Volunteer Experience

NHCAC, Farminton woods PTA

## Education

Wake Tech AAS Human Services Tech. Concentration in gerontology 2009 Various certificates in cognitive decline, aging, Senior health.

## Comments

I do not have an updated resume'. I found in my files one of the last CAC reports I wrote. I was doing this on my phone if you need extra documentation I will provide when I get to my computer.

Upload a Resume

[16\\_Wellington.doc.pdf](#)

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

---

## Demographics

Date of Birth

**Gender \***

Female

Laurie K Scott

**Ethnicity \***

---

Caucasian

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

---

None Selected

**If you selected "Other" above, how?**

---

Please upload a file

---

**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

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**Community Advisory Committee  
Quarterly/Annual Visitation Report**

County: Wake	Facility Type <input type="checkbox"/> Family Care Home  <input type="checkbox"/> Adult Care Home  <input checked="" type="checkbox"/> Nursing Home	Facility Name: Sunnybrook  Census: 90/95
Visit Date and day of the week 8/22/16 Monday	Time spent in facility 1hr hours minutes	Arrival time 1PM
Name of person(s) with whom exit interview was held Beth Holland New Admin 6/16		Interview was held in person
Committee members present: Laurie Scott & Jack van Dijk		
Number of residents who received personal visits from committee members residents 2 family 1 staff		5 Report completed by: Jack van Dijk
Resident Rights information is clearly posted? y	Ombudsman contact information is correct and clearly posted: Yes - in Activity Room!	
The most recent survey was readily accessible (Required for NHs only – record date of most recent survey posted) : Yes 5/19 corrections completed 7/22	Staffing information clearly posted? Yes confusing due to breakdown of staffing	

<b>Resident Profile</b>	<b>Yes No N/A</b>	<b>Comments/Other Observations (please number comments)</b>
1. Do the residents appear neat, clean and odor free?	N	1.) one new resident hadn't had a shower since arrival didn't know they were available. just a washbasin wash offered. 2.) barely did not witness any help
2. Did residents say they receive assistance with personal care activities? (i.e. brushing their teeth, combing their hair, inserting dentures or cleaning their eyeglasses)	Y	
3. Did you see or hear residents being encouraged to participate in their care by staff members?	N	
4. Were residents interacting with staff, other residents & visitors?	N	
5. Did staff respond to or interact with residents who had difficulty communicating or making their needs known verbally?	N/A	
5a. Did staff members wear nametags that are easily read by residents and visitors?	N	
6. Did you observe restraints in use?	N	
7. If so, did you ask staff about the facility's restraint policies? (note: Do not ask about confidential information without consent)	n/a	

<b>Resident Living Accommodations</b>	<b>Yes No N/A</b>	<b>Comments/Other Observations (please number comments)</b>
8. Did residents describe their living environment as homelike?	n/a	

9. Did you notice unpleasant odors?	Y	10.) resident was waiting 4 hrs for urine on tray table to be emptied
10. Did you see items that could cause harm or be hazardous?	Y	
10a. Were unattended med carts locked?	Y	
10b. Were bathrooms clean, odor-free and free from hazards?	Y	
10c. Were rooms containing hazardous materials locked?	Y	
11. Did residents feel their living areas were kept at a reasonable noise level?	Y	
12. Does the facility accommodate smokers?	Y	
12a. Where? (Outside / inside / both)	out	
13. Were residents able to reach their call bells with ease?	Y	
14. Did staff answer call bells in a timely & courteous manner?	N	
14a. If no, did you share this with the administrative staff?	n/a	!4.) We did a check they came promptly but one residents family member nodded his/her head - No& he/she mouthed it could be up to 40min. We respected the resident might have been afraid to complain.

Sunny Brook 8/22/16

<b>Resident Services</b>	<b>Yes No N/A</b>	<b>Comments/Other Observations (please number comments)</b>
15. Were residents asked their preferences or opinions about the activities planned for them at the facility?	n/a	17.)New residents did not know there were alternet menues. some , even old timers, complained dinner did not arrive until 7pm at times. No afternoon snacks are offered. they choose to serve them at bedtime.
15a. Was a current activity calendar posted in the facility?	Y	
15b. Were activities scheduled to occur at the time of your visit actually occurring?	N	
16. Do residents have the opportunity to purchase personal items of their choice using their monthly needs funds?	N/A	
16a. Can residents access their monthly needs funds at their convenience? (#16 and 16a pertain only to residents on Medicaid/Special Assistance. NHs \$30 per month. ACHs \$66 minus medication co-pay and full cost OTC drugs)	N/A	
17. Are residents asked their preferences about meal & snack choices? (Adult Care Home residents should receive snacks 3X per day. Nursing Home residents should be offered snacks at bedtime.)	N	
17a. Are they given a choice about where they prefer to dine?	n/a	
17b. Did residents express positive opinions regarding their dining experience (the food provided)?	n/a	
17c. Is fresh ice water available and provided to residents?	n/a	
18. Do residents have privacy in making and receiving phone calls?	N	



		facility called because he/she had not been assigned an extension yet.
19. Is there evidence of community involvement from other civic, volunteer or religious groups?	y	8/23/16
20. Does the facility have a functioning: Resident's Council? Family Council?	Y	

Areas of Concern	Exit Summary
<ol style="list-style-type: none"> <li>1. Are there resident issues or topics that need follow-up or review at a later time or during the next visit?</li> <li>2. to have a discussion on urinals and if a resident is in the habit of using one have them instructed to call from removal or have them check on this resident more often just to remove it.</li> <li>3. Ask residents if they know their resident rights do they know where to find the Ombudsman's, who that is, phone number. We did not know it was in the activity room until our exit interview or we would have asked residents about their rights as far as access to their mail, a phone, a snack or where the resident rights are. <ol style="list-style-type: none"> <li>a. have a discussion on asking if residents want an afternoon snack &amp;/or reminding them once a month they offer an alternate menu especially if they see they are not eating their food.</li> </ol> </li> <li>4. The corporation would not longer allow the staff member who had, for years, bring her well loved dog in for the residents. OK but they did not want to have any outside trained/certified pet therapy in either.</li> </ol>	<p>Discuss items from "Areas of Concern" Section as well as any changes observed during the visit. Give summary of visit with Administrator or SIC. Does the facility have needs that the committee or community could help address?</p> <ol style="list-style-type: none"> <li>1.) Administrator agreed and did not like that practice either. She would talk to staff about being more observant about removing urinals</li> <li>2.) she was adamant nursing homes were not required to offer afternoon but evening snack &amp; that their meals were never that late. "we offer wonderful alternate menu, &amp; a refrigerator of snacks. Residents just had to ask for these things".</li> <li>3.) I did not want to be adversarial and point out if some residents had to wait 4 hrs to have a urinal removed or a phone brought to them how responsive would the staff be just to bring them a snack or alternate menu. What about diabetics going so long without food?</li> <li>4.) Residents can have their pets visit as long as they have had his/her shots current. This is more dangerous because we do not know how they will act. I was visiting a friend &amp; her roommate had a visiting loud, unruly, big, shedding dog jumping on the roommates bed, barking &amp; knocking things over.</li> </ol>



**2. DIRECTED TO THE ADMINISTRATOR OR SUPERVISOR-IN-CHARGE:**

**2a.** What are you doing to incorporate residents' wants and needs in every aspect of their lives and assure a home-like environment?

**2b.** Are you providing for consistent-assignment of your direct caregivers to take care of your residents?

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

None Selected

**Please select your second Board preference: \***

Industrial Facilities and Pollution Control Financing Authority

**Please select your third Board preference: \***

Water Partnership

**Please select your fourth Board preference: \***

Human Services Board

**Please select your fifth Board preference: \***

Planning Board

**Please select your sixth Board preference: \***

None Selected

William

First Name

Middlebrook

Last Name

Middle Initial

410 Oakridge Rd

Street Address

Suite or Apt

Cary

City

NC

State

27511

Postal Code

**What district do you live in?**

None Selected

Home: (630) 956-6329

Primary Phone

Home: (630) 956-6329

Alternate Phone

will.d.middlebrook@gmail.com

Email Address

NTT Data

Employer

Senior Manager, Data and AI

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Cary

---

**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

I am looking for opportunities to serve my community, and I think my skills and experience could be a great fit. The triangle is an engine of economic mobility for our region, and increasingly our nation. With good planning, community engagement and partnerships, I believe we will grow into an economic powerhouse that will also lead country in quality of life and affordability. I hope to participate in making this happen.

**Work Experience**

I am a geologist by training and have worked in energy technology my entire career. My first job was an environmental consultant helping remediate superfund sites at abandoned mining sites in Colorado and since then have worked in geothermal, wind, oil and gas, and utility industries and am proud of the work I have done to provide energy more economically, safely, and to enable a faster energy transition. A couple of highlights below: 1. Led the development of smart grid technology at a major utility, resulting in increased transmission for renewables and reduced public risk due to low wires 2. Developed a battery storage multi-year demand forecast for an international wind company, enabling them to deploy capital to markets that need grid balancing the most 3. Predictive Asset Management, optimizing inspections for less power outages and reduced cost to public

**Volunteer Experience**

1. Started the Young Energy Professionals section of the Houston Geological Society (1 year)
2. Young Professionals for Child Advocates (5 years)
3. Houston Election Clerk Volunteer (2020 election)

**Education**

Wheaton College, Bachelors Geology Texas A&M, Masters Geology

**Comments**

[Will\\_Middlebrook\\_Bio.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

### Gender \*

Male

### Ethnicity \*

Caucasian

---

## Other

### How did you become aware of Wake County volunteer opportunities?

County Website

### If you selected "Other" above, how?

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Please upload a file

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## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).



# WILL MIDDLEBROOK

## SENIOR MANAGER | DATA AND AI

Will has deep experience in the operations of capital-intensive businesses, both in office and the field. Will's data projects have reduced costs, empowered engineers with the data and tools needed to make data-informed decisions and reduced uncertainty.

Having started his career in upstream oil and gas operations, Will brings a unique perspective that is laser focused on delivering data-driven products that impact the bottom line.

### KEY AREAS OF EXPERTISE

#### Transmission and Distribution

- Created an industry-leading decision platform for engineering teams that integrated asset data, predictive failure rates, risk scores and a user interface for strategic distribution asset repair and replacement.
- Developed dynamic line ratings for all transmission assets in a utilities service territory using super computing forecasts and cable specifications, resulting in reduced safety risk and increased transmission capacity the majority of the time.

#### Generation and Trading

- Regression models using customer transaction data resulting in predictive trading signals data product. Estimated ~1.5 million in revenue in first year.
- SARIMAX time series and simulation models forecasting demand and simulating potential futures in power markets out to 2050 as part of a \$500k consulting engagement.
- Predictive modeling data product resulting in higher confidence sales estimates for five contributor member companies (Regression, Random Forest).

#### Upstream Oil and Gas

- Pre-drill oil and gas modeling, resulting in 5 year oil-to-sales for both planned and potential wells, enabling high-precision planning and portfolio planning.
- Machine learning depth-series (Random Forest, regression) data product valued that reduced uncertainty and fed a decision engine for the business

#### Additional Expertise

- Asset Failure Classification
- Geospatial Prediction (Kriging)
- Time-Series Market Simulation
- Anomaly Detection
- Pre-drill production forecasting

#### Client and Industry Experience

- Transmission and Distribution
- Power Generation
- Ancillary Services Markets
- Upstream Oil and Gas
- Commodity Trading

#### Education & Certifications

- Texas A&M University, **Masters of Science in Geology**
- Wheaton College, **Bachelors in Geology**
- AWS Certified **Cloud Practitioner**

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

City of Raleigh Housing Appeals Board

**Please select your second Board preference: \***

Housing Authority

**Please select your third Board preference: \***

Housing Authority

**Please select your fourth Board preference: \***

City of Raleigh Housing Appeals Board

**Please select your fifth Board preference: \***

Criminal Justice Partnership Advisory Board

**Please select your sixth Board preference: \***

Alliance Behavioral Healthcare

Lamar

First Name

Cox

Last Name

Middle Initial

8007 river water ct

Street Address

Suite or Apt

Raleigh

City

NC

State

27616

Postal Code

**What district do you live in?**

None Selected

Home: (919) 329-2610

Primary Phone

Home: (919) 329-2610

Alternate Phone

sodagrape335@gmail.com

Email Address

Employer

Job Title



**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

None Selected

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## **Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

I won't to make change to serve my community where I have experience and know the why the public thi KS cause I been On both sides of the fence know both sides story

**Work Experience**

**Volunteer Experience**

**Education**

**Comments**

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

---

## **Demographics**

Date of Birth

**Gender \***

Male

**Ethnicity \***

---

African American

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

---

None Selected

**If you selected "Other" above, how?**

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Please upload a file

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**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

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**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Alliance Behavioral Healthcare

**Please select your second Board preference: \***

Capital Area Workforce Development Board

**Please select your third Board preference: \***

Commission for Women

**Please select your fourth Board preference: \***

City of Raleigh Planning Commission

**Please select your fifth Board preference: \***

Criminal Justice Partnership Advisory Board

**Please select your sixth Board preference: \***

Triangle Transit Authority Board

W  
First Name

MB  
Middle Initial

Pollock  
Last Name

5620 Trinity Road  
Street Address

Apt. 111  
Suite or Apt

Raleigh  
City

NC  
State

27607  
Postal Code

**What district do you live in?**

None Selected

Mobile: (984) 389-6822  
Primary Phone

Business: (984) 960-5160  
Alternate Phone

w.m.pollock@dac.nc.gov  
Email Address

NC DAC  
Employer

Correctional Case Manager  
Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

---

**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

As a Senior resident of Wake County, a former Wake County employee. working with MH/SA, MH law enforcement liaison and current NC DAC State employee, a consumer of Human Services, ADA Transportation, and Senior services I can offer input as a professional and as a consumer relative to services and outcomes. Modes of effective communication thus, bridging accessibility for engaging and including those who process and receive information differently, is of vast interest, to me

**Work Experience**

MH/SA professional as Crisis Response, staffing Wake County Crisis and assessment. MH/SA Intake Clinician for Adult, Family, Children services. MH Liaison for law enforcement, Inpatient provider Alcoholism Treatment Center, Community based DWI, SAIOP, SACOT, provider. Community based provider linking and coordinating HIV services. Post Release provider bridging community reengagement. Current NC DAC Correctional Case Manager projecting to assist with Reentry focused on reducing recidivism.

**Volunteer Experience**

Previously, During college Big Sister of Durham County, Parent to Parent Facilitator, Grand Parents as Parents Facilitator. Currently, Serve on ISO Board of Trustees, I serve as Board Liaison for Internet Systems Operations Committee. I Chair an ISOP subcommittee as Ux Experience, offering Website experience form with focus on accessibility. I research other websites and gauge experience of others international and locally assessing divergent needs for accessing website relative to website design. I offer input collaborating with IT and web design specialist.

**Education**

BS Criminal Justice, .CDAC -NCSAPPB-Registered

**Comments**

[W. MB Pollock 2024 Resume.docx](#)

Upload a Resume

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If you have another document you would like to attach to your application, you may upload it below:

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Please upload a file

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## Demographics

Date of Birth

### Gender \*

Female

### Ethnicity \*

African American

---

## Other

### How did you become aware of Wake County volunteer opportunities?

County Website

### If you selected "Other" above, how?

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Please upload a file

---

## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

W. Michelle Burton Pollock  
5620 Trinity Road, Suite 111  
Raleigh, NC 27607  
(984) 389-6822  
pollockwm401@gmail.com

I have demonstrated equitable skills across varied milieus and communities. My integrated skills include clinical assessment skills, time management, leadership skills, communication skills, writing skills, critical thinking evident in problem-solving skills. My skills span over 30 years as a case manager, substance abuse and mental health professional, counselor, supervisor, program coordinator, program manager in milieus of inpatient, outpatient, correctional facilities, community based and integrated settings. I have worked effectively across all groups including children, adolescents, teenagers, young adults, adults, older adults that have included families and varied family systems and dynamics. I have provided clinical treatment and assessments services across settings such as hospitals, family homes, collaboratively at community agencies and court-based family mediations. As a Parent to Parent Facilitator I provided parenting skills information promoting healthy parenting techniques in cooperation with Fountain Correctional Center a former women's prison in Rocky Mount, NC during my employment with Wake County Human Services. During my tenure as a Wake County employee and in cooperation with community partners I have provided initial mental health, substance abuse and HIV clinical assessment as well as ongoing treatment services, including discharge and linking for continuity of care, as discharge planning. I have demonstrated skills as a cooperative and collaborative partner within work and volunteer roles as MH Liaison for law enforcement in cooperation with a Yale University Study assessing impact of trauma on youth. I also serve on an international Board of Trustees serving on several committees and chairing committees and subcommittees promoting neurodivergent inclusion and accessibility as well as supporting members, locally for accessing resources and information. As a Parent to Parent and Grandparents as Parents Facilitator I have provided presentations in community settings, such as Chavis Heights Community Center. I Developed and implemented an after-school program for enhancing and developing skills for effective communication, coping skills, social interaction, conflict resolution, self-esteem, self-concept as well as community pride. The program entitled Building Bridges for Positive Outcomes was implemented at the community center at the former Massey Apartments located in Wake Forest, NC and featured in the Wake Weekly, newspaper along with an interview. Quality assessment and Quality improvement skills have been utilized on Peer Review Committees for ensuring alignment with patient care plans and Third-party billing standards. I have demonstrated skills serving on Hiring Committees assessing qualitative and quantitative skills of candidates as aligned with the mission and needs of agencies and communities. I continue ongoing training for increasing skills and knowledge as relates to bridging the gap linking families and individuals for accessing resources for managing issues affecting all community members. I collaborate professionally and personally across all communities supporting program development guided by experiential knowledge, open mindedness, respect of all views amidst coordination for closing the gap between resources and those seeking resources fostering self-sufficiency while implementing best practices across all communities.

My career as a volunteer and helping professional include demonstrated abilities in support of effective collaborative care. Within my commitment of assisting others, selfcare is optimal. Amidst self-care I use creative expression as a recharge. I meditate and provide written expression as a content contributor of poetry.

## Professional Experience

### Correctional Case Manager

NCDAC, Raleigh, NC 10/2023-Present

Correctional Case Manager duties at WCC as a Reentry Facility, include daily use of OPUS. I utilize OPUS for tracking offender updated changes per assessments and needs, relevant to projected Reentry resources. I am familiar with features of OPUS for tracking offender history and status related to movement, classification, hearings, infractions, health needs and other relevant information. Case Management tasks include completing needs assessments, case plans, as well as providing supportive and motivational counseling. Supportive of facility and DAC effectiveness I coordinate with other Program staff assisting with transition planning, quality review, promoting a safe workspace. I am diligent in seeking ongoing education regarding resources for offenders aligned with reducing recidivism. Software skills include Microsoft Office Programs, such as Word, Excel, Outlook as well as utilizing Power Point for presentations. I participate in facility meetings with Custody, Administration, and Program staff, offering input based on experience of partnering with community-based resources to benefit offenders scheduled for Reentry. I am up to date on all LMS scheduled and available trainings. I have completed all LMS training as relates to facility and data security. I completed First Aid/CPR/AED certifications

4/17/2024.**HIV Case Manager**

Touching Lives Center, Inc. Raleigh, NC 3/2019- 4/2023

HIV Case Management with a community-based agency I provided direct services to clients and community members, as outreach, living in the community. My scope of duties and responsibility included Intake as a needs assessment. Completing a Comprehensive Clinical Assessment, developing a Client Centered Plan of Care. Collaborating Coordinating for Linking with community partners for integrating agency and community resources for improving outcomes for clients their families and communities. Ongoing monitoring and reassessment of needs. HIV Case Management included bridging case management services for clients returning to the community after hospitalization, post release and relocating from other cities and states. CM included completing a needs assessment as an Intake. Listening to clients view of their needs for assessing their level of functioning and view of their role in affecting change in their life circumstance. across all domains. HIV Case Management includes advocating, linking, referring, coordinating, and collaborating resources and services. Case Management includes ongoing assessment of life domains linking clients for accessing services and resources that include all aspects of physical health, mental health, housing, transportation, nutrition including

Page 2.

W. Michelle Pollock

accessibility to community resources and services to meet cognitive and accessibility needs. Effective CM includes ongoing education and awareness of resources and services educating clients regarding eligible and accessible resources to meet their changing needs As an effective community partner aligned with case management objectives; I

maintained cooperative and collaborative relationships with community partners as part of the bridge of services ensuring continuity of care across the spectrum of services and resources. Effective Case Management includes ongoing training and awareness of issues relative to client care regarding diversity and inclusion in all aspects of client care. I maintained compliance for continued education training for implementing best practices. Checkpoint database is utilized for client documentation. I was a private contractor providing care to 12 clients varying from ages 13-68 years of age. My documentation was on time and aligned with required monthly summaries to primary medical team members that include a primary care provider and an infectious disease specialist. Face to face assessments for client driven goals were completed as Quarterly reviews of HIV case management services are as well as annual reviews of HIV case management needs. Compliant with annual 12 hours of HIV related training.

### **Mobile Crisis Clinician**

OneCare - Wake Forest, NC -2015-03 - 2016-11

Utilized lethality screening tool in community and varied emergency response locations. Crisis assessment included all age groups. Assessing needs and referrals to appropriate resources when completing crisis plans. Provided an appropriate level of response plan if more immediate intervention was not warranted. Provided follow-up within 24hours. Documentation was submitted to an internal database. Handwritten documentation was submitted to office by10am, from the weekend the next business day.

### **Program Coordinator**

Sigma Health Services - Raleigh, NC - 2013-05 - 2015-06

Substance Abuse Program facilitating varied groups including DWI groups, SAIOP Substance Abuse Intensive Outpatient Groups, ACE Alternative Counseling Education for adolescents. Individual therapy for adolescents and adults. Family therapy for members of adolescent and adult groups. Provided clinical documentation through Share Notes. Provided community outreach as appropriate for educating members of the community while staffing health fairs.

### **Program Coordinator**

Straight Walk Family Services - Raleigh, NC - 2012-06 - 2013-03

Group facilitator for SAIOP, Substance Abuse Intensive Outpatient Program. I developed rapport and supportive relationships engaging unhoused clients for completing Intakes, Assessment, Person Centered Plan coordinating services with agencies and systems during treatment and for discharge planning as continuity of care.

Page 3.

W. Michelle Pollock

I provided support for SAIOP clients which included advocacy as a Qualified Professional for collaborating and coordinating for adjunct community-based supports. I provide ACE services to adolescent consumers as referred by WCPSS as well as other school systems. Completing LCAD at start and end of services. Group notes electronically transmitted within 24 hours to Clinical Supervisor. As substance abuse professional on ACTT, an emergency response Adult Community



Team I completed intakes and provided substance abuse counseling to ACTT participants. I was a team member of rotating on-call Crisis team for consumers of agency.

### **Outpatient Therapist**

Touching Lives Center, Inc - Raleigh, NC - 2010-10 - 2012-06

Clinical services included completing diagnostic assessments and providing mental health and substance abuse counseling. Direct clinical services were provided across settings of community, office based, group living settings including senior living settings as well as private homes. Focus of clinical care with community members managing life changes and adjustments related to aging, physical ability, and medical diagnosis including HIV and AIDS. Within wholistic client centered care I coordinated and linked community integrated resources. I fostered client's abilities by updating and educating clients and those supportive of client, regarding available and eligible community resources for managing life adjustments. I linked community-based resources and referrals for accessing peer supports included Senior centers and various 12 Step Fellowships. I provided substance abuse counseling as a registered member of Substance Abuse Practice Board. I passed the written examination for substance abuse certification.

### **Outpatient Therapist**

WEB Dubois CDC - Wake Forest, NC - 2006-10 - 2010-09

Facilitating provision of substance abuse and mental health services to adults and children in settings that included office, homes and community settings. Consultant for community support providers for intensive services for individual children and families. Collaborating with clients for completion of service plans and updating as appropriate. Consulting with psychiatrist as appropriate. Skill level included completion of authorization process for Medicaid and IPRS, such as ORF2's, ASAM. Initial request for authorization, and continuing authorization after 90 days and at other appropriate intervals. Maintaining accurate and timely clinical records consistent with program standards. Proficient in use of Windows programs, Share Notes, Excel, and Internet. Utilizing Share Notes for submitting documentation.

### **Community Support Supervisor**

Visions of Hope - Raleigh, NC - 2005-09 - 2006-12

In April 2006 began providing clinical and administrative supervision to Community Support providers by providing quality assurance per review of progress notes and service definition inquiries. September, 2005 I began providing administrative and clinical support to members of

Page 4.

W. Michelle Pollock

treatment teams following guidelines of service definitions prescribed by Local Managing Entity for determining appropriate application of services. As supervisor reviewing documentation of services provided by Qualified Professionals, Associate Professionals and Paraprofessionals. In addition, facilitating and documenting clinical supervision for new hires, as well as co facilitating provider trainings. Developed supervision plans for community support providers and

maintained supervision logs. Also assisted in supervising an Adult Community Support Team. Daily involvement in SACOT program by facilitating groups, administering ASAM and other assessment tools, provide screening and evaluations. As Associate Professional coached families through intensive in-home clinical services, with focus on skill building for clients and families for enhancing family functioning and maintaining community placement. Developing goals related to family functioning and family's statements regarding desired outcomes. Facilitated ongoing reassessment of efficacy of interventions while encouraging family's feedback. As member of multi-disciplinary treatment team attended meetings and provided updates regarding progress of skill building as well as identifying and determining strategies for areas needing skill development. Served as member of Clinical Oversight and Executive Committees.

### **Senior Practitioner**

Wake County Human Services - Raleigh, NC - 1992-05 - 2006-06

As member of Child Mental Health Intake Unit provided crisis intervention per staffing Wake County Crisis and Assessment Services on a rotating schedule. Responding to emergent assessments for children and adults presenting on petition and other referrals sources. Consulting with MD or PhD completing petitions for involuntary commitments. I completed mental health and substance assessments for youth, adolescents and adults in outpatient in Child Intake and inpatient milieu as ATC, Alcoholism Treatment Center. I Facilitated Parent to Parent groups, workshops and trainings. I facilitated Grandparents as Parents workshops. I provided clinical services through individual, family and group therapy. Developed service plans based on presenting issues and diagnostic impressions per criteria outlined in DSM IV. Managed caseload of 40 clients with special needs through collaboration with community agencies for comprehensive and wholistic care. Provided ongoing quality management by chairing monthly peer review process, periodic review of medical records for Medicaid compliance. Collaboration as support and educating teachers, parents and other care professionals by assessing emergent concerns for determining appropriate course of care. Provide scheduled intake assessments including referrals from Office of Juvenile Justice and determining clinically appropriate level of care with ongoing collaboration for monitoring continuity of care. Utilizing appropriate supportive assessment tools such as ASAM, target population form, CAFAS, and determining GAF. I provided credentialed support to Child Mental Health administrative support staff by determining medical necessity for clinical service by reviewing screening forms presented by contract providers requesting medical record numbers. As participant of Yale University Study provided mental health support as liaison, with two districts, of the Raleigh Police Department per consult by phone or response to crime scene to assess clinical needs of children exposed to trauma. Facilitated meetings between Police officers and mental health staff for review of cases and program development. Periodic presentation to peers regarding aspects of mental health and substance abuse pertaining to clients and professionals. Community partner with Raleigh Nursery School providing education regarding

Page 5.

W. Michelle Pollock

mental health issues and accessing services through WCHS as presenter to Grand Parents as Parents program. Ongoing collaboration with Raleigh Housing Authority Zebulon Wake Forest providing assertive outreach for non-clients by providing educational series on mental health topics for empowering residents. Periodically participated in community-based events such as

Safety Day, usually hosted at a Wake Forest public housing site. Developed and implemented an after-school program for enhancing and developing skills for effective communication, coping, social interaction, conflict resolution, self-esteem, self-concept as well as community pride. Prior member, past President and Secretary of Resident Self Sufficiency Board. Member of WCHS Co-Operative Extension Leadership Advisory Council assessing services for children and their families. Privileged as QMHP for assessing and providing mental health services to children, adolescents, and their families, QSAP for assessing, pattern of use as well as risk factors, and providing substance abuse early intervention, education and treatment for adolescents and adults.

### **Community Support Clinician**

Therapeutic Connections, Inc - Raleigh, NC - 2004-06 - 2006-04

Provide intensive in-home clinical services. Focusing on skill building for clients and families to enhance family functioning and to maintain community placement. Assisted with goal development related to family functioning and families statements regarding desired outcomes using Gestalt theory.

### **Therapist**

Visions of Hope - Raleigh, NC - 2004-06 - 2005-12

Provide community based psychosocial assessments. Wholistically assessing the role mental health and substance use plays in ones functioning based on the five Axis for forming a diagnostic impression utilizing the criteria outlined in DSM-IV. Utilized related clinical tools of CAFAS, target population, ASAM in cases of substance abuse used for recommending the appropriate level of service for comprehensive care.

### **HIV and AIDS educator and trainer**

American Social Health Association - Research Triangle Park, NC - 1994-09 - 1996-06

Assisted training department with new training classes for STD and HIV hotline staff. Answered phones fielding questions from callers throughout USA and other Countries with questions regarding HIV and Acquired Immune Deficiency Syndrome. Mailed information to callers and filled other mail order requests pertaining to HIV and AIDS.

Page 6.

W. Michelle Pollock

### **Substance Abuse Counselor**

Junction Human Services - Providence, RI - 1989-10 - 1991-05

Provided clinical outpatient mental health and substance abuse services including case

management for adult clients with HIV and AIDS. Agency Liaison for coordinated community service T.A.S.C., Treatment Alternative to Street Crime services. I facilitated D.W.I. groups and groups for clients managing issues of mental health and substance abuse. Provided monitoring services for federal parolees. I facilitated Teen Institute retreats as moderator for problem solving sessions addressing issues presented by student leaders statewide. I facilitated miniseries addressing aspects of addiction and addictive processes as requested by students who were leaders.

### **Lead Counselor**

Janus Tree House - Chapel Hill, NC - 1985-05 - 1989-06

As Lead Counselor I provided and monitored clinical care and services to youth in high management group home, for youth identified as Willie M. with direction from clinical team of Psychiatrist, Clinical Social Workers along with other Counselor and Community Support Staff. Advocating for parents and youth aligned and supportive of the agency mission, I attended IEP school-based team meetings, ensuring compliance and implementation of education plans. I attended and monitored Family meetings facilitated by group home Counselors. As Lead Counselor I developed procedures for improving efficiency to enhance quality of resident's care, provision of services based on residents' requested feedback and informal input. I implemented procedures for improved transition from shift to shift. I efficiently managed A-Shift weekly household budget.

## **Volunteer and Internship**

Page 7

W. Michelle Pollock

### **Volunteer**

Durham County Department of Social Services - Durham, NC - 1981-05 - 1984-01

I facilitated home visits for ensuring parental compliance with treatment plans for community health appointments for children. I coordinated with agency supervisor for adaptation to community plans to meet clients changing needs. I compiled information for social workers periodic agency case reviews.

### **Volunteer**

Durham County Probation and Parole - Durham, NC - 1981-05 - 1983-01

Confirmed employment for parolees. Visited probationers in jail to compile information for court appearance due to violations.

### **Volunteer**

Durham County Big Brother Big Sister-Durham NC 1982- 01-1985- 03

Mentored young girls 10 hours per week. Focusing on social skills, self-esteem and other skills for empowering young girls.

### **College Internship**

Troy House - Durham, NC - 1981-01 - 1982-05

Co-facilitated clinical groups for federal parolees residing in halfway house. Monitored parolee, post release, continued employment.

## **Education, Training, Certification**

W. Michelle Pollock

### **B.S. in Criminal Justice**

North Carolina Central University

1981 – 1985

### **RI Health and Human Services**

Substance Abuse Counselor Training Program

1989 - 1991

### **Skill Trainings**

Parent to Parent Facilitator

Grand Parents as Parents Facilitator

1994

Registered NCSAPPB

Passed CDAC written exam.

### **NCHTEC**

North Carolina HIV Training and Education Center

At the UNC School of Medicine

HIV 101

10/22/2019

Medical Case Management

3/13/2020

NC LMS, Learning Management System

12/21/2023 to Present

### **Certifications:**

CPR 4/17/2024-4/2026  
First Aid 4/17/2024-4/2026  
AED 4/17/2024-4/2026

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

City of Raleigh Board of Adjustment

**Please select your second Board preference: \***

Housing Authority

**Please select your third Board preference: \***

Domestic Violence Fatality Review Team

**Please select your fourth Board preference: \***

Commission for Women

**Please select your fifth Board preference: \***

Library Commission

**Please select your sixth Board preference: \***

Raleigh-Durham Airport Authority

Mariya

First Name

M

Middle Initial

Shaikh

Last Name

2332 Baileys Landing Dr

Street Address

Suite or Apt

Raleigh

City

NC

State

27606

Postal Code

**What district do you live in?**

None Selected

Home: (919) 606-4962

Primary Phone

Home: (919) 606-4962

Alternate Phone

gmshaikhmd@gmail.com

Email Address

MarSha MedSpa

Employer

Managing Director

Job Title



**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

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## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

Interested in serving public

## Work Experience

Owner/Entrepreneur - MarSha MedSpa Returns Model Analyst -Mayne Pharma Capital Team  
Lead- Lenovo Financial Analyst- IBM

## Volunteer Experience

WCPSS BOE- District 5 WCPSS Finance Committee IAR Finance Chair

## Education

MBA- ECU BI/BA-WTCC

## Comments

[Resume\\_MariyaShaikh1.docx](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

**Gender \***

Female

**Ethnicity \***

---

Asian

---

**Other**

**How did you become aware of Wake County volunteer opportunities?**

---

County Website

**If you selected "Other" above, how?**

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Please upload a file

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**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

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# Mariya Shaikh

Raleigh, NC  
919-606-4962 (c)

[gmshaikhmd@gmail.com](mailto:gmshaikhmd@gmail.com)  
[www.linkedin.com/pub/mariya-shaikh/13/4a0/ba9](http://www.linkedin.com/pub/mariya-shaikh/13/4a0/ba9)

## **Career Focus:**

I have a Finance background with over 15 years of experience in multinational concerns and 4 years as small business owner. I am always looking for opportunities to enhance my skill set and serve community.

## **Summary of skills:**

- Project Management
- Budgeting / Forecasting
- Business Analytics/Intelligence
- Strong Tableau/Excel skills
- HR
- Fixed Asset Auditing
- Strong Communication Skills
- Effective Reporting/ Presentation
- Data Mining / Automation
- Business Transformation
- Trend Analysis/Data Viz
- Social Media Marketing

## **Professional Experience:**

### **Managing Director:**

**MarSha MedSpa:** Garner, NC Aug 2020-present

- Business Development
- Marketing
- Operations Management
- Recruitment
- Service Offerings
- Procurement of new technologies and products
- Financial Analytics
- Staff Training & Oversight

### **Returns Analyst:**

**Mayne Pharma:** Raleigh, NC, July 2018-July 2019

- Developed & automated BT model overhauling product returns process E2E
- Calculate GL returns accruals and sales validations
- Proficiently run queries on QAD (ERP) and iContracts
- Provide functional financial analysis using advanced Excel and Tableau skills

### **Billing / Accounting:**

**Shaikh Medical Clinic,** Garner, NC Aug 2013-May 2017

- Monitored Denials, Aged Balances, Accounts Receivables
- Posted Payments from insurance companies into All Scripts EMR
- Trend analysis on Medicare/Medicaid, CI Payments
- Resolved system payment issues with billing team / Allscripts
- Implemented collection mechanism through payment plans/ collection agencies

### **Capital Budget Coordinator:**

**Lenovo-**Morrisville, NC Sep 2004-June 2013

- Consolidated Capital Winter Plan for Lenovo WW (*nine figure budget*)
- Consolidated input from 50+ focal pts (Mfg, Dev, SC, Mktg, RESO, LC)
- Reviewed Annual Budget with Management; Presented to CFO
- Managed Quarterly Requests/Releases/Out of plan needs/
- Coordinated US PIC (Physical Inventory Count) verifying 18,000+ assets in US
- Update Capital process documentation on QMX db per Business Controls
- **Accounting Liaison:**
  - Developed capital tracking spreadsheets post IBM transition
  - Asset tracking in GAMs (Global Asset Management System).
  - System transition from US GAAP to HK GAAP.
  - US Census Bureau Reporting
  - Modelling of tooling depreciation to finalize projections for GSC Expense
  - Assisted in various phases of Physical Inventory Count

### **Capital Financial Analyst:**

**IBM-**Raleigh, NC March 2000-September 2001

- Consolidated FY/Qtrly capital needs from focal points in various geographies
- Presented Capital requirements to Executive Director
- Assisted capital submission through eCRT (electronic Capital Request Tool)
- Approved/tracked projects in SAP
- Queried capital projects in VM

### **Intern:**

**Shoaib Capital** –Karachi , Pakistan May 1996-September 1996

- Assisted in currency trading in Treasury department
- Monitored currency fluctuation
- Monitored stock portfolios at Karachi Stock Exchange
- Managed fluctuation in company holdings and reported weekly data to Director

**Intern:**

**Bank Indosuez-Karachi, Pakistan** May1995-September 1995

- Worked in Treasury, Corporate Finance, Investment Banking Divisions
- Monitored currency fluctuations
- Completed comprehensive feasibility study and survey on General Tires
- Presented final study to Branch Manager and Country Manager

**Education:**

**East Carolina University-2000 Greenville, NC**

**Masters in Business Administration (MBA)**

4.0 GPA

Major :Finance Minor: Marketing

**Institute of Business Administration, University of Karachi – 1997** Karachi, Pakistan

Bachelors in Business Administration (**BBA Hons**)/MBA

3.8 GPA

Major: Finance Minor: Marketing

**Certifications:**

**Wake Technical Community College, Raleigh, NC-Aug 2016-May 2018**

Business Intelligence/Business Analytics Certification

SAS / Tableau/ Python/ Rapid Miner

**Volunteer:**

**WCPSS Finance Committee:** Jan 2023-present

**IAR Finance Chair:** - Feb 2014-present

- Budget preparation / Account Audit

**Treasurer-AF School-** Jan 2005-Dec 2013

- Prepared tuition model / Validated / deposited registration receipts

**Pullen Baptist Church-** Jan 2016-present -Interfaith Group

**Oak City Outreach Center** Jan 2014-present-Prepare and Serve meals to needy

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Alliance Behavioral Healthcare

**Please select your third Board preference: \***

WakeMed Hospital Board of Directors

**Please select your fourth Board preference: \***

Population Health Task Force

**Please select your fifth Board preference: \***

Council on Fitness and Health

**Please select your sixth Board preference: \***

None Selected

Helen

First Name

Sporkin

Last Name

Middle Initial

1610 Bickett Blvd

Street Address

Suite or Apt

Raleigh

City

VA

State

27608

Postal Code

**What district do you live in?**

None Selected

Home: (757) 897-7490

Primary Phone

Home: (757) 897-7490

Alternate Phone

helensporkin@gmail.com

Email Address

Employer

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

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## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

I previously served on Charlottesville, Virginia's Community Development Block Grant task force and enjoyed my work in that capacity. I am passionate about health equity and housing from my PhD studies and volunteer work.

## Work Experience

Focused Ultrasound Foundation, Charlottesville, VA Engineering Intern 2016

## Volunteer Experience

Partners in Health University of Virginia Policy Exec. Board member 2023-2024 • Attended Partners in Health training institute • Organized meetings with US senators and congressmembers from Virginia to discuss right to health initiatives Charlottesville City Community Development Block Grant Task Force Belmont representative member 2021-2023 Member at large 2022-2024 • Reviewing and approving community grants as an appointed member of this task force. Grants focus on improving the housing, economic, and social conditions in Charlottesville. Albemarle County 2044 Comprehensive Plan Working group member 2023-2024 • Helping to develop the 20-year comprehensive plan for the county and engage with community members to ensure their voices are heard during the process. Virginia Supportive Housing Junior Board member 2022-2024 • Helping spread awareness of supportive housing initiatives and fundraisers for the organization in the Charlottesville community.

## Education

University of Virginia- BS/BA Biomedical Engineering and Physics, 2016 University of Virginia- PhD Biomedical Engineering, 2024

## Comments

[cv\\_helensporkin.doc](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

### Gender \*

Female

### Ethnicity \*

Caucasian

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## Other

### How did you become aware of Wake County volunteer opportunities?

Other

### If you selected "Other" above, how?

Previous committee work in Charlottesville VA

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## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).



# Helen Sporkin

1002 Park St • Charlottesville, VA 22901 • 757-897-7490 • hls4zh@virginia.edu

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## EDUCATION

- |   |  |
|---|--|
| <b>University of Virginia, School of Engineering and Applied Science</b><br><i>Bachelor's of Science in Biomedical Engineering,</i><br><i>Bachelor's of Arts in Physics</i>                 | <b>Charlottesville, VA</b><br>May 2016<br>May 2016 |
| <b>University of Virginia, School of Engineering and Applied Science</b><br>PhD candidate in Biomedical Engineering<br>Proposal accepted September 2022<br>Expected graduation: Spring 2024 | <b>Charlottesville, VA</b><br>Fall 2016-Present    |

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## EXPERIENCE

- |   |   |
|---|---|
| <b>University of Virginia Biomedical Engineering</b><br>Graduate Research Assistant<br>Advisor: Dr. Craig Meyer <ul style="list-style-type: none"><li>• Creatine Chemical Exchange Saturation Transfer (CrCEST) imaging in peripheral artery disease (PAD)</li><li>• Combined Arterial Spin Labeling and CrCEST protocols for evaluating revascularization procedures in PAD</li><li>• MR bone thermometry in MR guided focused ultrasound procedures</li></ul> | <b>Charlottesville, VA</b><br>Fall 2016-Present         |
| <b>Partners in Health</b><br>University of Virginia Policy Exec. Board member<br>2023-current <ul style="list-style-type: none"><li>• Attended Partners in Health training institute</li><li>• Organized meetings with US senators and congressmembers from Virginia to discuss right to health initiatives</li></ul>   |   |
| <b>Charlottesville City Community Development Block Grant Task Force</b><br>Belmont representative member<br>Member at large <ul style="list-style-type: none"><li>• Reviewing and approving community grants as an appointed member of this task force. Grants focus on improving the housing, economic, and social conditions in Charlottesville.</li></ul>   | 2021-2023<br>2022-2024                                  |
| <b>Albemarle County 2044 Comprehensive Plan</b><br>Working group member <ul style="list-style-type: none"><li>• Helping to develop the 20-year comprehensive plan for the county and engage with community members to ensure their voices are heard during the process.</li></ul>   | 2023-2024   |
| <b>Virginia Supportive Housing</b><br>Junior Board member <ul style="list-style-type: none"><li>• Helping spread awareness of supportive housing initiatives and fundraisers for the organization in the Charlottesville community.</li></ul>   | 2022-current  |
| <b>Focused Ultrasound Foundation</b><br>Engineering Intern<br>Advisor: Dr. Matt Eames, Ph.D. <ul style="list-style-type: none"><li>• Assessed effectiveness of focused ultrasound sonodynamic therapy on murine models of melanoma</li><li>• Created infographics and bulletins on focused ultrasound for donors and awareness campaigns</li></ul>  | <b>Charlottesville, VA</b><br>Summer 2016               |
| <b>Detector Lab</b><br><b>Department of Biomedical Engineering, University of Virginia</b><br>Undergraduate Researcher<br>Advisor: Dr. Mark B Williams, Ph.D.   | <b>Charlottesville, VA</b><br>Spring 2013 – Spring 2016 |

- Prototyped a novel breast immobilization device for a dual-headed gamma imaging tomosynthesis system, and developed an algorithm to remove gridline artifacts from x-ray tomosynthesis images

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#### SELECT PUBLICATIONS AND TALKS

- Design and Evaluation of a Grid Reciprocation Scheme for use in Digital Breast Tomosynthesis  
Tushita Patel, **Helen Sporkin**, Heather Peppard, Mark Williams  
Society for Optics and Photonics (SPIE), 2016
- Detecting T1-based signal reduction in focused ultrasound heating of bone at 1.5T using a 3D spiral ultra-short echo time sequence  
**Helen L Sporkin**, Yekaterina K Gilbo, Sam W Fielden, John P Mugler, G. Wilson Miller, Steven P Allen Josef Pfeuffer, Berthold Kiefer, and Craig H Meyer  
International Society of Magnetic Resonance in Medicine, 2018
- CrCEST in the study of creatine metabolism kinetics in Peripheral Arterial Disease  
**Helen Sporkin**, Roshin Mathew, Christopher Kramer, Craig Meyer  
International Workshop on Chemical Exchange Saturation Transfer Imaging, 2018
- CrCEST reveals characteristics of skeletal muscle creatine metabolism in patients with Peripheral Arterial Disease  
**Helen Sporkin**, Roshin Mathew, Christopher Kramer, Craig Meyer  
International Society of Magnetic Resonance in Medicine, 2019
- CrCEST energetics of calf muscle groups at 3T distinguish patients with peripheral arterial disease from age-matched normals  
**Helen Sporkin**, Christopher Schumann, Roshin Mathew, Christopher Kramer, Craig Meyer  
International Society of Magnetic Resonance in Medicine, 2020
- Exercise-induced hyperemia ASL and CrCEST at 3T demonstrate individual calf muscle improvement post-revascularization in patients with PAD  
**Helen Sporkin**, Toral Patel, Yakub Betz, Christopher Kramer, Craig Meyer  
International Society of Magnetic Resonance in Medicine, 2022
- Differences in treatment and outcomes among racial and highest-attained education level in Peripheral Arterial Disease patients in an imaging study performed at UVA  
**Helen Sporkin**  
UVA Health Disparities Conference, 2022
- Chemical Exchange Saturation Transfer MRI Identifies Abnormal Calf Muscle-Specific Energetics in Peripheral Artery Disease  
**Helen Sporkin**, Toral Patel, Yakub Betz, Roshin Mathew, Christopher Schumann, Craig Meyer, Christopher Kramer  
Circulation: Cardiovascular Imaging, 2022

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#### AWARDS AND FELLOWSHIPS

- |   |                        |
|---|------------------------|
| American Association of Physicists in Medicine DREAM Fellowship                         | Summer 2014            |
| Robert M. Berne Cardiovascular Research Center Predoctoral Fellowship                   | 2018-2019<br>2019-2020 |
| Int. Workshop on Chemical Exchange Saturation Transfer Imaging Young Investigator Award | 2019                   |
| The ISMRM Magna Cum Laude Merit Award   | 2020                   |



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## Profile

### Which Boards would you like to apply for?

Health and Human Services Board: Submitted

### Please select your first Board preference: \*

None Selected

### Please select your second Board preference: \*

None Selected

### Please select your third Board preference: \*

None Selected

### Please select your fourth Board preference: \*

None Selected

### Please select your fifth Board preference: \*

None Selected

### Please select your sixth Board preference: \*

None Selected

Marissa

First Name

D

Middle  
Initial

Abram

Last Name

104 Banyan Creek Pl

Street Address

Suite or Apt

Apex

City

NC

State

27539

Postal Code

### What district do you live in?

None Selected

Mobile: (631) 766-1764

Primary Phone

Mobile: (631) 766-1764

Alternate Phone

marissa.abram@duke.edu

Email Address

Duke University, School of  
Nursing

Employer

Assistant Professor

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Apex

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**Interests & Experiences**

**Why are you interested in serving on a Board or Commission?**

I recently moved to Wake County, NC (Apex) from NY to work as faculty at Duke University School of Nursing. Throughout my career, I have been actively involved in serving and advocating for improved health of individuals, in my local area and state. I would like to continue this work in my new community. Areas that I can contribute to that aligns with the priorities of the board includes: mental health and addictions; reducing health inequities: mitigating harmful social determinants of health to support social and economic mobility and decrease food insecurity; and healthcare delivery models that support access to integrated services. Furthermore, as a nurse, psychiatric nurse practitioner and patient safety advocate, I have worked with patients across the lifespan including older adults. To sum it up, if given the opportunity to participate on the board, I will be able to contribute to the health and wellness of the individuals in my community, which is an important interest and passion of mine.

**Work Experience**

CLINICAL: Town of Islip Department of Human Services: ACCESS, Alcohol and Substance Abuse Counselor, RN, 2007-2010; Stony Brook Medical Center: Teaching and Research Nurse II, 2008-2011; Holliswood Hospital: Nurse Practitioner of Psychiatry, 2011-2013; Phoenix House: Nurse Practitioner of Psychiatry, 2011-2015; Northwell Health System, Southside Hospital: Nurse Practitioner of Psychiatry, Psychiatric Emergency Room, 2015-2/2023; Town of Babylon, Drug and Alcohol Division: Nurse Practitioner of Psychiatry, 2016-5/2023  
ACADEMIC: Adelphi University, College of Nursing and Public Health: Assistant Professor, 2018-6/2023; Clinical Assistant Professor, 2015-2018  
ADMINISTRATIVE DUTIES: Psychiatric Mental Health Nurse Practitioner Program, Director, 2021-6/2023 Program Lead, 2018-2019  
Duke University, School of Nursing: Assistant Professor, 7/2023-present

**Volunteer Experience**

PROFESSIONAL ORGANIZATIONS: New York State, Office of Addiction Support Services: Co-Chair (2014-2017), Nurses Advisory Panel 2013-present; American Psychiatric Nurses Association: Reviewer for PCSS-MAT Training, Nov 2016; Pulse Center for Patient Safety, Education and Advocacy (PULSE of NY): Board Chair (Board Member since 2015) 2017-2021; International Nurses Society on Addictions: Founding President, New York State Chapter, May 2021- 2023; International Nurses Society on Addictions, Director at Large, Global Board, Oct 2022-present  
EDITORIAL BOARDS: Journal of Clinical Nursing: Early Career Researcher Editorial Advisory Board, Sept 2021-present  
Journal of Addictions Nursing: Editorial Board, Oct 2022-present

**Education**

Adelphi University, BS, Nursing, 2008; Stony Brook University, MS, Psychiatric Mental Health Nursing 2010; Adelphi University, PhD, Nursing 2017

## Comments

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[Abram\\_CV\\_12.2023\\_FINAL.docx](#)

Upload a Resume

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If you have another document you would like to attach to your application, you may upload it below:

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## Demographics

Date of Birth

### Gender \*

Female

### Ethnicity \*

African American

Asian

Caucasian

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## Other

### How did you become aware of Wake County volunteer opportunities?

County Website

### If you selected "Other" above, how?

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## ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

Marissa D Abram

**Marissa D. Abram**  
**104 Banyan Creek Place**  
**Apex, North Carolina 27539**  
[Marissa.abram@duke.edu](mailto:Marissa.abram@duke.edu)  
**Cell Phone: (631)-766-1764**

Revised:  
December 2023

**Name:** Marissa Abram, PhD, PMHNP-BC, CARN-AP, FIAAN

**Preferred familiar name:** Marissa

**Primary academic appointment:** Duke School of Nursing

**Primary academic rank:** Assistant Professor

**School of Nursing Division:** Healthcare in Adult Populations Division

**Secondary academic appointment:** N/A

**Present academic rank and title (if initial appointment):** Assistant Professor

**Date and rank of first Duke Faculty appointment:** July 1, 2023, Assistant Professor

**Nursing Licensure:** North Carolina License #: 355081

**Date of License (Month/Day/Year):** 4/25/2023-6/30/2024

**Nursing Licensure:** North Carolina Nurse Practitioner License #: registered ABRA-7DB9K

**Date of License (Month/Day/Year):** registered, license pending

**Nursing Licensure:** New York License #: 603709

**Date of License (Month/Day/Year):** 7/21/2008-5/31/2026

**Nursing Licensure:** New York Nurse Practitioner License #: 401367

**Date of License (Month/Day/Year):** 2/28/2011-5/31/2025

**Current specialty certification(s):**

Psychiatric Nurse Practitioner Board Certified, American Nurses  
Credentialing Center

Initial: 2011  
Expiration: 2026

Certified Addictions Registered Nurse Advanced Practice

Initial: 2019  
Expiration: 2024

	<u>Institution</u>	<u>Dates (Year)</u>	<u>Degree(s)</u>	<u>Major/Minor</u>
High School(s)	Brentwood High School	1999		
College(s)	Suffolk Community College	2002	AA	Liberal Arts
	Adelphi University	2008	BS	Nursing
Graduate or Professional School(s)	Stony Brook University	2010	MS	Psychiatric Mental Health Nursing
	Adelphi University	2017	PhD	Nursing
Other	Adelphi University	2017	Diversity Certificate Program	
		2021	Teaching Fellowship: Advancing a Diverse, Equitable and Inclusive Curriculum	
	Columbia University	2022	NIH Grant Writing Bootcamp	
	Duke Roybal Center	2023	Behavioral Intervention Specific Aims Workshop	

**Scholarly societies:**

<u>Society</u>	<u>Date (Year)</u>
Sigma Theta Tau	2008-present

**Professional and academic career:**

<u>Institution</u>	<u>Position/Title</u>	<u>Dates (Year)</u>
Zucker Hillside Hospital	Nurse Intern, Adult Inpatient Unit	2008
Stony Brook Medical Center	Nurse Practitioner Intern, Adult Inpatient Psychiatric Unit	2009
Town of Islip Department of Human Services Access	Alcohol and Substance Abuse Counselor, RN	2007–2010
	Nurse Practitioner Intern	2010
	Alcohol and Substance Abuse	2004



<u>Institution</u>	<u>Position/Title</u>	<u>Dates (Year)</u>
	Counselor Intern	
Stony Brook Medical Center	Teaching and Research Nurse II	2008-2011
Holliswood Hospital	Nurse Practitioner of Psychiatry	2011-2013
Phoenix House	Nurse Practitioner of Psychiatry	2011-2015
Northwell Health System, Southside Hospital	Nurse Practitioner of Psychiatry, Psychiatric Emergency Room	2015-2/2023
Town of Babylon, Drug and Alcohol Division	Nurse Practitioner of Psychiatry, Outpatient Substance Use Disorder and Mental Health Clinic	2016-5/2023
Adelphi University, College of Nursing and Public Health	Assistant Professor	2018-6/2023
	Clinical Assistant Professor	2015-2018
• Psychiatric Mental Health Nurse Practitioner Program	Director	2021-6/2023
	Program Lead	2018-2019

## Publications:

### 1. Refereed journals:

#### Published

1. **Abram, M.D.** (2018). The Role of the Registered Nurse Working in Substance Use Disorder Treatment: A Hermeneutic Study. *Issues in Mental Health Nursing*. <https://doi.org/10.1080/01612840.2017.1413462>
2. **Abram M.D.**, & Forbes, M. (2019). High Fidelity Simulation: An Application to Psychopharmacological Training for the Psychiatric Nurse Practitioner Student. *Issues in Mental Health Nursing*. <https://doi.org/10.1080/01612840.2018.1519621>
3. **Abram, M.D.**, Guilamo-Ramos, V., & Forbes, M.O. (2020). Buprenorphine Induction Simulation: Focus on Patient Safety and Quality Care. *Clinical Simulation in Nursing*. [doi.org/10.1016/j.ecns.2019.11.009](https://doi.org/10.1016/j.ecns.2019.11.009)
4. Guilamo-Ramos, V., Benzekri, A., Thimm-Kaiser, M., **Abram, M.D.**, & Hagan, H. (2020). Participation of the Nursing Workforce to Address COVID-19 Among People who use Alcohol, Tobacco, and Drugs. *The International Journal on Drug Policy*. doi:[10.1016/j.drugpo.2020.102831](https://doi.org/10.1016/j.drugpo.2020.102831)

5. **Abram, M.D.**, & Jacobowitz, W. (2020). Resilience and Burnout in Healthcare Students and Inpatient Psychiatric Nurses: A Between-Groups Study of Two Populations. *Archives of Psychiatric Nursing*. <https://doi.org/10.1016/j.apnu.2020.10.008>
6. **Abram, M.D.**, & White, J.H., (2020). Stumbling Toward Vulnerability: Recovery from Substance Use Disorders and Co-occurring Mental Illness, *Issues in Mental Health Nursing*. <https://doi.org/10.1080/01612840.2020.1836540>
7. **Abram, M. D.**, Mancini, K. T., & Parker, R. D. (2020). Methods to Integrate Natural Language Processing into Qualitative Research. *International Journal of Qualitative Methods*, 19, 160940692098460. <https://doi.org/10.1177/1609406920984608>
8. **Abram, M.D.**, White, J.H., & Jacobowitz, W. (2021). Developing an Innovative PMHNP Program to Meet Current Mental Health Needs. *New York States Nurses Journal* (Vol. 47, No. 2 issue)
9. **Abram, M.D.**, Guilamo-Ramos, V., Lobelo, A., Forbes, M.O., & Caliendo, G. (2021). Telehealth Simulation of Psychiatric and Chronic Disease Comorbidity: Response to the COVID-19 National Epidemic. *Clinical Simulation in Nursing*. [doi.org/10.1016/j.ecns.2021.02.001](https://doi.org/10.1016/j.ecns.2021.02.001)
10. Buttel, Ally., & **Abram, M.D.** (2022). Initial Steps in Implementing Trauma Informed Care in Nursing Practice. *American Nurse*. <https://www.myamericannurse.com/implementing-trauma-informed-care/>
11. Parker, R.D., Lessard, L., **Abram, M.D.**, & Meyer, J. (2022). 20 Years of Addiction and Mental Illness in Alaska: Using the National Survey on Drug Use and Health to Understand Addiction in a Low Population and Rural State. *Journal of Community Health*. [doi.org/10.1007/s10900-022-01098-0](https://doi.org/10.1007/s10900-022-01098-0)
12. Palley, E, White, C., Newransky, C., & **Abram, M.D.** (2023). Interdisciplinary Children's Behavioral Health Workforce Development for Social Work and Nursing. *International Journal of Environmental Research and Public Health*, 20(3), 2137. doi: [10.3390/ijerph20085601](https://doi.org/10.3390/ijerph20085601)
13. **Abram, M.D.**, & Mancini, K. (2023). Enhancing Racial Justice and Equity into Clinical Practice through Simulation. *Nursing Education Perspectives*. doi: 10.1097/01.NEP.0000000000001047
14. Seabra, P., Nunes, I., Sequeira, R., Sequeira, A., Simões, A., Filipe, F., **Abram, M.D** & Sequeira, C. (2023). Designing a Nurse-Led Program for Self-Management of Substance Addiction Consequences: A Modified e-Delphi Study. *International Journal of Environmental Research and Public Health*, 20(3), 2137. <https://doi.org/10.3390/ijerph20032137>
15. Parker, R.D., Meyer, J., & **Abram, M.D.** (2023). National Data and the Applicability to Understanding Rural and Remote Substance Use. *Journal of Prevention*. doi:

10.1007/s10935-023-00734-2

16. Parker, R. D., Mancini, K., & **Abram, M. D.** (2023). Natural Language Processing Enhanced Qualitative Methods: An Opportunity to Improve Health Outcomes. *International Journal of Qualitative Methods*, 22, 16094069231214144. <https://doi.org/10.1177/16094069231214144>
17. Marzano, M., Caniano, L., & **Abram, M. D.** (2023). Nurse-led models of care for metabolic syndrome in primary care: A scoping review. *Journal of clinical nursing*, 32(21-22), 7707–7717. <https://doi.org/10.1111/jocn.16867>

#### Submitted or in review

1. White, C., **Abram, M.D.**, Newransky, C., & Palley, E. Using Data and Simulation to Address Interprofessional Learning Needs. *Journal of Social Work Education*: under revision, resubmitted
2. Glymph, D. C., **Abram, M. D.**, & Guilamo-Ramos, V. (2023). The Inequitable National Response to the United States Opioid Epidemic: Low Threshold Treatment Is the Path Forward. *Substance Abuse*. under revision
3. **Abram, M. D.** Marzano, M., Caniano, L., & Searby A. (2023). Nurse-led models of care for Outpatient Substance Use Disorder Treatment: A scoping review. Submitted. *Journal of Clinical Nursing*.
4. Searby, A., Burr, D., **Abram, M.D.** (2023). Stigma towards a nursing specialty: A qualitative analysis of the perceptions of the addiction nursing workforce. Submitted. *Journal of Clinical Nursing*.

## **2. Non-refereed publications:**

### Published

1. Corina, I., & **Abram, M.D.** (2019). The Patient's Role in Patient Safety. Invited by Dr. Paul Gluck, Guest Editor. *Obstetrics and Gynecology Clinics of North America*. doi.10.1016/j/ogc.2019.01.004

## **3. Chapters in books: N/A**

## **4. Books: N/A**

**5. Non-authored publications:** N/A**6. Other:**

a. Published expert panel reviews, consensus statements, practice guidelines, etc.: N/A

b. Published abstracts: N/A

c. Editorials, position, and background papers

1. **Abram, M. D.**, Seabra, P., & Searby, A. (2022). Supervised drug consumption sites: A health-based approach or enabling drug use? *Journal of Clinical Nursing*. <https://doi-org/10.1111/jocn.16596>
2. **Abram, M. D.**, Glymph, D. C., & Guilamo-Ramos, V. (2023). Leveraging the nursing workforce to advance the national response to the addiction crisis in the United States. *Journal of Clinical Nursing*. <https://doi-org/10.1111/jocn.16834>

d. Distributed or disseminated works in other media: N/A

**Media Coverage** (list by type)Online articles:

1. Healthline: What You Should Know About the Latest Deadly Synthetic Fentanyl Product <https://www.healthline.com/health-news/what-you-should-know-about-the-latest-deadly-synthetic-fentanyl-product>. October 2022.
2. Part B News: Study suggests NPs in the ED cause care concerns. Not everyone agrees. <https://pbn.decisionhealth.com/Articles/Detail.aspx?id=545774>. January 2023.

**Presentations**a. Invited Presentations

<u>Presentation</u>	<u>Date</u>
1. <b>Abram, M.D.</b> Basic Principles of Infection Control in the Outpatient setting, <i>Staff of the Department of Town of Islip Human Services Access</i> . Islip, NY, Invited	Feb 2008
2. <b>Abram, M.D.</b> Nursing 101. <i>Pre-nursing Society of Stony Brook University</i> . Stony Brook NY, Invited	Mar 2011
3. <b>Abram, M.D.</b> Lights Out Phoenix House: Tobacco Recovery Panel. <i>American Psychiatric Nurses Association Annual Conference</i> . Indianapolis, IN, Invited	Oct 2014
4. <b>Abram, M.D.</b> Patient Safety through the Clinician's Eye. <i>PULSE Spring Symposium: The Changing Landscape of Healthcare: Impacting Patient Safety</i> . Plainview NY, Invited	Apr 2015

5. **Abram, M.D.,** & Corina, I. Healthcare Stigma. *Chem Rx National Recovery Month Conference*. Great Neck, NY, Invited Sept 2015
6. **Abram, M.D.,** & Margolies, S. Medication Assisted Treatment, Alcoholism and Substance Abuse. *Nursing Institute Providers Conference*. Saratoga Springs, NY, Invited Oct 2015
7. **Abram, M.D.** The Impact of SUD Policies on Nursing, Alcoholism and Substance Abuse. Keynote Panel. *Nursing Institute Providers Conference*. Saratoga Springs, NY, Invited Oct 2016
8. **Abram, M.D.** Substance Use Disorders: A Public Health Crisis. *Sigma Theta Tau Business Meeting*. Garden City, NY, Invited Feb 2017
9. **Abram, M.D.** Smacked by the Storm. Moderator for the Recovery Panel. *Adelphi University, Center for Health Innovation*. Garden City, NY, Invited Oct 2017
10. **Abram, M.D.** The Role of the Registered Nurse working in Substance Use Disorder Treatment. Faculty Research Presentation. *Adelphi University, College of Nursing and Public Health*. Garden City, NY, Invited Dec 2017
11. **Abram, M.D.** Partnering with your patient in Patient Safety. *American Psychiatric Nurses Association New York Chapter*. Saratoga Springs, NY, Invited Jun 2019
12. **Abram, M.D.** The USA Perspective: Nursing AOD Patients during COVID-19. International Panel, *International Nurses Society on Addictions*. Virtual, Invited Oct 2020
13. **Abram, M.D.** Addressing the Mental Health Impact of COVID-19. Inaugural Presentation, Center of Excellence Presentation Series. *Adelphi University, College of Nursing and Public Health*. Virtual, Invited Oct 2020
14. **Abram, M.D.** Feeling Overwhelmed? Strategies toward personal and academic well-being. Virtual Nurses Week Event. *Adelphi University, College of Nursing and Public Health*. Virtual, Invited Apr 2021
15. **Abram, M.D.** Wellness during COVID-19- Self Care Strategies for Healthcare Professionals. National Public Health Week Virtual presentation for Clinical Partners. *Adelphi University, College of Nursing and Public Health*. Virtual, Invited Apr 2021
16. **Abram, M.D.** Mental Health Matters: No Shame in the Game- A conversation with US Women's National Soccer Player, Julie Ertz. *Adelphi University, 125th Anniversary Special Virtual*, Invited Nov 2021

17. **Abram, M.D.** Caring for Ourselves (and Everybody). Panel Presentation Adelphi Women's Leadership Conference Panel, *Adelphi University*, Invited Mar 2022
18. **Abram, M.D.** A Safe Space: Nurse Suicide Awareness and Prevention. 2022 Virtual Nurses Week Event. *Adelphi University, College of Nursing and Public Health*. Virtual, Invited April 2022
19. **Abram, M.D.** Healthy Nurse, Healthy Communities: Health and Wellness Practices for Preventing Caregiver Burnout” - Panel Presentation. Virtual Nurses Week Event. *Adelphi University, College of Nursing and Public Health*. Virtual, Invited May 2022
20. Parker Murphy, D., **Abram, M.D.**, Noonan, D., Zalar, C., & Bowman, D. The Necessity of Treatment for Co-Occurring Disorders: Mental Health Disorders and Substance Use Disorders. Workshop. *International Nurses Society on Addictions*. Calgary, Canada, Invited Oct 2022
21. **Abram, M.D.**, White, C., Newransky, C., & Palley, E. Clinical Simulation for Enhanced Interprofessional Learning (Parts 1 and 2). Health Resources and Services Administration. *Behavioral Health Excellence, Technical Assistance Center*. Virtual, Invited. Nov 2022
22. **Abram, M.D.**, Essentials of Identifying and Managing Opioid Use Disorder. Nurse Practitioner Association of New York. Virtual, Invited Mar 2023
23. **Abram, M.D.**, Cannabis: Considerations for Mental Health. American Association of Nurse Practitioners. Austin, Texas, Invited. Sept 2023

b. Selected Other Presentations

- | <u>Poster Presentation</u>   | <u>Date</u> |
|--|-------------|
| 1. <b>Abram, M.D.</b> The Effect of Alcohol Related Campus Policies on Students Drinking Behaviors: A review of the literature. <i>Sigma Theta Tau's Fourth Annual Leadership and Research Conference</i> . New York, NY Invited | Apr 2008    |
| 2. <b>Abram, M.D.</b> The Effect of Alcohol Related Campus Policies on Students Drinking Behaviors: A review of the literature. <i>Adelphi University's Fifth Annual Research Conference</i> . New York, NY Invited              | Apr 2008    |
| 3. <b>Abram, M.D.</b> Providing Quality Care to Psychiatric patients: The Medical/Surgical Nurses Guide. <i>Stony Brook Medical Center, Nurse Residency Graduation</i> . New York, NY Invited                                    | Jul 2009    |
| 4. <b>Abram, M.D.</b> The Role of the Registered Nurse in Substance Use  | Mar 2016    |

Disorder Treatment. *Eastern Nurses Research Society Conference*.  
Pittsburgh, PA Invited, Early PhD Student Category

5. Cal, C., **Abram, M.D.** A Nursing Mentoring Challenge: Development of a Student-Centered Peer Mentoring Program. *University of New Mexico Mentoring Conference*. Albuquerque, NM, Peer-Reviewed Oct 2018
6. White, C., **Abram, M.D.**, Newranksy, C. & Palley, E. Evaluating the IDEATE Integrated Behavioral Health Fellowship to Create a Diverse Interprofessional Workforce Serving Children, Adolescents, and Transition-Aged Youth. 2023 Conference of the Society for Social Work and Research. Jan 2023
7. Newranksy, C., White, C., Palley, E., & **Abram, M.D.** Enhancing Diversity & Anti-Racism in an Interpersonal Integrated Behavioral Health Fellowship. 69th Annual Conference of the Council on Social Work Education. Oct 2023
8. Newranksy, C., White, C., Palley, E., & **Abram, M.D.** Overdose Prevention for Students Working with Children, Adolescents and Transition-Aged Youth. 2024 Conference of the Society for Social Work and Research. Jan 2024

#### Programs

#### Date

1. **Abram, M.D.**, Newranksy, C., Palley, E., & White C. *Clinical Simulation for Enhanced Interprofessional Learning Part 1*. HRSA Behavioral Health Excellence. Audience: HRSA Grantees Nov 2022
2. **Abram, M.D.**, Newranksy, C., Palley, E., & White C. *Clinical Simulation for Enhanced Interprofessional Learning Part 2*. HRSA Behavioral Health Excellence. Audience: HRSA Grantees Nov 2022

**Consultant appointments:** N/A

#### **Professional awards and special recognitions:**

#### Award

#### Date(s)

Academic Excellence, Adelphi University

Sept 2006-  
May 2008

APNA Student Scholar, American Psychiatric Nurses Association/Janssen

Oct 2007

Mildred Montag Award for Academic and Clinical Excellence

May 2008

Nursing Scholarship, Sigma Theta Tau Alpha Omega Chapter	May 2008
Smoking Cessation Champion, honorarium American Psychiatric Nurses Association	Oct 2014
Modern Healthcare Excellence in Nursing Rising Star of Nursing	Jan 2017
Adelphi University, College of Nursing and Public Health: Madeline Schwaid Award- Faculty Development	May 2018
Adelphi University, Certificate of Recognition, National Mentoring Month	Jan 2020
Power Woman of New York, Schneps Media	Mar 2020
Fellow, the New York Academy of Medicine	Jul 2020
Fellow, International Academy of Addictions Nursing	Oct 2020
The John L. Blackburn Award, American Association of University Administrators (AAUA), (IDEATE program)	Feb 2023

**Professional organizations and participation:**

<u>Professional Organization</u>	<u>Office Held and/or Committee Assignment</u>	<u>Dates</u>
NYS Office of Addiction Support Services	Co-Chair (2014-2017), Nurses Advisory Panel	2013-present
American Psychiatric Nurses Association	Reviewer for PCSS-MAT Training	Nov 2016
American Nurses Association	Knowledge Coach Facilitator, Psychiatric Mental Health Nurses National Board Certification Review Course	Jun 2017 Aug 2017 Oct 2017
American Nurses Association	Question Reviewer for the Psychiatric Mental Health Nurse Practitioner Board Certification Exam	2016, 2019
Pulse Center for Patient Safety, Education and Advocacy (PULSE of NY)	Board Chair (Board Member since 2015)	2017-2021
<i>Issues in Mental Health Nursing</i>	Article Reviewer	Oct 2017-present
<i>Journal of Clinical Nursing</i>	Article Reviewer	Aug 2018-present



<u>Professional Organization</u>	<u>Office Held and/or Committee Assignment</u>	<u>Dates</u>
<i>Journal of Nursing Regulation</i>	Article Reviewer	Jan 2020-present
<i>Clinical Simulation in Nursing</i>	Article Reviewer	Jul 2021-present
Sigma Theta Tau, Alpha Omega Chapter	Research Committee Chair	May 2020-2022
International Nurses Society on Addictions	Founding President, New York State Chapter	May 2021- 2023
International Nurses Society on Addictions	Conference Chair, 45 <sup>th</sup> Annual Conference	Oct 2021-2022
International Nurses Society on Addictions	Director at Large, Global Board	Oct 2022-present

**Editorial boards:**

<i>Journal of Clinical Nursing</i>	Early Career Researcher Editorial Advisory Board	Sept 2021-present
<i>Journal of Addictions Nursing</i>	Editorial Board	Oct 2022-present

**Review panels:** N/A**Teaching responsibilities:****Classroom and Online Teaching:**

Adelphi University, College of Nursing and Public Health

<u>Course Number</u>	<u>Course Name</u>	<u>Dates: Semester/Year</u>
0302-472-239	Community Health Nursing	Fall 2015
0302-755-002	Advanced Physical Assessment of the Adult	
0302-395-219	Psychiatric/Mental Health Nursing	
0302-738-001	Health Promotion and Disease Prevention	Spring 2016
0302-394-200	Mental Health Nursing	

0302-391-110	Health Assessment (Lab)	
0302-738-002	Health Promotion and Disease Prevention	
0302-394-200	Mental Health Nursing	Fall 2016
0302-391-110	Health Assessment (Lab)	
0302-394-300	Mental Health Nursing	
0302-755-004	Advanced Physical Assessment of the Adult	
0302-738-002	Health Promotion and Disease Prevention	Spring 2017
0302-399-501	Integration Seminar II	
0302-738-001	Health Promotion and Disease Prevention	
0302-394-550	Mental Health Nursing	
0302-738-001	Health Promotion and Disease Prevention	Summer 2017
0302-394-300	Mental Health Nursing	Fall 2017
0302-756-001	Advanced Pathophysiology Across the Adult Geriatric Lifespan	
0302-755-005	Advanced Physical Assessment of the Adult	
0302-391-024	Health Assessment (Lab)	
0302-394-100	Mental Health Nursing	Spring 2018
0302-738-002	Health Promotion and Disease Prevention	
0302-738-001	Health Promotion and Disease Prevention	
0302-244-001	Nursing Service Learning Experience in Costa Rica	
0302-394-200	Mental Health Nursing	
0302-795-003	Independent Study Psychiatric Environment	Summer 2018
0302-795-004	Independent Study Capstone I	
0302-652-001	Psychopharmacology Across the Lifespan	
0302-680-001	Differential Diagnosis and Treatment Planning Didactic	Fall 2018
0302-391-911	Health Assessment (Lab)	
0302-394-550	Mental Health Nursing	Spring 2019
0302-652-001	Psychopharmacology Across the Lifespan	
0302-681-003	PMH NP: Differential Diagnosis and Treatment Planning Clinical	

0302-680-001	Differential Diagnosis and Treatment Planning Didactic	Summer 2019
0302-696-001	PMH NP: Substance Use Disorders Across the Lifespan Didactic	
0302-697-001	PMH NP: Clinical Substance use Disorders Across the Lifespan	Fall 2019
0302-697-002	PMH NP: Clinical Substance use Disorders Across the Lifespan	
0302-680-001	Differential Diagnosis and Treatment Planning Didactic	
0302-495-003	Independent Study Vaping	Spring 2020
0302-795-002	Independent Study Stigma	
0302-681-001	PMH NP: Differential Diagnosis and Treatment Planning Clinical	
0302-652-001	Psychopharmacology Across the Lifespan	
0302-696-001	PMH NP: Substance Use Disorders Across the Lifespan Didactic	
0302-795-002	Independent Study First Break Psychosis	Summer 2020
0302-696-001	PMH NP: Substance Use Disorders Across the Lifespan Didactic	
0302-697-002	PMH NP: Clinical Substance use Disorders Across the	Fall 2020
0302-697-001	Lifespan	
0302-680-001	Differential Diagnosis and Treatment Planning Didactic	
0302-696-001	PMH NP: Substance Use Disorders Across the Lifespan Didactic	Summer 2021
	Research in Nursing Education	
	PMH NP: Substance Use Disorders Across the Lifespan Didactic	
	Psychopharmacology Across the Lifespan	
0302-895-003	Independent Study Metabolic Syndrome	Spring 2022
0302-652-001	Psychopharmacology Across the Lifespan	
0302-795-002	Independent Study Evidence Based Treatment for Eating Disorders	
0302-815-001	Research in Nursing Education	
0302-795-002	Independent Study Vaccine Inequity	Fall 2022

0302-728-001	PMH NP: Community Mental Health Crisis Intervention Clinical	
0302-728-002	PMH NP: Community Mental Health Crisis Intervention Clinical	
0302-889-011	Intervention Clinical Dissertation Guidance I	
0302-891-011	Dissertation Guidance: III	Spring 2023
0302-815-001	Research in Nursing Education	
0302-890-011	Dissertation Guidance II	
0302-889-011	Dissertation Guidance I	Fall 2023

### **Continuing Education:**

<u>Location</u>	<u>Audience</u>	<u>Course Title</u>	<u>Date(s)</u>
Sigma Theta Tau, Business Meeting	registered nurses	Substance Use Disorders (SUDs): A Public Health Crisis	2017
Babylon High School Superintendent Conference	administrators, security, coaches	Overdose Prevention in Adolescents	2022
Lindenhurst High School Superintendent Conference	administrators, security, coaches	Overdose Awareness and Prevention in Adolescents	2021

### **Graduate and Post-Doctoral Supervision:**

**Post-Doctoral Fellows or Associates:** N/A

### **PhD Dissertations**

1. Carlene Williams, Adelphi University College of Nursing and Public Health, The Nurse's Role in Preventing Complications in the 4th Trimester, 2022-2023, Dissertation Chair
2. Lynn Anthony, Adelphi University College of Nursing and Public Health, Nurses' Spiritual Care Competence, Spiritual Perspective and Practice, and Spiritual Care Perspective: A Correlation to Nurse Spiritual Care Practice, 2022-2023, Dissertation Committee Member

3. Charleen Jacobs, Adelphi University College of Nursing and Public Health, The Lived Experience of Deciding Curative Treatments for Sickle Cell Disorder, 2021-2023, Dissertation Committee Member
4. Kathleen DeMarco, Adelphi University College of Nursing and Public Health, Understanding the Lived Experience of Labor and Delivery Nurses Caring for Mothers Experiencing Stillbirth, 2021-2023, Dissertation Committee Member
5. Lani Blanco, Adelphi University College of Nursing and Public Health, Sociodemographic Factors, Cultural Competence, and Implicit Bias Among Registered Nurses, 2021-Present, Dissertation Committee Member
6. Jennifer Perrone McIntosh, Adelphi University College of Nursing and Public Health, A Correlational Study of the Relationships of Emergency Department (ED) Nurses' Perceptions of Stigma, Attribution, Caring and Individualized Care with Respect to the Treatment of Persons with Mental Illness, 2020-2022, Dissertation Committee Member
7. Theresa Grimes, Adelphi University College of Nursing and Public Health, Behavioral Intent to Employ Empathy in Pain Management Nursing Practice Protocol, 2020, Proposal Reviewer

**DNP Capstone Projects:**

1. Robyn Jones, Duke University School of Nursing, Opioid Prescribing Practices: A State-by-State Policy Analysis. 2023- Present, Chairperson

**Master's Theses / Research Projects: N/A****Areas of research interest (list):**

Substance use disorder treatment; Medications for opioid use disorder; Recovery; Addiction; Human immunodeficiency virus prevention and treatment; Sexually transmitted infections.

**External support - gifts, grants, and contracts:**

Separate sections are provided for research support, educational/training support, and other external support.

**1. Research Support****Research: Present—Currently Active**

**Research: Pending:****Project Number:** R21DA061102, pending review 3/6/2024**Status on Grant:** Principal Investigator**Project Period:** 07/01/2024-6/30/26**% Effort:** 20**PI:** Marissa D. Abram**Source:** National Institutes of Health (NIH)**Total Direct Costs:** \$275,000**Title of Project:** Reducing the Treatment Gap: Understanding Patient Decision Making to Target Utilization of Medications for Opioid Use Disorder (MOUD).**Project Goal:** This proposed mixed-method sequential exploratory two-phase study aims to address the opioid treatment gap by applying a comprehensive decision-analytic framework to empirically examine medications for opioid use disorder (MOUD) utilization and treatment-eligible individuals' treatment preferences. During Phase 1, we will qualitatively interview four distinct types of opioid use (OUD) treatment-eligible individuals (individuals who are not currently utilizing MOUD, MOUD initiators who do not persist for six or more months, individuals currently utilizing an OUD treatment other than MOUD, and MOUD initiators who persist for six or more continuous months) to understand treatment-eligible individuals' perspectives and preferences regarding OUD treatment selection. These interviews will be guided by a comprehensive OUD treatment decision-analytic framework informed by the extant scientific literature. During Phase 2, we will conduct a cross-sectional study with 300 OUD treatment-eligible individuals to empirically evaluate the comprehensive OUD treatment decision-analytic framework refined using data collected during Phase 1. This cross-sectional study will examine the relationship between each of the factors in the framework and OUD treatment selection.**Research: Past****Project Number:** MC1HP42066-01-00**Status on Grant:** Co-Principal Investigator (until 06/30/23)

**Approved Project Period:** 07/01/2021 - 06/30/2025

**% Effort:** N/A

**PIs:** Marissa D. Abram and Chrisann Newransky

**Source:** Health Resources and Services Administration (HRSA)

**Total Direct Costs:** \$1,920,000

**Title of Project:** Interdisciplinary Education and Training Experience (IDEATE) Project - Integrated Behavioral Healthcare for Children, Adolescents, and Transitional Youth in New York

**Project Goal:** To create a comprehensive, interdisciplinary, and diverse behavioral health workforce of social workers and nurse practitioners with a specific emphasis on the provision of integrated behavioral health in primary care settings to children, adolescents, and transitional aged youth; and to increase access to high quality integrated behavioral health services in underserved and high demand communities, also deemed as Health Professional Shortage Areas (HPSA).

**Project Number:** 1H79TI085004-01

**Status on Grant:** Principal Investigator

**Proposed Project Period:** 8/30/22 – 8/29/25

**% Effort:** N/A

**PI:** Marissa D. Abram

**Source:** Substance Abuse Mental Health Services Administration (SAMHSA)

**Total Direct Costs:** \$746,554

Reviewed (score 79)

**Title of Project:** Wyandanch Interventions for Substance Education and Recovery (WISER)

**Project Goal:** Adelphi University (AU) will partner with the town of Babylon, New York, to implement Wyandanch Interventions for Substance Education & Recovery (WISER). WISER will serve residents aged 18 and older in Wyandanch who abuse substances, focusing on underserved Black and Hispanic residents impacted by health disparities. WISER will improve the behavioral health of residents by mitigating SUD-related health disparities experienced by the community. WISER will provide culturally aligned, evidence-based, low-barrier harm reduction, treatment, and recovery services through the Wyandanch Community Resource Center. The goal is to increase resident engagement in SUD services by mitigating existing cultural barriers to participation and providing evidence-based, population-specific SUD services.

**Project Number:** 3P30DA011041-23S1

**Status on Grant:** Collaborating Investigator

**Approved Project Period:** 09/30/2020 – 08/31/2021

**% Effort:** N/A

**PI:** Vincent Guilamo-Ramos and Holly Hagan

**Source:** National Institutes of Health (NIH)

**Total Direct Costs:** \$4,817,346

**Title of Project:** A Nurse-Community Health Worker-Family Partnership Model to Increase COVID-19 Testing in Urban Underserved and Vulnerable Communities

**Project Goal:** The project evaluates the effectiveness of an innovative Nurse-Community Health Worker (CHW)-Family Partnership intervention designed to promote COVID-19 testing uptake, adoption of COVID-19 controls, and mutual aid capacity at the household level. Endorsed by community members, this project extends the Nurse-Family Partnership model, which has been shown to be effective in improving maternal and child health outcomes, to include CHWs who will provide culturally appropriate support to families, addressing stigma, medical mistrust, and other common barriers to engagement in COVID-19 testing and prevention for underserved communities and socially vulnerable populations.

**Project Number:** 1H79SP082362-01

**Status on Grant:** Principal Investigator

**Proposed Project Period:** 08/30/2020-08/29/2025

**% Effort:** N/A

**PI:** Marissa D. Abram

**Source:** Substance Abuse Mental Health Services Administration (SAMHSA)

**Total Direct Costs:** \$1,199,701

Reviewed (scored 90)

**Title of Project:** Strategic Partnership for Substance Prevention and Reduction: A Wyandanch Community Initiative

**Project Goal:** Alcohol and opioid use represent urgent national public health priorities. The purpose of this project is to implement a comprehensive set of evidence-based alcohol and opioid use prevention programs in one of the nation's most economically disadvantaged communities and a 'hotspot' for drinking and opioid overdoses - Wyandanch, Suffolk County, New York. Project activities at the individual, family and community level are designed to saturate the target community and achieve sustained long-term change. The project has two phases. Phase 1 involves activities for community assessment, stakeholder engagement, and project implementation planning. Phase 2 involves the sequential roll-out of a comprehensive, evidence-informed community infrastructure development program designed to directly address identified multi-level risk and protective factors as well as ongoing program evaluation and improvement activities.



**Project Number:** H79TI026469

**Status on Grant:** Consultant

**Approved Project Period:** 9/29/16 – 9/28/19

**% Effort:** N/A

**PI:** Victor Labruna

**Source:** Substance Abuse Mental Health Services Administration (SAMHSA)

**Total Direct Costs:** \$770,665

**Title of Project:** C-SPAN (Collaboration - Social Work, Psychology And Nursing)

Project Goal: The primary goals of this project are 1) to train graduate students and community health professionals in SBIRT, an evidence-based intervention for those at risk of substance use disorders, and 2) to embed SBIRT into the permanent curricula of social work, nursing, and psychology programs within a university.

**2. Educational/Training Support:** N/A

**3. Other External Support:** N/A

**Clinical activity – Type of practice and estimate of time commitment:** N/A

**Participation in academic and administrative activities:**

**Administrative activities and/or committee assignments at institutions previous to Duke:**

**Institution:** Adelphi University

<u>Activities and/or Committee Assignments</u>	<u>Date(s)</u>
Director, Council of Directors; Collaboration-Social Work, Psychology and Nursing (C-SPAN)	2017-2019
Member, Campus Advisory Council	2018-2023
Member, Alcohol and Other Drugs Steering Committee	2018-2023
Member, Faculty of Color Network	2020-2023

**Institution:** College of Nursing and Public Health

<u>Activities and/or Committee Assignments</u>	<u>Date(s)</u>
Member, Department of Graduate Studies in Nursing	Sept 2015

<u>Activities and/or Committee Assignments</u>	<u>Date(s)</u>
Member, Psychiatric Mental Health Nurse Practitioner Program Development Task Force	Mar 2016-Dec 2017
Founding Co- Chair, College of Nursing and Public Health Faculty Learning Community	Sept 2017
Founding Co-Chair, College of Nursing and Public Health Peer Mentoring Program Development Task Force	Oct 2017
Member, CCNE Accreditation Standard III committee	May-Oct 2018
Member, Simulation Committee	Sept 2018
Member, Global Committee	Sept 2018
Thesis Advisor, Honors College	2019-2021
Member, National League of Nursing (NLN) Center of Excellence Task Force	Feb-Aug 2019
Member, PhD Council	Sept 2020
Member, Diversity, Equity, Inclusion and Anti-Racism Council	Oct 2020
Member, NCLEX Success Network	Dec 2020
Co-Chair, NP Committee	May 2021
Member, CCNE Steering Committee	Oct 2021-Mar 2023
Co-Chair, CCNE Re-Accreditation Standard III Sub Committee	Oct 2021-Mar 2023

**Administrative activities and/or committee assignments at Duke: N/A**

**Profile**

**Which Boards would you like to apply for?**

Health and Human Services Board: Submitted

**Please select your first Board preference: \***

Human Services Board

**Please select your second Board preference: \***

Council on Fitness and Health

**Please select your third Board preference: \***

Housing Authority

**Please select your fourth Board preference: \***

Wake County Steering Committee on Affordable Housing

**Please select your fifth Board preference: \***

None Selected

**Please select your sixth Board preference: \***

None Selected

Colesha

First Name

L

Middle Initial

Hagans

Last Name

11031 RAVEN RIDGE ROAD

Street Address

APT 103

Suite or Apt

RALEIGH

City

NC

State

27614

Postal Code

**What district do you live in?**

None Selected

Mobile: (252) 885-9315

Primary Phone

Mobile: (252) 885-9315

Alternate Phone

colesha.hagans@gmail.com

Email Address

Self-Salon Hair On Fire

Employer

Cosmetologist

Job Title

**If you live in an Extraterritorial Jurisdiction Area, select Yes:**

Yes  No

**In order to assure countywide representation, please indicate your place of residence:**

Raleigh

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## Interests & Experiences

**Why are you interested in serving on a Board or Commission?**

I desire to do my part as a resident and citizen. I have the ear of my community via my platform, and any contribution that I can make, being the difference is an honor.

## Work Experience

I currently am a licensed Cosmetologist, but my corporate experience is in the clinical and scientific research world. I am returning to school 2024 to pursue a PhD in Public Health.

## Volunteer Experience

Appointed to the Governor's Council on Sickle Cell Disease UNC Patient and Family Advisory Council Volunteer in my Church

## Education

BS Pre-Med Biology, Minor in Spanish and Genetics. Licensed Cosmetologists in NC and Maryland

## Comments

[clhaganscv.doc-5.pdf](#)

Upload a Resume

If you have another document you would like to attach to your application, you may upload it below:

Please upload a file

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## Demographics

Date of Birth

**Gender \***

Female

Colesha L Hagans

**Ethnicity \***

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African American

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**Other**

**How did you become aware of Wake County volunteer opportunities?**

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Other

**If you selected "Other" above, how?**

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Commissioner Shinica Thomas

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Please upload a file

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**ETHICS GUIDELINES FOR COUNTY ADVISORY BOARDS AND COMMISSIONS**

By submitting this electronic application, if appointed, I pledge by my signature below that I have read and will comply with the ethics guidelines for advisory boards and commissions as adopted by the Wake County Board of Commissioners, found [here](#).

**Colesha L. Hagans**  
**11031 Raven Ridge Road Apt 103**  
**Raleigh, NC 27614**  
**Mobile: 252-885-9315**  
**Email: colesha.hagans@gmail.com**

## **OBJECTIVE**

To obtain a career within a company that is stable in which there is room for career growth. It is my career ambition to be a part of a Team where I can apply my Education, Work and Research skills, focusing on areas related to Public Health, Epidemiology, Bio Pharma, Clinical & Pharma Research, and Sickle Cell Disease.

## **THERAPUETIC AREAS**

Post-Menopausal Osteoporosis, Sickle Cell Anemia Disease, Beta-Thalassemia, Hematology, Oncology, Communicable Diseases, HIV, Flu vaccination, SOP, GCP, GMP, 1572's, IRB, Quality Control, Quality Assurance, Study Management, Staff Management, Monitoring, Study Start-Up, Study Close-Out, Data Management, Invoicing, Purchase Orders, Budgets and Timelines, R&D, Pharmaceutical, Biopharmaceutical, Biotech, Device Research studies, Personal Injury, Workers' Compensation, Soft tissue injury, Human Resources, Employee Recruitment, Office Management, and Social Media. Spanish as a second language; fluent in both spoken and written.

## **EDUCATION**

**North Carolina State University**

**1997-2001**

B.S. Biological Sciences

**1997-2005**

B.S. Spanish

## **CAREER**

**01/2019- Present- UNC Patient and Family Advisory Council**

**PFAC Council Member/Sickle Cell Advocate/Project Manager**

- Partner with the health care team as a liaison between patient and health care providers
- Develop new programs benefiting patients, staff, and caregivers
- Educate, advocate, and participate in our committees and to share perspective

**02/2012- 12/2018- Eraleigh, Inc**

**Senior Research Associate/Project Manager**

- Plan, direct and co-ordinate activities of multiple projects ranging in value from \$100K to \$3Mil in the areas of IT, Scientific and Clinical Research, Medical Device, Engineering and Business Management
- Define project scope, objectives, staffing, resources and deliverables
- Develop project plans that identify key issues, approaches and performance metrics
- Plan and schedule project timelines and milestones
- Formulate risk management plans
- Assemble and coordinate multi-disciplinary project teams
- Lead and mentor up to 500 project staff
- Manage vendor relationships including negotiating and controlling contracts
- Track project deliverables
- Monitor quality assurance measures
- Control project variances through root cause analysis and correction
- Implement and manage project changes and interventions
- Manage and control project budgets
- Develop and present reports on project progress
- Maintain communication with project stakeholders and manage expectations
- Evaluate projects and assess results

**Colesha L. Hagans**  
**11031 Raven Ridge Road Apt 103**  
**Raleigh, NC 27614**  
**Mobile: 252-885-9315**  
**Email: colesha.hagans@gmail.com**

**09/2011-02/2012- UNC Department of Psychiatry Forensic Psychiatry Program & Clinic- Chapel Hill, NC (Contract)  
Research Associate/Office Manager**

- Assisted with grant writing, publication of studies, study start-up and close-out
- Moderate administrative duties
- Provide Research assistance to Psychologists and Psychiatrists
- Transcription of case studies and Psych evaluations
- Coordinate travel arrangements
- Handle reimbursements for business expenses
- Accounts Payable/Receiving

**02/2011-09/2005-** Held various contract & permanent titles to include: **Project Technician, Research Transcriptionist, Bilingual Case Manager, Clinic Associate, Senior Translator, Account Manager, Clinical and Scientific Recruiter.** Detailed descriptions and career information provided upon request.

**COMPUTER EXPERIENCE & SKILLS**

Windows, MS PowerPoint, MS Word, Word Perfect, MS Access, AS 400, RMS Lightbridge, Microsoft Office, Microsoft Outlook, Internet, MS Excel, Lotus, Lotus Notes, Lotus 123, Peachtree, Misys, Medical Billing Systems; EMR/EHR, PHR, MediSoft, IDX billing system, CPT 4 and ICD-9 coding, HRIS Systems, SAPHR, DENTRIX, QuickBooks, Data entry/management, Oracle Clinical, Clintrial, Fieldglass, Quicken, ADP, A/P, A/R, Payroll Processing, GL, PL, workers' compensation law, personal injury law, social security disability law, and business start-up, legal and medical transcription , Social Media to include Facebook, Twitter, LinkedIn, Linktree, etc.

**PROFESSIONAL DEVELOPMENT**

GCP ICH Certification-2020, Pharmacy Technician Certification-2002, Pharmaceutical Sales Training, Recruiting training in Clinical and Scientific lines of business, Medical Billing, Account Management, Office Management, Spanish Interpreting Training, Transcription.